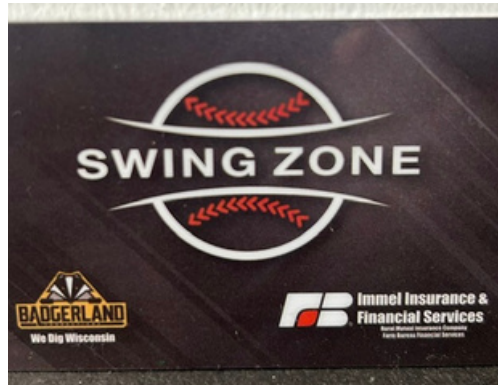


# INSIDE THE ZONE



WEEK MAY 14, 2026



## SWING ZONE FOND DU LAC!



## WELCOME BACK...

LET'S GO "INSIDE THE ZONE" THERE IS SO MUCH GOING ON INSIDE THE ZONE!

TEAMS ARE PLAYING AND PRACTICING, TOURNAMENTS ARE HAPPENING, AND EVERYTHING IN BETWEEN. WHEN YOU HAVE A FREE MOMENT, STOP IN AND SEE US, WE WOULD LOVE TO HAVE YOU BACK!

**MAY IS THE PERFECT TIME TO JUMP ON OUR APP AND BOOK TIME WITH ONE OF OUR OUTSTANDING TRAINERS!** LET'S START YOUR SEASON OFF ON THE RIGHT FOOT BY GETTING GREAT GUIDANCE FROM OUR TRAINERS!

**NEW MEMBERSHIP MAY CONTINUES! WE HAVE SEVERAL NEW MEMBERSHIP OPTIONS TO CHOOSE FROM. MEMBERSHIPS ARE A GREAT WAY TO DEDICATE YOURSELF TO IMPROVING! MEMBERSHIPS START AT JUST \$39**

WE ARE HAPPY TO ANNOUNCE OUR WEEKLY PROMOS THAT STARTED THIS WEEK!

**MONDAY IS MONEY SAVING MONDAY.** ALL LANES ARE HALF PRICE

**TUESDAY IS \$10 TUESDAY.** ALL YOU CAN HIT FOR JUST \$10!

**WEDNESDAY IS WACKY WEDNESDAY.** WHACKY HOUR (INSTEAD OF HAPPY HOUR) BUY ONE ROUND, GET ONE ROUND FREE. STOCK UP AND SAVE!

**THURSDAY IS THROWBACK THURSDAY.** \$30 FOR 30 MINUTES ON OUR HITTRAX! WEAR YOUR JERSEY TO REGISTER FOR A \$30 GIFT CARD THAT WE GIVEAWAY MONTHLY

**FRIDAY IS FREE TICKET FRIDAY:** STOP IN AND REGISTER FOR FREE TICKETS TO THE DOCK SPIDERS GAMES AND MORE ATTRACTIONS!

**ON FRIDAY, MAY 15<sup>TH</sup> AT 10:00AM....REGISTRATION GOES LIVE FOR OUR SZ SUMMER CIRCUIT. CLASSES FOR HITTING, STRENGTH/SPEED, AND PITCHING/ARM CARE. ALL TAUGHT BY TRAINER NICK TERRELL! 4 WEEKS OF OUR SUMMER CIRCUIT!**



**SCHOOL'S OUT, SWING ZONE IN 2 DAY MINI-CAMP IS JUNE 4 AND 5. SIGN UP NOW UNDER THE CAMPS SECTION WITHIN OUR APP!**

STILL ROOM FOR YOU! BE ONE OF THE 1<sup>ST</sup> 10 SIGN UP AND GET YOUR CREDITS DOUBLED IN MAY AND JUNE!



# NEW Memberships

Memberships are LIMITED!

	ALL-STAR	PRO	BP	SUMMER	NON-MEMBER
HITTING CREDITS ON AUTOMATED MACHINES	UNLIMITED	25 ROUNDS/MONTH	25 ROUNDS/MONTH	<b>SIGN UP, GET A 10 ROUND CARD!</b>	1 ROUND = \$3
LANE RENTALS (30 MIN)	6X PER MONTH	3X PER MONTH	25% OFF	12X PER MONTH	FULL PRICE
HITTRAX RENTALS	50% OFF	50% OFF	25% OFF	20% OFF	FULL PRICE
ADDITIONAL LANE RENTALS	50% OFF	50% OFF	25% OFF	FULL PRICE	FULL PRICE
CAMPS/CLASSES/CLINICS	20% OFF	10% OFF	5% OFF	FULL PRICE	FULL PRICE
PACKAGES	20% OFF	10% OFF	5% OFF	FULL PRICE	FULL PRICE
HALF HOUR LESSONS	\$40	\$45	\$45	\$50	\$50
HOUR LESSONS	\$75	\$85	\$85	\$95	\$95
90 MINUTE LESSONS	\$105	\$120	\$120	\$135	\$135
*Hitting credits/Lane rentals don't transfer outside of household or roll over to next month* **6 Month Agreement for Family, MPP, BP Membership**	<b>\$99/MONTH (BEST VALUE!)</b>	<b>\$69/MONTH (GREAT VALUE!)</b>	<b>\$39/MONTH (COST EFFECTIVE!)</b>	<b>\$349 TOTAL (USE MAY - SEPTEMBER)</b>	

[www.swingzonefdl.com](http://www.swingzonefdl.com)

**SCHOOL'S OUT SWING ZONE IN!**

BOYS & GIRLS 7-14 Years Old

Join Swing Zone for an exciting, fun filled, 2 DAY Camp! Camp size is limited!

- Skills and Drills
- Mechanics and Confidence
- Hitting, Fielding, Throwing, Catching!

Instructed by Former FDL Dock Spider Jalen Gellings and Staff!  
OPEN TO BASEBALL AND SOFTBALL!

**June 4**

**Fielding**  
9:00am - 10:30am

**Hitting**  
10:30am - 12:00pm

**Pitching**  
1:00pm - 2:30pm Baseball  
(Softball Pitching hosted by Liz Van Nocker of Marian U)

**Catching**  
4:00pm - 5:30pm  
(Hosted by Colton Hagner, Current UW Oshkosh Catcher)

**June 5**

**Fielding**  
9:00am - 10:30am

**Hitting**  
10:30am - 12:00pm

**Pitching**  
1:00pm - 2:30pm

**BOOK NOW FOR A DEEP DISCOUNT!**

Sign up on our APP Swing Zone FDL CLICK ON CAMPS

\$49/Session JUST \$39/Session  
\$229-TOTAL \$179 for ALL 6 Fielding, Hitting, Pitching Sessions  
\$259-TOTAL \$199 for ALL 7 Sessions

STILL OPEN REGISTRATION! JOIN US FOR SCHOOL'S OUT, SWING ZONE IN!

2 DAY MINI-CAMP. CLICK ON CAMPS ON THE APP

JUNE 4 & 5 FIELDING  
9:00AM - 10:30AM

JUNE 4 & 5 HITTING  
10:30AM - 12:00PM

JUNE 4 & 5 PITCHING  
1:00PM - 2:30PM

JUNE 4 CATCHING  
4:00PM - 5:30PM

ONLY \$39/SESSION  
\$179 FOR ALL 6 FIELDING/HITTING/PITCHING SESSIONS  
\$199 FOR ALL 7 SESSIONS (INCLUDING CATCHING!)

**CONTACT INFO:**  
**ADDRESS:** W4506 LAKEPARK DRIVE, FDL, WI 54935  
**PHONE:** (920) 238-9635  
**EMAIL:** SWINGZONEFDL@GMAIL.COM  
**WEBSITE:** WWW.SWINGZONEFDL.COM  
**APP:** SWING ZONE FDL