**🎉 What Is CEP?** CEP stands for **Community Eligibility Provision** — a federal option that allows qualifying schools to serve **FREE breakfast and lunch to ALL students**, regardless of income.  
 👉 **No applications** are needed. If your child is enrolled, they eat **free — every day!**

**✅ What This Means for You**

**\*No meal applications** required \***No cost** for families — ever  
\***More time and money saved at home \*Peace of mind** knowing your child has access to nutritious meals

**🥣 Breakfast Program 🥗 Lunch Program**

📅 Monday–Friday 🕛 Served during scheduled lunch periods  
 🕖 Served before the first bell ✔ Includes whole grains, lean proteins, fruits, veggies, and milk  
 📍 School Cafeteria 🍽️ Menus meet **USDA Smart Nutrition Standards**  
 ➡️ Students must arrive **on time** to participate!**📢 Encourage Your Child to:**

✔ Eat breakfast at school daily  
 ✔ Try new healthy foods  
 ✔ Stay on a routine for on-time arrival  
 ✔ Be proud of their health and well-being!**💬 Have Questions?**Contact our **Child Nutrition Coordinator**:  
 📧 [[cathy\_richard@fwcaonline.org](mailto:cathy_richard@fwcaonline.org)]  
 ☎️ [337-942-1563]  
 🌐 [[fwcaonline.org](http://fwcaonline.org)

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* Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410
* Fax: (833) 256-1665 or (202) 690-7442  
  Email: program.intake@usda.gov

**This institution is an equal opportunity provider.**