### **🥣 FREE SCHOOL BREAKFAST FOR ALL STUDENTS!**

#### **🏫 Family Worship Christian Academy**

✅ **No Cost • No Forms • No Hassle** — Just Delicious & Nutritious Meals!

### **🕗 Breakfast is Served Daily!**

📅 **Monday – Friday** 🕖 **Time:** [7:15] – [8:30]
 📍 **Location:** School Cafeteria

👉 **Arrive on time** so your child has time to eat and start their day right!

### **👪 Family Worship Christian Academy is a CEP School!**

That means:
 ✔️ **Every student receives FREE breakfast** ✔️ **No applications required** ✔️ **Available to ALL enrolled students — every school day**

### **🥕 What’s on the Menu?**

Our breakfasts meet all USDA nutrition standards and include:

* Whole grains 🌾
* Fruit or 100% juice 🍊
* Low-fat or fat-free milk 🥛
* Protein options like breakfast meats, cheese, ect. 🍳

### **💬 Parent Tip:**

Help your child succeed by **making school attendance and on-time arrival a priority.** A good day starts with a good breakfast — at school!

### **📞 Questions? Contact Us!**

**Child Nutrition Program Coordinator:** 📧 [cathy\_richard@fwcsaonline.orgl]
 ☎️ [337-942-1563]
 🌐 [fwcaonline.org]

### **📢 Don’t Miss Out — Make Mornings Count!**

**Bring your child to school ON TIME to enjoy a FREE, healthy, and tasty breakfast every day!**

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 https://www.usda.gov/oascr/how-to-file-a-program-discrimination-complaint, from any USDA office, by calling (866) 632-9992, or by writing a letter addressed to USDA. The letter must contain the complainant’s name, address, telephone number, and a written description of the alleged discriminatory action in sufficient detail to inform the Assistant Secretary for Civil Rights (ASCR) about the nature and date of an alleged civil rights violation.

The completed AD-3027 form or letter must be submitted to USDA by:

* Mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410; or
* Fax: (833) 256-1665 or (202) 690-7442; or
* Email: program.intake@usda.gov

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