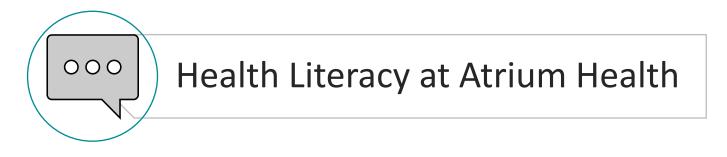


Atrium Health

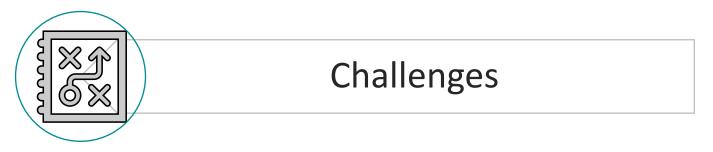
Health Literacy Strategies & Vaccinations

Saúl Amézquita, BA, CSSGB

What we will talk about today









Health Literacy at Atrium Health



Health Literacy =

Find information (how to):

- schedule an appointment
- access test results
- contact your doctor

Understand information:

- lab tests/notes
 what care team
- billing statements says
- building signage
- care instructions

- policies
- consent forms

Use information to make health-related decisions:

- which treatment plan to choose
- how to take medicine
- how to prepare for a test/procedure
- which end of life plan to choose

Do we make it easy to <u>find</u> this information?

Atrium Health

Do we present this in a way that is easy to <u>understand</u>?

Do we <u>give</u> patients the information they need to make well informed decisions? Do our processes and policies support this?

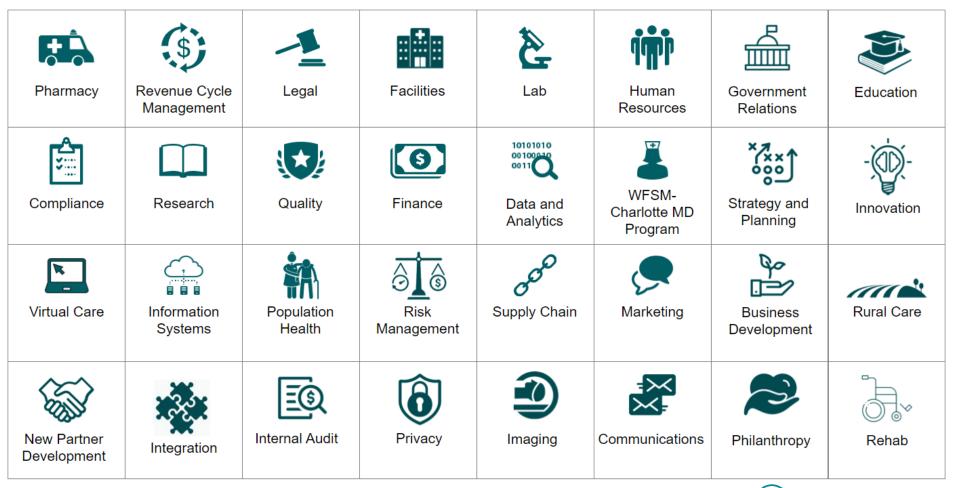
Health Literacy Guiding Principles

- It is everyone's responsibility to ensure patients understand
- Patients should have easy access to health information when and how they need it
- Messaging should be consistent in all interactions in the language patients understand
- Simple and clear messages are better for patients
- Patient choices should be honored without judgment
- We must engage and empower patients so they can understand and decide
- Patients should be involved in the work





Where does Health Literacy fit in?





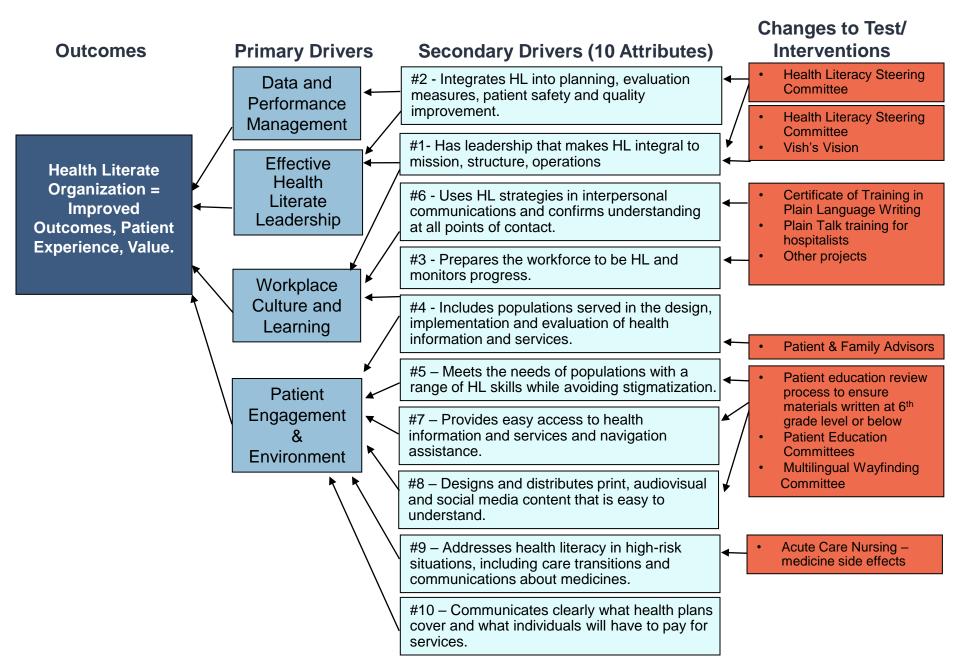
10 Attributes of a Health Literate Healthcare Organization

- **1.** Has leadership that makes health literacy integral to its mission, structure, and operations.
- 2. Integrates health literacy into planning, evaluation measures, **patient safety, and quality improvement.**
- **3.** Prepares the workforce to be health literate and monitor progress.
- 4. Includes populations served in the design, implementation, and evaluation of health information and services
- 5. Meets the needs of populations with a range of health literacy skills while avoiding **stigmatization**. (Be culturally sensitive with material, language and communication)
- 6. Uses health literacy strategies in interpersonal communications and confirms understanding at all points of contact. (*Bigger story and holistic approach to care/communication*)
- 7. Provides easy access to health information and services and navigation assistance.
- 8. Designs and distributes print, audiovisual, and social media content that is easy to understand and act on.
- **9.** Addresses health literacy in high-risk situations, including care transitions (hand offs) and communications about medicines
- **10.** Communicates clearly what health plans cover and what individuals will have to pay for services. Meaningful Transparency

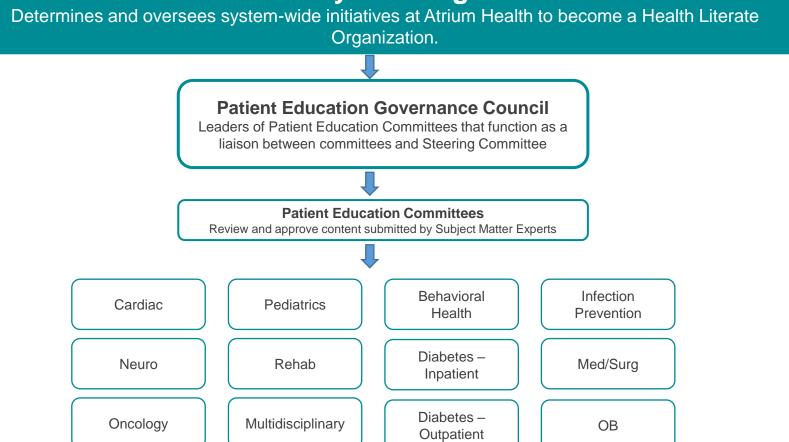


Health Literacy Key Driver Diagram

(Based on 10 Attributes of Health Literate Health Care Organization)



Health Literacy Steering Committee





Readability software

- System-wide license for teammates
- Helps edit written material
- Our goal is 6th grade

Health Literacy Advisor™ Control Center	
Improve Health Literacy Scan and Highlight Remove All Hig	Health Literacy Advisor™ Readability Data
Difficult to understand terms Sentences with 15 - or mo	"[File Name].docx" checked by Health Literacy Advisor (Build REDA) on
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Calculate Readability Use all paragraphs of 25 v or more world	grade E or lower
To create health literate documents aim for GRADE 6 OR LOWER	3 sentences (0 or 0% are long), 34 words (6 or 18% are long), 46 syllables, and 152 non-space characters. This text averages 1.4 syllables/word, 11.3 words/sentence,
Fry-based Grade Level: 5	and 3.0 sentences/paragraph. Cancel Assess Copy Stamp
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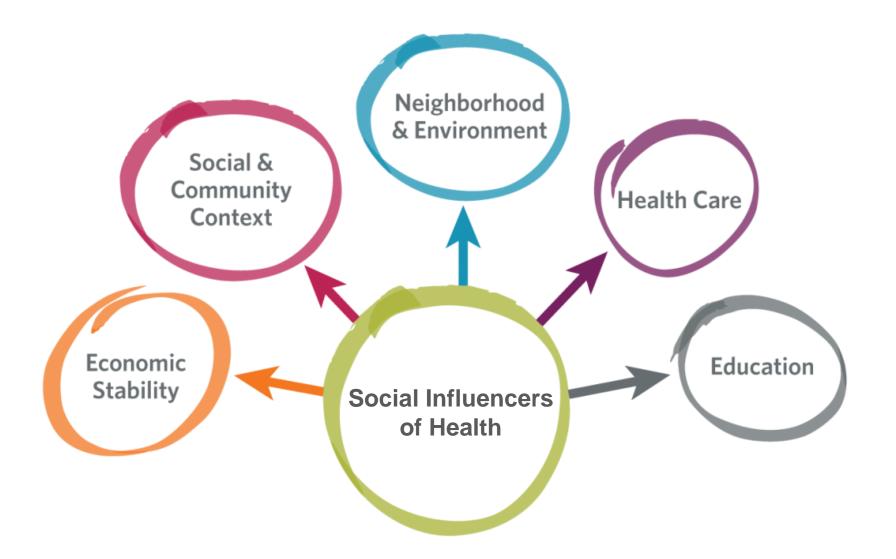




Trust with our teammates and with our community



COVID-19 and Para Tu Salud





Economic Stability

Having enough money to meet your needs



Social & Community Context

Having family, friends, and a community that supports you



Education access

Having opportunities to get a good education



Neighborhood & environment

Having a place to live that is safe and healthy



Healthcare access

Having access to quality healthcare services



What else does this look like?

- Housing instability & homelessness
- Community violence
- Parent who is unemployed or underemployed
- Food insecurity
- Trauma and adverse childhood experience
- Poor access to services and support
- Living space that is unsafe or doesn't meet your needs

What happens in the mind of a person needing care?

- Do I know about it?
- Does it come up in my mind?
- Do I know people who can tell me how to get it or encourage me to get it?
- Will I be allowed by people in my life (work or personal) to get it?
- Am I afraid to get it?
- Do I have money to pay for it?
- Can I get I get off of work to get it?
- Do I have a ride to get it?
- Will the risks of getting care outweigh the benefits?



Why is this important?

Every day lived experiences affect the 'health' of our health, wellbeing, and quality of life.





Why is this important to us? Case Study: COVID-19 and Para Tu Salud



What worked?

- Straight to Spanish patient education and marketing material
- Co-creation
- Hispanic/Latinx Influencers
- Resources
- Vaccination events at non-Atrium locations
- Culturally relevant communication:
 - Videos shared through influencers
 - Vaccine ambassadors embedded in the community
 - Radionovelas (Spanish soap operas)



Disparity Trends: Ethnicity

Vaccine disparity =

% ethnicity among total vaccinated

% ethnicity among total county population

Vaccine disparity % is be 0 (zero) if there is equitable distribution.

Data updated 8/22/2021

Latinx Vaccine Disparity: Atrium Health Data **Equity Line** 0.0% -2.0% -4.0% -6.0% -8.0% -10.0% -12.0% 81212022 315/2022 312212022 312912022 A1512022 412/2022 A12912021 4/26/2022 81912022 51312022 512712022 513112022 112612022 612412021 612812021 MECKLENBURG CABARRUS CLEVELAND GASTON LINCOLN STANLY -UNION ANSON



Building Trust with Our Community



Community brokers

- Trusted individuals (influencers, leaders, community heroes) in the community
- Often are from the same culture/language group



Information is king

- Share reliable and trustworthy information
- Data is fundamental



Speak on ethics

- Speak directly about the issues at hand
- Be open and transparent about the challenges and failures



Challenges

Challenges



Trust

- Consistent messaging
- Addressing misinformation

•••

Cross-cultural communication

- Cultural humility
- Culturally relevant



- Words have power
- Ex. "social distancing"

Data

- Reliable information
- Internal and external



Questions?

