

At **Body Kinetics Rehab**, we are expanding our services now to include **Family Medicine Consulting**. Our mission is to deliver comprehensive care by integrating movement, wellness, and medical expertise—providing comprehensive support you can rely on.

## **Chanda Athale, FNP**

Board-Certified Family Nurse Practitioner



### **BUILDING TRUSTED RELATIONSHIPS**



### **OFFERING EXTENDED APPOINTMENTS**



### **PROVIDING CARING AND COMPASSIONATE SUPPORT**



### **PERSONALIZED CARE FOR ACUTE + CHRONIC CONDITIONS**



We nurture lasting patient-provider connections grounded in trust.

More time means better care. Our one-on-one visits ensure quality care without ever feeling rushed.

We meet you where you are—with empathy and unwavering support through every step of your care.

No two patients are alike— get tailored care plans for your unique needs, helping you manage conditions with clarity and confidence

### **Chanda Athale is a Board-Certified Family Nurse Practitioner**

since 1996. Her medical career began in 1975 as a Medical Assistant in primary care, acupuncture, and OBGYN. She later served as a Registered Nurse in medical-surgical and infectious disease units at Suburban and INOVA Fairfax Hospitals. As a Nurse Practitioner, she practiced Family Medicine and specialized in Infectious Disease, Pediatrics, Urgent Care, Weight Management, and Heart and Lung Transplant.

For over two decades, Chanda has volunteered in India at tribal clinics and leprosy care institutions, and in the U.S. at community clinics, shelters, Title 1 schools, and programs supporting young mothers. She offers education on healthy living, hygiene, and emotional wellbeing, and has mentored nursing students at NOVA Community College.

Whether you're recovering from injury, managing a chronic condition, or simply seeking guidance for better health, our integrated approach ensures comprehensive care under one roof.

**Your health. Your family.  
Your movement. Your life.**

**All cared for—together.**