

At **Body Kinetics Rehab**, we are expanding our services now to include **Family Medicine Consulting**. Our mission is to deliver comprehensive care by integrating movement, wellness, and medical expertise—providing comprehensive support you can rely on.

Chanda Athale, FNP

Board-Certified Family Nurse Practitioner



BUILDING TRUSTED RELATIONSHIPS

We nurture lasting patient-provider connections grounded in trust.



OFFERING EXTENDED APPOINTMENTS

More time means better care. Our one-on-one visits ensure quality care without ever feeling rushed.



PROVIDING CARING AND COMPASSIONATE SUPPORT

We meet you where you are—with empathy and unwavering support through every step of your care.



PERSONALIZED CARE FOR ACUTE + CHRONIC CONDITIONS

No two patients are alike—get tailored care plans for your unique needs, helping you manage conditions with clarity and confidence

Chanda Athale is a Board-Certified Family Nurse

Practitioner since 1996. Her medical career began in 1975 as a Medical Assistant in primary care, acupuncture, and OBGYN. She later served as a Registered Nurse in medical-surgical and infectious disease units at Suburban and INOVA Fairfax Hospitals. As a Nurse Practitioner, she practiced Family Medicine and specialized in Infectious Disease, Pediatrics, Urgent Care, Weight Management, and Heart and Lung Transplant.

For over two decades, Chanda has volunteered in India at tribal clinics and leprosy care institutions, and in the U.S. at community clinics, shelters, Title 1 schools, and programs supporting young mothers. She offers education on healthy living, hygiene, and emotional wellbeing, and has mentored nursing students at NOVA Community College.

Whether you're recovering from injury, managing a chronic condition, or simply seeking guidance for better health, our integrated approach ensures comprehensive care under one roof.

Your health. Your family.
Your movement. Your life.

All cared for—together.