

### ABOUT US



Cowtown Clubhouse is a nonprofit organization dedicated to supporting adults living with mental health challenges. Our mission is to provide a supportive community where members can build relationships, develop skills, and pursue personal goals.

# SUPPORT OUR MISSION Your donation helps us provide opportunities for members living with mental illness to build relationships and develop skills for meaningful lives. Cowtown Clubhouse is a nonprofit 501(c)(3)organization; all contributions are tax-deductible. www.cowtownclubhouse.org



## CLUBHOUSE

PHYSICAL ADDRESS: 415 MAY STREET, FORT WORTH, TEXAS 76104

MAILING ADDRESS: PO BOX 1292, FORT WORTH, TEXAS 76101

(817) 885-7409

INFO@COWTOWNCLUBHOUSE.ORG





- **Community Engagement:** We focus on fostering meaningful relationships and rewarding work as pathways to recovery. Members volunteer their talents, working side by side with staff.
- Health & Wellness: Members prepare daily lunches, discuss nutrition and wellness, and participate in activities like daily walks and gardening.
- **Independence Support:** We assist members by connecting them to employment services, education, housing support, and work opportunities in a non-intimidating environment.



## CONTACT US



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Join us in empowering adults living with mental health challenges by providing a supportive community to pursue personal goals.





