



THE COWTOWN CHRONICLE

Cowtown Clubhouse's Monthly Newsletter

Cowtown follows 37 standards that define the Clubhouse International Model. This month features Standard 25:

The Clubhouse assists members to reach their vocational and educational goals by helping them take advantage of educational opportunities in the community. When the Clubhouse also provides an in-house education program, it significantly utilizes the teaching and tutoring skills of members.

Welcome to The Cowtown Chronicle, Cowtown Clubhouse's monthly newsletter where we share with you our exciting news, upcoming events and show off members' work.



Cowtown Clubhouse has had an amazing year! A few highlights of 2021: in March we re-opened our doors after being closed for a year during COVID, we had our first Transitional Employment (TE) position with Medstar, we became an accredited Clubhouse by Clubhouse International and our wonderful community grew in size and strength. Thank you to everyone who made this year possible. Wishing you a joyous and safe New Year from Cowtown Clubhouse!

Upcoming January Events

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January Social

Wednesday January 12th

2:45pm - 3:45pm



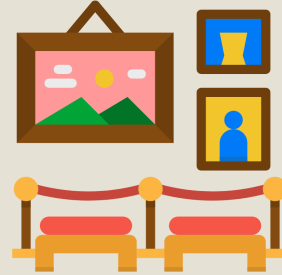
Enjoy an afternoon of painting
at Cowtown Clubhouse!

All materials provided

Speak to Isabel for more details

January Social

Predicted date :
Friday January 28th



A Trip to the
Kimball Art Museum

Further details and cost to follow.
Speak to Isabel or Rick for more info.

What was Cowtown up to in December?

HOT COCOA IN THE SQUARE



I enjoyed myself with my club members listening to the young children's choir singing Christmas Carols. Becky kindly bought hot chocolate for those who wanted some. If you missed out on a treat like this you missed a good thing with Cowtown Clubhouse. Next time come join us! -Ester



Ugly Sweater Holiday Party



On December 15th members, staff, volunteers and board members all gathered for some holiday fun! Leslie taught us how to play Dreidel and it was a huge hit! We also enjoyed cookie decorating, board games, karaoke and an ugly sweater contest. All members left with a holiday surprise goody bag provided by our amazing board. Thank you to everyone who helped setup and donated to make this party a success!

Christmas Day at the Clubhouse

MERRY christmas



"Christmas day at the clubhouse was nice. I am thankful for standard 37 which states that holidays are celebrated on the day they are observed.

When we walked into the room it was set up pretty nice. The room was filled with Christmas music. It was the first Christmas I had with people in a long time.

So next year if you have no place to go for the holidays. Join us. We are like family here and no one should be alone for the holidays."

-Anonymous member

Get to Know Cowtown!



Ester- Founding Member

Q: How did you hear about Clubhouse?

A: *A fellow founding member.*

Q: What is one thing that brings you joy?

A: *Having a "peace" of mind to put*



Dennis- New Member

Q: How did you hear about the Clubhouse?

A: *Through the article in the Fort Worth Report.*

Q: What is one thing that brings you joy?

A: *Romantic Comedy Movies*

faith back in myself.

Q: What do you like best about the winter holiday season?

A: *Throwing snowballs.*

Q: Why do you like snow?

A: *I love snow because it is good for farmland.*

Q: What is one of the benefits you gain from the Clubhouse?

A: *Getting my self-esteem back with opportunity to learn different skills.*

Q: Who is your favorite actor/actress, and what movie?

A: *Home Alone , the young actor is one of my favs*

Q: What is one of the challenges you have overcome in 2021?

A: *Having a tumor in neck!*

Q: What is one thing you look forward to in 2022?

A: *Help others that need more help than I do.*

Q: Who is your Favorite

Actor/Actress? What movie?

A: *Sandra Bullock in Love Potion No.9*

Q: What do you like best about the winter holiday season?

A: *Snow*

Q: Why do you like snow?

A: *It looks pure when falling and brightens up the landscape.*

Q: What is one benefit you get from the Clubhouse?

A: *A break from the loneliness.*

Q:What is one of the challenges you overcome in 2021?

A: *Being able to get my apartment for me and my dogs.*

Q: What are you looking forward to in 2022?

A: *Finding more friends and contributing again to society.*

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