



## THE COWTOWN CHRONICLE

*Cowtown Clubhouse's Monthly Newsletter*

Cowtown follows 37 standards that define the Clubhouse International Model. This month features Standard 28:

28: The Clubhouse provides assistance, activities and opportunities designed to help members develop and maintain healthy lifestyles.

Welcome to The Cowtown Chronicle, Cowtown Clubhouse's monthly newsletter where we share with you our exciting news, upcoming events and show off our members' work. This month see our museum trip, new wheels and learn some history about July 4th.



### **We are open Tuesday-Thursday 9:00am - 3:00pm**

Cowtown clubhouse is open 3 days a week and is welcoming visitors. Come join us for lunch and a tour!



### **See you later Kristin and Red!**



This month we said goodbye to our founding Executive Director, Kristin, and our resident therapy dog, Red. We are sad to see them go, but are grateful for the wonderful times we had together. We all agree our favorite things about Kristin are her patience and smile.

Before they went we sent them off with a farewell party... clubhouse style. We wish you well on your next adventure, but come visit us soon! With love from Cowtown!

"All the clubhouse members were there and we enjoyed giving Kristin gifts and dancing. For Kristin, I pray that the season in Austin will be as good as it was here in Fort Worth. With love from Ester."



"July 15, 2021, the Clubhouse had a going away party for Kristin. Members shared favorite memories of Kristin. We gathered for refreshments, watched slideshow pictures of the Clubhouse members along with music, while eating chocolate mousse cake, grapes, snacks, and water. At the end, we danced to Kristin's favorite song, "Can't Stop The Feeling" by Justin Timberlake. Kristin and Red will both be dearly missed." -Hayley

[We're hiring a new Executive Director- Click Here](#)

## July Cowtown Social

### Vroom....vroom we are off!

Broadway Baptist Church kindly donated a van to Cowtown Clubhouse. After getting the title and insurance sorted we were able to take it on its inaugural social outing.

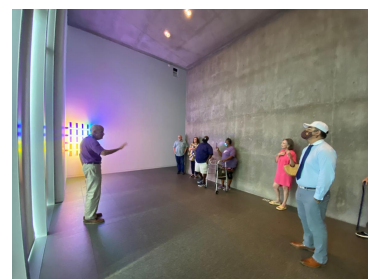
Check our Elbert, Hayley, Simon, Gary and Rick heading to the Modern Art Museum of Fort Worth. We are so grateful to have a clubhouse van!



Don, a docent giving us a tour



The whole group!



Learning more about the art

## Hear about what Cowtown thought of the museum social:

"It was very interesting and Don was very knowledgeable. The different artists all had backstories that informed how they painted or sculpted their work. Thank you so much to the museum and Don for having us!" -Donald

"I heard new stories about art work I had seen time and time again. I enjoyed the story about Lichtenstein and Warhol who both had art purchased by the same mail carrier. Super interesting!" -Isabel

"The trip to the museum of modern art was enjoyable. I enjoyed looking at the sculptures, paintings and other various art works. I loved listening to our tour guide, Don, explain fascinating details about the pieces." -Hayley

"I know way more about modern art now than I did before our trip. My favorite art work was the one with a sunflower." -Tanya

"It was good, I would go again." -Simon

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## Upcoming Socials:

<b>AUGUST 12TH</b>	Bingo Afternoon Join us for a fun night of Bingo and even take home some prizes!	3:00pm Cowtown Clubhouse
<b>AUGUST 18TH</b>	Bowling Join us for a few games of bowling.	3:00 - 5:00pm Cowtown Bowling
<b>SEPTEMBER 15TH</b>	Rangers Game RSVP by Sept. 1st	7:00pm Globe Life Park

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## History of the Fourth of July

By Rick

The Fourth of July commemorates the Declaration of Independence, which strove for numerous rights such as: free and independent states, separation of church and state, no longer subject to the rule of the British monarchy and that all men are created equally.

The American Revolutionary War broke out in 1775, initiated by delegates from the thirteen American colonies because of the taxation policies and lack of colonial representation. The battle cry was "no taxation without representation". In 1812 the U.S. and Great Britain were at war again. On September 13, 1814, hundreds of British ships attacked Fort Mchenry in Baltimore, Maryland. Francis Scott Key took a row boat to a British ship negotiate the release of American prisoners. He was forced to stay on this ship because he overheard the plan to attack Fort Mchenry that night. Great Britain gave an ultimatum- you will not be shelled on if you immediately lay down your flag and surrender to British rule.

They fired all guns all night. In the morning Mr. Key saw the flag was in shreds. The pole was at an angle. It had taken hits. Men went to hold the flag up. They knew what it meant not have the flag touch the ground. The ultimate price was paid by them.

After witnessing the flag still up in the morning Francis Scott Key wrote a joyous poem. The Star Bangled

Banner. Congress passed a law making Independence Day a Federal holiday on June 28, 1870. Marked by the ringing of the Liberty Bell at Independence Hall in Philadelphia. Herbert Hoover made a bill adopting The Star-Spangled Banner on March 3, 1931 making it the National Anthem. In 1941 it was made a paid federal holiday for federal employees.

**Bonus Fun Fact:**The designer of the fifty-star flag (to include Alaska and Hawaii) lived in Ohio. In 1958 a sixteen-year-old young man named Robert G. Heft sent it to President Dwight D. Eisenhower. President Eisenhower made it the official flag in 1960.

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