



# THE COWTOWN CHRONICLE

Cowtown Clubhouse's Monthly Newsletter

Cowtown follows 37 standards that define the Clubhouse International Model. This month our newsletter focuses on Employment Standard 22:

**Standard 22:** The Clubhouse offers its own Transitional Employment program, which provides as a right of membership opportunities for members to work on job placements in business and industry. As a defining characteristic of a Clubhouse Transitional Employment program, the Clubhouse guarantees coverage on all placements during member absences.

Welcome to The Cowtown Chronicle, Cowtown Clubhouse's monthly newsletter where we share with you our exciting news, upcoming events and show off our members' work. This month you can read about reopening, employment at the Clubhouse and the Texas snow week.

## Re-pening March 9th !

We are excited to announce that we will be opening our doors on Tuesdays from 9:00AM - 3:00PM beginning March 9th!

To keep our community safe we will be practicing social distancing and requiring masks while in the Clubhouse.

Of course our favorite member, Red, will be there to greet everyone.

### RED THE THERAPY DOG



### READY TO GO BACK TO WORK

## Welcoming New Board Members



### Meet Becky Delaune

I recently retired from a really wonderful career working in social services and now I do it for a hobby. I enjoy reading, yoga, social justice activism, family dinners and my granddaughter, Molly, who will turn 3 this month. I also really love the movies!



### Meet Tanya Mead

As a Cowtown Clubhouse member, I am honored to join the board and excited to have a voice in one of the greatest nonprofits that I personally know of. I am delighted to share my horticulture knowledge as I am a Texas Master Certified Nursery Professional (TMCP) & a degreed Horticulturist. Gardening outdoors plays a huge role in recovery from mental illness!

## Working Member Spotlight

Matt is a great example of a independent working member. Here is what he has to say about employment:

"Working lets me contribute to my self-worth, self-esteem, and my skills because I am part of a team. Together we shop for others without them having to come in the grocery store....and made me feel more important during COVID.

Work is a place where I have good relationships with many of my co-workers. It makes me feel



happy about going to work."

As noted in Standard 22 employment is an essential part of the Clubhouse model. Transitional employment is short term (6-12 months), risk free, supported re-entry to the workforce. The only requirement is the desire to work. The Clubhouse manages these positions alongside the employer and the Clubhouse guarantees coverage on all placements during member absences.

Cowtown is looking for employers in the Tarrant County area that would be interested in working with Cowtown to provide jobs for members. If you are interested or know anyone who would be please email or call Isabel Stack at [isabel@cowtownclubhouse.org](mailto:isabel@cowtownclubhouse.org) or (817)505- 9835.

## Cowtown Community Update

February brought extreme weather to the whole state of Texas causing havoc for over a week. Many members and staff had no power, water or safe drinking water for several days. Luckily, we were still able to connect and check in with each other. Some members even helped deliver food to other members. Check out the pictures and quotes below to hear about the snow week from Cowtown members.

The Texas winter storm was not only a historical one, but a very scary one for a lot of people throughout the state. Power and water outages were horrid for many of our members and their loved ones, but we all managed to live through it! As Cowtown members, we are a resilient bunch of folks who look forward to opening up in March. We all long to see each other in person other than on Zoom!  
-Tanya



The snow came down like thick cotton balls, that stuck to the ground like a tongue to frozen popsicles. Time to cross country ski up the bare roads. Time for snowmen and snow angels. Time for hot cocoa. Quick before it goes away.  
-Leslie



The record breaking cold weather storm that put people without electricity and busted water pipes thankfully didn't affect me too much. But, one day I woke up and it was only 7 degrees. Chilly! A part of the news I liked was people saving dogs from freezing or starving.  
-Rick



The weather in Texas is unpredictable at best leaving 2 to 4 ice storms a year. Our cities usually shut down due to the inclimate weather. The only thing that seems to go on is the stock show and it was cancelled this year. When the ice and snow gather together there is slipping and sliding. I found that my shoes were not holding up to the weather.  
-Michelle

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