

# GREAT FUTURES START HERE.



**BOYS & GIRLS CLUB**  
OF WESLACO INC

## Volleyball Rules

### Teams/ Players

#### Rosters

- Players must be listed on the official BGCW list.
- Players who are not listed on the roster are subject to a three- game suspension.
- A second violation will result in suspension for the season.
- Maximum of twelve players.
- Minimum of nine players.
- After coin flip choose: Side, receive, or serve.

#### Players Substitution Rule

- All players must play a complete match.
- No substitutions are allowed during the first 2 sets, except in the case of injury or illness.
- If a player is late for a match, the player will be substituted to play at a reasonable time.

#### Teams

- Each team must have 6 players present to be eligible to play. Failure to comply will result in a forfeit.
- In the event of a forfeit, practice games can still be played until the next scheduled game time.
- If an illness or injury occurs during a match, the team may continue to play with the remaining players.
- A minimum of 5 players will be required to continue playing.
- When the missing sixth player is up to serve, the “ghost” rule will be implemented.  
Ghost Rule: When the missing player is up to serve, the ball will go to the opposing team, and no point will be awarded.

#### Game Play

- All games or sets will use the Rally Points Scoring System.
- Two out of three sets determine the winner.
- First two sets play to 20 Points (cap). Deciding 3<sup>rd</sup> set, if necessary, will be played to 15 points (cap)

#### Serving

##### Serving Line

- 7U- 9U Teen feet back
- 10U-12U Eighteen feet back

- Server is allowed to serve up to five points consecutively.
- Server has ten seconds to serve the volleyball over the net from the time the official blows their whistle. Failure to do so will result in loss of serve.

### **Bumping/ forearm pass**

- Maximum three bumps per side.
- A simultaneous hit by two players is considered one hit and another may hit the ball again.
- The ball may have been played off the ceiling on the side that had contact with it last and have used their third bump/hit.

### **Blocking**

- A block is not considered a hit.
- The blocker may strike the ball again which will be considered their first hit.

### **Net**

- It is a foul to touch the net with any part of the body, except hair, when the ball is live and in play.
- A player cannot cross the centerline with their foot, or any part of their body. Foot must be completely across center line.

### **Rotation**

- Players will rotate clockwise to serve.
- The receiving team will rotate clockwise after the serving team loses their serve. The receiving team server will be the right front player.

### **Timeouts**

- Each team will be allowed three one- minute time outs per game.

## **Home/ Away**

- The first team listed on the schedule is the home team.
- Prior to the match, the visiting team captain will call the coin toss. Winner will select to receive or serve.
- If necessary, prior to the 3<sup>rd</sup> set, the home team will call the coin toss.

## **Uniforms**

- Teams must be in uniform to play on the court.
- No jewelry or metal objects may be worn during games or warmups.
- Proper shoes must be worn for games and no player may play or practice barefooted.
- Spandex shorts must be at least 4 inches or longer in length.

Failure to comply with results in the player not being allowed to participate.

## **Officials**

- Calls are final.
- Under no circumstances should officials be threatened physically or verbally abused.
- Anyone physically or verbally abused will immediately and automatically be suspended.
- Suspension will remain throughout the time necessary to clarify and verify the facts surrounding the situation.
- Coaches have a responsibility to control their fans. And prevent any abuse towards the officials so the game is not interrupted.

### **Coaches**

#### **Bench**

- Only players and coaches are allowed on the bench.
- It is recommended that each team can provide on volunteer line judge (16 and older).
- If no line judges are present during the game, the officials' judgement is final.

### **Behavior**

- No foul language will be tolerated.
- Unsportsmanlike behavior will not be tolerated.
- Any player involved in a fight will be automatically ejected from the game.

### **Boys & Girls Club of Weslaco Inc.**

- Coaches are responsible for informing players and parents about the rules.

These Club programs help develop physical fitness, reduce stress, and promote a positive use of leisure time, appreciation for the environment and interpersonal skills.