



FALL 2026 GROUPS



A SAFE PLACE TO CONNECT, CREATE, AND HEAL

OUR FALL GROUPS HELP CHILDREN & TEENS:

- Build self-esteem and recognize individual strengths
- Explore grief and emotions through creative activities
- Develop healthy communication and coping skills
- Strengthen friendships and supportive peer connections
- Grow through reflection, teamwork, and shared experiences

RSVP:

**avowkids@avowcares.org
or (239) 268-6679**



FALL 2026 GROUPS

IALAC: STRONGER TOGETHER

Kindergarten–5th Grade

Tuesdays | 3:30–5:00 p.m.

The Heights Center

15570 Hagie Dr., Fort Myers, FL 33908

The I Am Loving and Capable (IALAC) curriculum helps children strengthen self-esteem, recognize their unique strengths, and develop a positive sense of identity. Participants will also build communication, teamwork, and healthy relationship skills in a supportive group setting.

CREATIVE EXPRESSION

6th–12th Grade

Wednesdays | 3:30–5:00 p.m.

The Heights Center

15570 Hagie Dr., Fort Myers, FL 33908

Through art, creativity, and hands-on activities, teens explore feelings related to grief and loss in age-appropriate ways. Creative Expression encourages emotional awareness, self-expression, and connection with peers who have experienced similar challenges.

CREATIVE EXPRESSION

All Grades Welcome

(groups will be assigned after registration)

Thursdays | 4:00–5:15 p.m.

Riverside Community Center

3061 E. Riverside Dr, Fort Myers, FL 33916

Through art, creativity, and hands-on activities, children and teens explore feelings related to grief and loss in age-appropriate ways. Creative Expression encourages emotional awareness, self-expression, and connection with peers who have experienced similar challenges.

CREATIVE EXPRESSION

All Grades Welcome

(groups will be assigned after registration)

Mondays | 4:00–5:15 p.m.

Avow Community Bereavement Center

65 S. Lee St Ste 1800, LaBelle, FL 33935

Through art, creativity, and hands-on activities, children and teens explore feelings related to grief and loss in age-appropriate ways. Creative Expression encourages emotional awareness, self-expression, and connection with peers who have experienced similar challenges.

SERVING COLLIER, GLADES, HENDRY, AND LEE COUNTIES.



**VISIT
AVOWKIDS.ORG**



**CALL
(239) 268-6679**