



Defend Young Minds is pleased to offer

Heal Young Minds Conference

November 13, 2026

Virtual access

8:45 AM - 4:30 PM Central Time

~~\$149~~ \$99 Early-bird until Oct 31, 2026

6.25 CE hours*

Therapeutic Interventions for Children Affected by Sexually Explicit Content

The Heal Young Minds Conference equips counselors, mental health professionals, and other front-line responders with the knowledge and strategies needed to address the growing impact of online sexualized content and pornography exposure on children and adolescents. Drawing from current research, sessions will explore how early exposure affects neurodevelopment, behavior, and relationships. Participants will strengthen their ability to recognize indicators of sexual trauma, identify problematic sexual behaviors (PSB), and apply evidence-based interventions, best practices, and therapeutic approaches that foster healing and resilience in youth.

Upon completion, the participants will be able to:

- Describe the impact of online pornography on the developing brains, bodies, and behaviors of children.
- Recognize signs of sexual trauma, identify problematic sexual behaviors, and assess problematic pornography use.
- Identify evidence-based resources and techniques that promote healing and recovery in children impacted by pornography exposure.

*Heal Young Minds Conference has been approved by NBCC for NBCC credit. Defend Young Minds is solely responsible for all aspects of the program. NBCC Approval No. SP-5161.

Learn more and register by visiting
www.healyoungminds.com



Heal Young Minds Conference



Keynote Speaker:

Dr. Donald L. Hilton, Jr., MD, FACS, FAANS

Neurosurgeon & Expert on the Neuroscience of Addiction

Plus additional expert speakers in counseling, child welfare, SANE nursing, digital safety and law enforcement.

For the full agenda and additional conference details, please visit
healyoungminds.com/speakers-and-schedule

Important Information

- The Heal Young Minds conference has been approved by NBCC for NBCC credit. Defend Young Minds is solely responsible for all aspects of the program. NBCC Approval No. SP-5161.
- Partial credit is not provided for this event.
- Please note that all registration fees are non-refundable.
- The Heal Young Minds Conference is committed to creating an accessible and inclusive environment for all participants. Individuals who require accommodations due to disability, medical needs, or other circumstances are encouraged to contact our team at events@defendyoungminds.com no later than November 1, 2026.
- This nursing continuing professional development activity was approved by VTL Center for Professional Development, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Detailed conference and registration information:

- healyoungminds.com/registration
- healyoungminds.com/code-of-conduct
- healyoungminds.com/grievance-policy

Questions?

Contact us at: events@defendyoungminds.com

1030 North Center Parkway, Suite N189,
Kennewick WA 99336

(509) 318-5934

The Heal Young Minds Conference is organized by Defend Young Minds. We support professionals who help and heal kids harmed by pornography. Use our articles, guides, best-selling books, curriculum, and outreach to build children's internal filters that recognize and reject all forms of sexual exploitation. Join us on social media @DefendYoungMinds or visit us at DefendYoungMinds.com.

Learn more and register by visiting
www.healyoungminds.com

