



HERBAPAEDIA

*6 generations of
Professor Yoland Lim's Family Traditions*

Herbs traditionally used, now confirmed by
independent published medical research*

Herbs Traditionally Used - a Reference

Consult your health care practitioner before taking any herbs.

A bdominal pain	A4 ST CO		
Acne	LU HYP4 Juvex Cream SOAP JUVEFACE® JUVENEW®		
Addictions	NSMK LIV		
Air sickness	JLG		
Alcohol dependence and detoxification	NSMK LIV		
Allergic rhinitis (including hay fever)	HF LU		
Allergies	HF LYMP		
Anaemia	LYMP TC SP MED		
Anosmia (loss of smell)	JUX KI BRMC		
Anxiety	NVX BRMC BINAURAL CHANTING Therapy		
Apathy	BRMC NVX		
Arteriosclerosis	SMX HT TC		
Arthritis	AMX AOIL(Topical) MUS		
Asthma, Sinus	HF LU LYM HYP4		
Astringent	TC		
Attention Deficit Hyperactivity Disorder (ADHD)	NVX BRMC BINAURAL CHANTING Therapy		
		B ack pain	AMX MUS AOIL (TOPICAL) JUVEFACE®
		Bad breath (halitosis)	KI LYMP HMIX
		Bed wetting	KI BRMC BINAURAL CHANTING Therapy
		Bell's palsy	BRMC NVX JUVEBRAIN®
		Biliary colic	LIV CO
		Bladder meridian	KI
		Bloating (Abdominal)	CO
		Blood Pressure	BP TC
		Blood sugar	LYMP LIV
		Body odour	JUX
		Boils	LU LYMP
		Bowel issues	CO
		Brain GV meridian	BRMC TC NVX JUVEBRAIN®
		Breathing, respiration	HF HYP4 LU
		Burns	JUX LU Juvex Cream
		Bursitis	AMX AOIL (Topical) MUS
		C ardiovascular	SMX TC
		Central meridian	NVX
		Chapped skin	JUX LU

Chest pain (Non-cardiac)	HT TC
Chi imbalance	JUX
Cholelithiasis, chronic	LIV CO ST
Cholesterol	SMX TC
Choroidopathy, central serous	KI TC
Chronic fatigue syndrome	JUX HYP MUS LYMP XT
Circulation & Libido meridians	XT JUX KI
Cold sore	CLDS HYP4
Colds	HYP4 LU AOIL(Topical)
Colic	CO ST
Colitis	CO HYP4
Constipation	CO ST
Convulsions	BRMC NVX JUVEBRAIN®
Coronary heart disease risk	HT SMX BP
Coryza	HF HYP4 LU
Coughs	LU HYP4
Crow's feet	Juvex Cream KI JUVEFACE® JUVENEW®
Cystitis	KI HYP4
D andruff	Hair D HSR (Topical) Hair Shampoo Hair Conditioner JUVEHAIR®

Dental and temporomandibular dysfunction	NVX MUS JUVEFACE®
Depression	NVX BRMC JUVEBRAIN®
Detoxification	HMIX LIV LYM
Diabetes mellitus	LIV LYMP SPMED HMIX
Diarrhoea	CO HYP4 LYMP
Digestion conditions	CO
Diuretic	HMIX KI
Dizziness	BRMC KI HF
Dry hair	Hair D HG HSR (Topical)
Dry mouth	HMIX KI LYMP
Dry scalp	Hair D HSR (Topical)
Dysentery - bacillary	CO ST HYP4
Dysmenorrhoea	JUX GYN AOIL (Topical)
E ar problems	KI LYMp
Earache	KI HYP4
Eczema	LU JUX SOAP JUVEFACE® JUVENEW®
Encephalitis	HYP4 LYMP BRMC JUVEBRAIN®
Epidemic haemorrhagic fever	HYP4 LYMP

Epistaxis	TC LIV SP MED
Erythema	LU TC Soap
Eye pain due to subconjunctival injection	KI TC HYP4
F acial pain (including craniomandibular disorders)	BRMC NVX JUVEBRAIN®
Facial spasm	BRMC NVX JUVEBRAIN®
Female urethral syndrome	JUX GYN
Fertility	FTLT JUX GYN XT
Fibromyalgia	MUS AMX AOIL (Topical) JUVEFACE®
Fingernails	JUX KI
Flatulence	CO
Fluid retention	TINSN HMIX
Frozen Shoulder	MUS AMX AOIL (Topical) JUVEFACE®
G all bladder meridian	LIV SPMED
Gastric disorder	A4 ST CO HMIX
Glands	LYMP HYP4
Gouty arthritis	AMX
Governing Vessel meridian	LYMP
H air colour	JUX KI HSR (Topical)
Hair growth	HG HAIR D HSR (Topical)

	KI JUVEHAIR®
Hair growth–unwanted	JUX
Hair Loss	Hair D HG JUVEHAIR®
Halitosis (bad breath)	KI LYMP HMIX
Hay fever	HF
Headaches	6C AOIL (Topical)
Heart	HT
Hepatitis	LIV HYM4 SPMED
Herpes zoster virus	HYP LU
Hiatus hernias	A4
Hiccups	LU ST
Hives	LU JUX JUVEFACE®
Hyperacidity	ST CO
Hyperactivity	NVX BRMC JUVEBRAIN®
Hyperemesis Gravidarum	JLG
Hyperlipaemia	SMX TC LIV
Hypertension (Blood Pressure)	BP HT TC SMX
Hypo-ovarianism	JUX GYN
Hypophrenia	NVX BRMC JUVEBRAIN®
Hypotension, postural	BP HT TC HMIX
I mmunity	LYMP
Induction of labour	JUX GYN

Influenza	HYP4 LU
Insomnia	SLP
Intestinal Ulcers	A4 ST
Irritable bowel syndrome	CO ST
Itchy scalp	KI HSR (Topical) Hair Shampoo Hair Conditioner JUVEHAIR®
IVF Treatment without drugs	FTLT JUX GYN
J aundice	LIV LYMP
Jet lag	JLG
K idney meridian	KI JUX
Kidney problems	KI JUX
Knee pain	MUS AMX AOIL (Topical) JUVEFACE®
L abour pain	JUX GYN
Lactation	JUX
Large bowel meridian	CO
Lazy bowel	CO
Leucorrhoea	GYN JUX
Leukopenia	TC LIV
Liver meridian	LIV
Lung meridian	LU
Lymphatic problems	LYMP
Lymphoedema	LYMP TC
M alabsorption	CO ST
Malposition of foetus	FTLT JUX GYN
Melasma	Juvex Cream SOAP

	JUVESKIN® JUVEFACE® JUVENEW®
Memory	BRMC TC JUVEBRAIN®
Meniere's disease	KI BRMC
Menopause and hot flushes	JUX GYN
Menorrhagia	JUX GYN
Migraine	6C AOIL (Topical)
Morning sickness	JLG ST NSMK
Multiple Sclerosis	MUS BRMC HYP4
Muscular Disorders	MUS AOIL(Topical)
N ail Strengthening	JUX KI
Natural diuretic	HMIX
Nausea and vomiting	ST LYMP
Neck pain	MUS AMX AOIL (Topical) JUVEFACE®
Nerves	NVX BRMC
Nerves of stomach (butterflies)	A4 ST NVX BRMC
Nervous trembling	NVX BRMC
Neuralgia, post-herpetic	BRMC NVX JUVEFACE®
Neuritis	HYP
Neurodermatitis	LU Juvex Cream SOAP JUVEFACE®
Neuropathic bladder	KI BRMC NVX

Nightmares	NVX BRMC JUVEBRAIN®
O besity	SMX TC
Oily hair	HG Hair Shampoo Hair Conditioner
Osteoarthritis	AMX MUS AOIL (Topical)
Osteoporosis	AMX AOIL (Topical) MUS
P ancreatic problems	LYMP SP MED
Periarthritis of shoulder	MUS AMX AOIL (Topical) JUVEFACE®
Pituitary	TC LYMP
Pleurisy	LU
Pneumonia	LU HYP4
Polycystic ovarian syndrome (PCOS)	JUX GYN SMX
Post-extubation in children	LYMP HYP4
Postoperative convalescence	JUX XT LYMP
Pre-menstrual syndrome/tension	JUX GYN
Prostate gland	KI LYMP
Prostatitis, chronic	KI LYMP HYP4
Pruritis	LU Juvex Cream SOAP JUVEFACE®
Psoriasis	LU JUX SOAP JUVEFACE®
Pulmonary heart disease, chronic	LU HT TC

R adicular and pseudo-radicular pain syndrome	MUS AMX AOIL (Topical) JUVEFACE®
Raynaud syndrome	TC MUS JUVEFACE®
Recurrent lower urinary-tract infection	KI HYP4 LYMP
Reflex sympathetic dystrophy	BRMC NVX AOIL(Topical)
Reflux (Gastro Oesophageal Reflux Disease- GORD)	A4 ST
Relaxation	NVX BRMC BINAURAL CHANTING
Renal colic	KI LYMP HYP4
Rheumatism	AMX MUS AOIL (Topical)
Rheumatoid arthritis	AMX MUS AOIL (Topical)
S agging skin	JUX JUVESCULPT® JUVEX CREAM
Scars	JUVENEW® JUVESCULPT® Juvex Cream
Schizophrenia	NVX BRMC JUVEBRAIN®
Sciatica	AMX MUS AOIL (Topical)
Secretions	JUX LYMP LU
Sexual dysfunction – Female	GYN JUX
Sexual dysfunction – Male	XT TC BRMC JUVED®
Shingles (HZV)	HYP4 LYMP LU

	NVX BRMC JUVEFACE®
Sialism, drug-induced	LYMP KI
Sjögren syndrome	TC MUS
Skin issues	LU Juvex Cream JUVEFACE® JUVENEW® JUVESCULPT®
Sleeplessness	SLP BRMC BINAURAL CHANTING
Small intestine meridian	A4 ST CO
Smoking	NSMK NVX BRMC BINAURAL CHANTING
Sore throat (including tonsillitis)	LU HYP4 HMIX
Spasm of colon	CO
Spleen meridian	SPMED LYMP
Sporting injuries	MUS AMX AOIL (Topical)
Sprains	MUS AMX AOIL (Topical)
Stomach meridians	ST A4 CO
Stiff neck	MUS AMX AOIL (Topical) JUVEFACE®
Stomach meridian	ST A4 CO
Stress	NVX BRMC BINAURAL CHANTING
Stretch marks	JUVEX CREAM JUVEFACE®

	JUVENEW® JUVESCULPT® Juvex Cream
Stroke rehabilitation	BRMC TC JUVEBRAIN®
Swelling of muscles and joints	HYP4 LYMP AOIL(Topical)
T emporo-mandibular joint dysfunction	MUS AMX NVX BRMC JUVEBRAIN®
Tennis elbow	MUS AMX AOIL(Topical)
Tension	NVX BRMC BINAURAL CHANTING
Thromboangiitis obliterans (aka Buerger disease)	TC LIV JUVEFACE®
Thyroid problems	TRD
Tietze syndrome	AMX HYP AOIL (Topical)
Tinnitus	KI BRMC
Tobacco dependence	NSMK
Tonsillitis	LYMP HYP
Tourette syndrome	BRMC NVX JUVEBRAIN®
Toxaemia	LIV HYP4 LYMP
Trembling	NVX BRMC JUVEBRAIN®
U lcerative colitis, chronic	CO ST HYP4 LYMP
Ulcers (including Mouth and Gastrointestinal)	HYP4 ST HMIX
Urinary Tract Infection (UTI)	KI LYMP

	HYP4 HMIX
Urolithiasis	KI LYMP HMIX
V aricose veins	VV TC
Vascular dementia	BRMC TC JUVEBRAIN®
Vertigo	NVX KI BRMC

Vitality	JUX XT
W arts (HPV)	LU LYMP JUVEKIN® WTS
Weight control	SMX TC
Wellbeing	XT JUX LYMP GINSENG

Traditional Herbs & Published medical research uses

6C	<u>INGREDIENTS INCLUDE:</u> Cortex Moutan Dioscorea Batatas Root Lycium Chinese Seed Paliurus Spina-Christi Seed Rehmannia Glutinosa Root	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Dizziness ¹ Headaches ² Migraines ³
A4	<u>INGREDIENTS INCLUDE:</u> Aloe Peryl Leaf Astragalus Membranaceus Root Eugenia Caryophilata Poria Cocos Fruit Body Tribuli – Paliurus Spina-Christi Seed	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Abdominal discomfort ⁴ Gastritis ⁵ Hiatus hernia ⁶ Intestinal ulcers ⁷ Nerves of stomach (butterflies) ⁸ Oesophagitis ⁹ Reflux (GORD-Gastro Oesophageal Reflux Disease) ¹⁰ Small intestine meridian
AMX	<u>INGREDIENTS INCLUDE:</u> Bambusa Breviflora Root Lycopodium Clavatum Fruit Panax Ginseng Root Salvia Miltiorrhiza Root	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Arthritis(+ AOIL(Topical)) Bursitis (+AOIL (Topical)&MUS) Gouty arthritis Muscular aches and pains (+ MUS) ¹¹ Osteoarthritis Sciatica (+AOIL(Topical)) ¹² Soft tissue injuries ¹³ Sporting injuries & sprains (+ AOIL(Topical)) Tennis elbow (+MUS &AOIL(Topical)) 'Whiplash'
AOIL (Topical)	<u>INGREDIENTS INCLUDE:</u> AlismaPlantago Aquatica Root Bambusa Root Eugenia Caryophilata Menthol BP Methyl Salicylate BP	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Arthritis (+ AMX) ¹⁴ Bursitis (+ AMX&MUS) Chronic Pain Syndrome Colds (+ HYP4 &LU) Diabetic Pain ¹⁵ Headaches and migraines (+ 6C) ¹⁶ Muscular aches and pains ¹⁷ (+ AMX) Period pain ¹⁸ Post Fracture and Post-Surgical Recovery Rheumatism Sciatica (+MUS &AMX) Sinuses (+ HF&LU) Soft tissue, sporting injuries and sprains (+MUS &AMX) Swelling of muscles and joints ¹⁹ Tennis elbow and other soft tissue conditions(+MUS &AMX) ²⁰

<p style="text-align: center; color: red; font-weight: bold;">BP</p>	<p><u>INGREDIENTS INCLUDE:</u> Eucommia Ulmoides Bark Milletia Reticulata Stem Momordica Charantia Panax Notoginseng Poria Cocos Fruit Body Rehmannia Glutinosa Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Fatigue²¹ High blood pressure²² Hypertension²³(+ HT&TC) Light-headedness associated with changes to blood pressure²⁴ Low blood pressure²⁵</p>
<p style="text-align: center; color: red; font-weight: bold;">BRMC</p>	<p><u>INGREDIENTS INCLUDE:</u> Ambrosia Brahmi Noto Ginseng Panax Ginseng</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Alzheimer's and Dementia²⁶(+ TC& JUVEBRAIN®) Anti-convulsant; Anti-inflammatory²⁷ Anxiety (+ NVX)²⁸ Apathy Balance vitality²⁹ Bed wetting (+ KI& BINAURAL CHANTING) Bell's Palsy CerebroVascular Accidents (CVA) (strokes)³⁰ Cognitive impairment Convulsions in infants Epilepsy Improved memory³¹, concentration and learning ability³² Mental rejuvenation Motor neuron disease³³ Multiple Sclerosis (+ HYP&MUS) Parkinson's(+ JUVEBRAIN®) Tinnitus (ringing in ears) (+ KI) Vertigo (+ NVX&KI)</p>
<p style="text-align: center; color: red; font-weight: bold;">CLDS TOPICAL</p>	<p><u>INGREDIENTS INCLUDE:</u> Camphor Codyceps Sinensis Iodine Momordica Charantia</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Chronic infections of lips and mouth³⁴ (+HYP4 & LYMP) Cold Sore Virus³⁵(+HYP4 & LYMP) Oral tingling and discomfort³⁶ (+HYP4 & LYMP)</p>
<p style="text-align: center; color: red; font-weight: bold;">CO</p>	<p><u>INGREDIENTS INCLUDE:</u> Aloe Campanumaea Lanceolata Codyceps Sinensis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Bloating (Abdominal)³⁷ Bowel issues³⁸ Colic Colitis Constipation Crohn's Disease³⁹ Diarrhoea (+ HYP4) Digestion conditions⁴⁰ Dyspepsia Flatulence Gastric disorder Hyperacidity⁴¹ Irritable Bowel Syndrome Large bowel meridian</p>

		<p>Lazy bowel Malabsorption Spasm of colon⁴² Ulcerative Colitis⁴³</p>
FTLT	<p><u>INGREDIENTS INCLUDE:</u> Angelica Sinensis Garcinia Mangostana Lycium Chinense Lycopodium Schizandra</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> + JUX & GYN Fertility⁴⁴ Pregnancy⁴⁵</p>
GINSENG	<p><u>INGREDIENTS INCLUDE:</u> Panax Ginseng Root Polygonatum Multiflorum Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Energy⁴⁶ Cognitive function^{47,48} Lethargy⁴⁹ Strength (+ MUS) Virility⁵⁰(+ JUX (Females), XT (Males))</p>
GYN	<p><u>INGREDIENTS INCLUDE:</u> Angelica Sinensis Polygonum Multiflorum Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> + JUX Dysmenorrhea Fertility (+ JUX & FTLT) Leucorrhoea; Mastitis Menopause and hot flushes⁵¹ Menorrhagia⁵² Polycystic Ovary Syndrome (PCOS) Pregnancy (+ JUX & FTLT) Pre-menstrual issues⁵³ Sexual dysfunction - female⁵⁴</p>
HAIR CONDITIONER	<p><u>INGREDIENTS INCLUDE:</u> Hydrolysed protein in Hair Conditioner Base Natural pH balance</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> + Hair Shampoo All hair types Dandruff (+ Hair D) Dry hair/scalp (+ HG) Hair growth (+ HG) Vitality and pH balance to hair Itchy scalp Oily hair</p>
HAIR D	<p><u>INGREDIENTS INCLUDE:</u> Extracts of Ramulus Cinnamoni in a herbal base</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Dandruff (+ Hair Shampoo and Hair Conditioner) Dry hair/scalp (+ HG) Hair follicle development (+ HG & (Topical)) Hair growth (+ HG & HSR (Topical)) Hair Loss (+ HG & HSR (Topical)) Itchy scalp (+ Hair Shampoo & Hair Conditioner)</p>

<p style="text-align: center;">HAIR SHAMPOO</p>	<p><u>INGREDIENTS INCLUDE:</u> Hydrolysed protein in Imperial Ginseng Base Natural pH balance</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> + <i>Hair Conditioner</i> All hair types Dandruff (+ Hair D) Dry hair/scalp (+HSR (Topical) &HG) Hair growth (+ HG) Vitality and pH balance Itchy scalp Oily hair</p>
<p style="text-align: center;">HF</p>	<p><u>INGREDIENTS INCLUDE:</u> Ambrosia Psilostachya Herb Lycium Chinese Fruit</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> + <i>LU</i> Allergies (+LYMP) Asthma, bronchitis and respiration⁵⁵(+ LU) Coryza (+ HYP4 &LU) Hay fever⁵⁶ Irritated and red eyes(+ KI) Sinus problems (+ LU& HYP4)</p>
<p style="text-align: center;">HG</p>	<p><u>INGREDIENTS INCLUDE:</u> Conioselum Univittatum Root Ligusticum Sinense Pericarpium Granati (Lycopodium Clavatum Herb) Polygonum Multiflorum Root Poria Cocos Fruit Rehmannia Glutinosa Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Hair growth (+ Hair D&HSR (Topical)) Hair thinning (+ Hair Shampoo & Hair Conditioner)</p>
<p style="text-align: center;">HERBAL MIX I</p>	<p><u>INGREDIENTS INCLUDE:</u> Juniper Berries Medicago Sativa Nettle Leaves Passion Flowers Raspberry Leaves Salvia Officinalis Taraxacum Officinalis UvaUrsi</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Blood Cleansing⁵⁷ Cleansing the body⁵⁸ Detoxification⁵⁹ Detoxify liver damage⁶⁰</p>
<p style="text-align: center;">HERBAL MIX II</p>	<p><u>INGREDIENTS INCLUDE:</u> Calendula Chamomile Echinacea Purpurea Alfalfa Lemon balm Lemongrass Marshmallow leaves Peppermint Yarrow</p>	<p>Cholesterol and triglycerides, weight control⁶¹ Natural diuretic⁶² Naturalized liver function⁶³ Body damage by free radicals</p>

<p>HSR (TOPICAL)</p>	<p><u>INGREDIENTS INCLUDE:</u> Azadirachta Indica Prunus Dulcis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Nourish Hair, Scalp and Root⁶⁴ Hair Growth</p>
<p>HT</p>	<p><u>INGREDIENTS INCLUDE:</u> CarthamiTinctoriiFlos PanaxNotoginseng Root RhamnusPurshianus Bark SterculiaBaicalensis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Arrhythmias (e.g. Atrial Fibrillation) Cardiac sedative⁶⁵ Cardiac tonifier⁶⁶ Chest pain Heart Hypertension (+ BP&TC)⁶⁷ Post Myocardial Infarction (MI)⁶⁸ Supraventricular Tachycardia (SVT's)</p>
<p>HYP4</p>	<p><u>INGREDIENTS INCLUDE:</u> Astragalus Camellia Sinensis Leaf Codycepts Sinensis Membranaceus Root MomordicaCharantia Panax Ginseng Root Poria Cocos Fruit Body</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Chronic fatigue syndrome⁶⁹ Common cold (+ LU & AOIL(Topical)) Coughs (+ LU) Diabetes⁷⁰ Earaches Fever Inflammation (+ LU)⁷¹ Neuritis conditions: twitching, herpes, cold sores Pneumonia and lung infections⁷² Reduces cough and sputum Shingles (HZV) Ulcers + ST⁷³ Viruses⁷⁴</p>
<p>JLG</p>	<p><u>INGREDIENTS INCLUDE:</u> DioscoreaBatatas Epidedium Forsythia Suspensa Lycium Chinese Panax Ginseng</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Fever Flu⁷⁵ Great for frequent travellers, cabin crew and pilots Hyperemesis Gravidarum (vomiting in pregnancy) Jet lag Nausea and tiredness associated with travel⁷⁶ Vomiting secondary to infected or undercooked food⁷⁷</p>
<p>JUVEX CREAM Original JUVEX CREAM Smooth</p>	<p><u>INGREDIENTS INCLUDE:</u> JUX extracts Natural Pearl Cream Extract</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Acne Acne Scarring Blemishes and lesions Crow's feet (+ KI) Generalised Skin care Rejuvenated skin appearance Scars Skin burns Soften wrinkles Stretch marks⁷⁸</p>

<p style="text-align: center; color: red; font-weight: bold;">JUX</p>	<p><u>INGREDIENTS INCLUDE:</u> AngelicaeSinensis – Millettia FructusTribulis LigusticumSinense Root Bark PanaxNotoginseng Root Dry Reticulata Stem Dry</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Anosmia- loss of smell Body and breasts Body odour, bad breath Burns (+ LYMP & Juvex Cream) Chapped hands Chronic fatigue syndrome (+ HYP4 & MUS) Circulation and may help varicose veins⁷⁹ Eczema (+ SOAP & LU) Fertility Fertility (+ FTLT & GYN) Fingernails Hair colour Internal wounds Lactation Menopausal symptoms: hot flushes and dryness (+ GYN) Menorrhagia Mutual sexual excitement intercourse Nail strengthening (+ KI) Polycystic Ovaries & Syndrome (+ GYN) Premenstrual syndrome (+ GYN) Reduces risk of Pre-Menstrual disorders Reduces sexual dysfunction Rejuvenated skin cells Sagging skin (+ JUVESCUPT® + JUVENEW®) Sexual organ lubrication Sexual Orgasm Sexual pleasurable for both sexes Sexual well-being⁸⁰ Urination Vaginal texture and vitality</p>
<p style="text-align: center; color: red; font-weight: bold;">KI</p>	<p><u>INGREDIENTS INCLUDE:</u> RehmaniaChinensis Salvia Miltiorrhiz SchizandraChinensis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Bed wetting (+ BRMC & KI) Bladder meridian⁸¹ Cystitis - inner ear problems (+ HYP4) Hair, teeth and nail conditions Kidney conditions and drainage⁸² Meniere's disease Nightmares Nourish teeth Prostate gland (+LYMP)⁸³ Strengthen nails Tinnitus Urinary tract infection (+LYMP)⁸⁴</p>

<p style="text-align: center; color: red; font-weight: bold;">KNC</p>	<p><u>INGREDIENTS INCLUDE:</u> Brahmi Ginseng Granati Papaya Pericardium RehmanniaGlutinosa Root Dry</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Affects cellular cytotoxicity⁸⁵ Immune and nervous system effects⁸⁶. Pain and swelling⁸⁷</p>
<p style="text-align: center; color: red; font-weight: bold;">LIV</p>	<p><u>INGREDIENTS INCLUDE:</u> DioscoreaBatatas PanaxNotoginseng SchizandraChinensis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Alcoholic Liver Conditions; Bile disorder⁸⁸ Diabetes (+SPMED &LYMP)⁸⁹ Disease associated with liver and gall bladder⁹⁰ Fatty Liver⁹¹ Gall bladder meridian⁹² Hepatitis Hepato-biliary insufficiency Jaundice Liver Cirrhosis Liver Meridian⁹³ Toxaemia</p>
<p style="text-align: center; color: red; font-weight: bold;">LU</p>	<p><u>INGREDIENTS INCLUDE:</u> Dolichos Lablab Seed Monordica PolygonatumMultiflorum Stem SchizandraChinensis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Bad breath (halitosis) (+ JUX&HYP) Boils (+LYMP) Halitosis (+ JUX&HYP4) Hiccups Hives (+ JUX) Lung meridian⁹⁴ Acne Pleurisy Pneumonia and lung infections (+ HYP4); Pulmonary Oedema (Chronic) Respiratory Infection⁹⁵(+ HYP4) Skin conditions e.g. acne dermatitis, psoriasis, eczema, impetigo, erythema, itch, shingles(+ JUX, SOAP and Juvex Cream) Sore throat (+HYP4 and HMIX)</p>
<p style="text-align: center; color: red; font-weight: bold;">LYMP</p>	<p><u>INGREDIENTS INCLUDE:</u> EucommiaUlmoides Jaborandi Forlium Lycopodium Clavatum Root Polygonum Bistorta Root Poria Cocos Fruit Body Viola Pinnata Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Blood sugar (+ LIV)⁹⁶ Glands Governing meridian Lymphadenopathy Lymphatic problems Pancreatic problem Spleen meridian Tonsillitis (+ HYP4) Warts (HPV)</p>

<p>MUS</p>	<p><u>INGREDIENTS INCLUDE:</u> AdenophoraVerticillata Root PaeoniaSuffruticosa Rhizome Panax Ginseng Root PolygonatumMultiflorum Root RhusSemialata Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Blood flow⁹⁷ Delayed Onset Muscle Soreness (DOMS) Multiple Sclerosis (+ HYP& BRMC) Muscular aches and pains⁹⁸ Muscular cramps Muscular disorder Muscular output⁹⁹ Muscular strength</p>
<p>NSMK</p>	<p><u>INGREDIENTS INCLUDE:</u> Poria Cocos Fruiting Body Salvia Miltiorrhiza Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Addictions¹⁰⁰ Cravings for unnatural drugs¹⁰¹ Smoking and cigarette cravings</p>
<p>NVX</p>	<p><u>INGREDIENTS INCLUDE:</u> Astragalus Root Poria Cocos Fruit Rehmanniae Salvia Miltiorrhiza Root Tribuli</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Attention Deficit Hyperactivity Disorder (ADHD)¹⁰² Anger (+ LU) Anxiety (+ BRMC)¹⁰³ Central meridian Depression Hyperactivity Nerves Nervous trembling¹⁰⁴ Relaxation Stress Tension¹⁰⁵ Trembling Vertigo¹⁰⁶</p>
<p>SLP</p>	<p><u>INGREDIENTS INCLUDE:</u> EucommiaUlmoides Bark Forsythia Suspensa Fruit PericarpiumGranati SchizandraSinensis</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Sleeping pills Insomnia¹⁰⁷ Obstructive Sleep Apnoea Sleeping issues¹⁰⁸ Sleeplessness¹⁰⁹ Tiredness¹¹⁰</p>
<p>SMX (also known as Slimax)¹¹¹</p>	<p><u>INGREDIENTS INCLUDE:</u> CampanumaeaeLanceolata Root Dry LigusticumSinense Root Dry LiliuBrownii Bulb Dry NepheliumLongana Fruit Dry; PanaxNotoginseng PolygonatumMultiflorum Root Dry</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Adipose cell size Adipose number of cells Arteriosclerosis (+ TC) Cholesterol (+ TC)¹¹² Overeating Sweet and junk food¹¹³ Taste for sugar and sweets Weight loss</p>

SOAP	<u>INGREDIENTS INCLUDE:</u> Herbal extracts in JUX base	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Itchy skin etc Irritated skin ? helps to restor skin conditions
SPMED	<u>INGREDIENTS INCLUDE:</u> Mixture of AMX, JUX, XT	<u>PUBLISHED MEDICAL RESEARCH USES:</u> General tonic Spleen Meridian
SPMIX	<u>INGREDIENTS INCLUDE:</u> Combination of ingredients specific for your conditions	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Specifically compounded medication designed on an individual basis Individual conditions will be tailored for in a special combination, dispensed specifically
ST	<u>INGREDIENTS INCLUDE:</u> Cornus Officinalis Fruit Flesh Cortex Moutan DioscoreaBatatas Rhizome Forsythia Suspensa Fruit Paliurus Spina-Christi Seed Rehmannia Glutinosa Root	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Abdominal discomfort Gastritis ¹⁴ Gastro Oesophageal Reflux Disease (GORD) ¹⁵ Nausea (including morning sickness, air, sea or motion sickness) Oesophagitis Reflux Stomach meridian ¹⁶
TC	<u>INGREDIENTS INCLUDE:</u> Millettia Reticulata Stem Panax Notoginseng Root	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Anti-coagulant ¹⁷ Astringent Blood supply and muscle recovery (+ MUS) Cholesterol metabolism Circulation ¹⁸ (+ JUX) Cold hands and feet Heart and Circulation ¹⁹ Hypertension (+ BP&HT) Pituitary
TINSIN	<u>INGREDIENTS INCLUDE:</u> Juniperus Communis Fruit Polygonum Bistorta Root Schizandra Chinensis	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Bed wetting Fluid retention Lymphoedema Pulmonary oedema ²⁰ Swelling ²¹
TRD	<u>INGREDIENTS INCLUDE:</u> Codyceps Sinensis Root Dioscorea Batatas Root Lycopodium Clavatum Root Lycopsus Lucidus Root	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Thyroid (under of over active) – i.e. hypothyroidism or hyperthyroidism ²²
VV	<u>INGREDIENTS INCLUDE:</u> Angelica Sinensis Carthami ConioseliumUnivittatum Root EucommiaUlmoides Bark LigusticumSinense Root &Rhiz Pulsatilla Vulgaris Root	<u>PUBLISHED MEDICAL RESEARCH USES:</u> Circulation ²³ Discoloured superficial veins ²⁴ Varicose Veins ²⁵

<p style="text-align: center; color: red; font-weight: bold;">WTS TOPICAL</p>	<p><u>INGREDIENTS INCLUDE:</u> Aloe Barbadensis Garcinia Mangostana Terminalia Chebula</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Fungal Nails - Onychomycosis¹²⁶ (+HSR (Topical)) & JUVENAL® Herpes Simplex Virus¹²⁷ (+HYP4) Human Papilloma Virus¹²⁸ (+HYP4) Warts¹²⁹ (+HYP4 & WTS)</p>
<p style="text-align: center; color: red; font-weight: bold;">XT</p>	<p><u>INGREDIENTS INCLUDE:</u> Alisma Plantago Aquatica Root Cornus Officinalis Seed Dioscorea Batatas Root Forsthyhnia Damiania Fructus Tribulis Ginseng Rehmannia Glutinosa Root</p>	<p><u>PUBLISHED MEDICAL RESEARCH USES:</u> Body odour, bad breath (Halitosis) (+ HMIX) Circulation and Libido¹³⁰ Cutaneous skin sagging Hair colour Improves circulation Increases ejaculatory strength giving a more complete satisfactory feeling and orgasm¹³¹ Internal wounds Libido Male glands strength Sexual contact and firmness in men and mutual excitement¹³² Sexual dysfunction¹³³ Sexual function - strength and stamina¹³⁴ Sexual well-being and feeling¹³⁵ Urination</p>



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