

2025 Weekly Event Calendar – Depression and Bipolar Support Alliance

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
Dec 2024	29	30	31	1	2 Zoom Meeting 6:30 – 8:30 PM	3	4
Jan 2025	5	6	7 Game Night 6:30 – 8:30 PM Torrance Hospital	8	9	10	11 10 AM – In Person Torrance Hospital
	12	13	14 Dinner Out 6:30 PM - TBD	15	16 Zoom Meeting 6:30 – 8:30 PM	17	18
	19	20	21 Game Night 6:30 – 8:30 PM Torrance Hospital	22	23	24	25 10 AM – In Person Torrance Hospital
	26	27	28 Dinner Out 6:30 PM - TBD	29	30 Zoom Meeting 6:30 – 8:30 PM	31	1
Feb 2025	2	3	4 Game Night 6:30 – 8:30 PM Torrance Hospital	5	6	7	8 10 AM – In Person Torrance Hospital
	9	10	11 Dinner Out 6:30 PM - TBD	12	13 Zoom Meeting 6:30 – 8:30 PM	14	15
	16	17	18 Game Night 6:30 – 8:30 PM Torrance Hospital	19	20	21	22 10 AM – In Person Torrance Hospital
	23	24	25 Dinner Out 6:30 PM - TBD	26	27 Zoom Meeting 6:30 – 8:30 PM	28	1
Mar 2025	2	3	4 Game Night 6:30 – 8:30 PM Torrance Hospital	5	6	7	8 10 AM – In Person Torrance Hospital
	9	10	11 Dinner Out 6:30 PM - TBD	12	13 Zoom Meeting 6:30 – 8:30 PM	14	15

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	16	17	18 Game Night 6:30 – 8:30 PM Torrance Hospital	19	20	21	22 10 AM – In Person Torrance Hospital
	23	24	25 Dinner Out 6:30 PM - TBD	26	27 Zoom Meeting 6:30 – 8:30 PM	28	29
	30	31	1 Dinner Out 6:30 PM - TBD	2	3 Zoom Meeting 6:30 – 8:30 PM	4	5
Apr 2025	6	7	8 Game Night 6:30 – 8:30 PM Torrance Hospital	9	10	11	12 10 AM – In Person Torrance Hospital
	13	14	15 Dinner Out 6:30 PM - TBD	16	17 Zoom Meeting 6:30 – 8:30 PM	18	19
	20 Easter	21	22 Game Night 6:30 – 8:30 PM Torrance Hospital	23	24	25	26 10 AM – In Person Torrance Hospital
	27	28	29 Dinner Out 6:30 PM - TBD	30	1 Zoom Meeting 6:30 – 8:30 PM	2	3
May 2025	4	5	6 Game Night 6:30 – 8:30 PM Torrance Hospital	7	8	9	10 10 AM – In Person Torrance Hospital
	11	12	13 Dinner Out 6:30 PM - TBD	14	15 Zoom Meeting 6:30 – 8:30 PM	16	17
	18	19	20 Game Night 6:30 – 8:30 PM Torrance Hospital	21	22	23	24 10 AM – In Person Torrance Hospital
	25	26 Memorial Day	27 Dinner Out 6:30 PM - TBD	28	29 Zoom Meeting 6:30 – 8:30 PM	30	31
Jun 2025	1	2	3 Dinner Out 6:30 PM - TBD	4	5 Zoom Meeting 6:30 – 8:30 PM	6	7
	8	9	10 Game Night 6:30 – 8:30 PM Torrance Hospital	11	12	13	14 10 AM – In Person Torrance Hospital

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	15	16	17 Dinner Out 6:30 PM - TBD	18	19 Zoom Meeting 6:30 – 8:30 PM	20	21
	22	23	24 Game Night 6:30 – 8:30 PM Torrance Hospital	25	26	27	28 10 AM – In Person Torrance Hospital
	29	30	1 Dinner Out 6:30 PM - TBD	2	3 Zoom Meeting 6:30 – 8:30 PM	4 Independence Day	5
Jul 2025	6	7	8 Game Night 6:30 – 8:30 PM Torrance Hospital	9	10	11	12 10 AM – In Person Torrance Hospital
	13	14	15 Dinner Out 6:30 PM - TBD	16	17 Zoom Meeting 6:30 – 8:30 PM	18	19
	20	21	22 Game Night 6:30 – 8:30 PM Torrance Hospital	23	24	25	26 10 AM – In Person Torrance Hospital
	27	28	29 Dinner Out 6:30 PM - TBD	30	31 Zoom Meeting 6:30 – 8:30 PM	1	2
Aug 2025	3	4	5 Game Night 6:30 – 8:30 PM Torrance Hospital	6	7	8	9 10 AM – In Person Torrance Hospital
	10	11	12 Dinner Out 6:30 PM - TBD	13	14 Zoom Meeting 6:30 – 8:30 PM	15	16
	17	18	19 Game Night 6:30 – 8:30 PM Torrance Hospital	20	21	22	23 10 AM – In Person Torrance Hospital
	24	25	26 Dinner Out 6:30 PM - TBD	27	28 Zoom Meeting 6:30 – 8:30 PM	29	30
	31	1 Labor Day	2 Dinner Out 6:30 PM - TBD	3	4 Zoom Meeting 6:30 – 8:30 PM	5	6
Sep 2025	7	8	9 Game Night 6:30 – 8:30 PM Torrance Hospital	10	11	12	13 10 AM – In Person Torrance Hospital

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	14	15	16 Dinner Out 6:30 PM - TBD	17	18 Zoom Meeting 6:30 – 8:30 PM	19	20
	21	22	23 Game Night 6:30 – 8:30 PM Torrance Hospital	24	25	26	27 10 AM – In Person Torrance Hospital
	28	29	30 Dinner Out 6:30 PM - TBD	1	2 Zoom Meeting 6:30 – 8:30 PM	3	4
Oct 2025	5	6	7 Game Night 6:30 – 8:30 PM Torrance Hospital	8	9	10	11 10 AM – In Person Torrance Hospital
	12	13	14 Dinner Out 6:30 PM - TBD	15	16 Zoom Meeting 6:30 – 8:30 PM	17	18
	19	20	21 Game Night 6:30 – 8:30 PM Torrance Hospital	22	23	24	25 10 AM – In Person Torrance Hospital
	26	27	28 Dinner Out 6:30 PM - TBD	29	30 Zoom Meeting 6:30 – 8:30 PM	31	1
	2	3	4 Game Night 6:30 – 8:30 PM Torrance Hospital	5	6	7	8 10 AM – In Person Torrance Hospital
Nov 2025	9	10	11 Dinner Out 6:30 PM - TBD	12	13 Zoom Meeting 6:30 – 8:30 PM	14	15
	16	17	18 Game Night 6:30 – 8:30 PM Torrance Hospital	19	20	21	22 10 AM – In Person Torrance Hospital
	23	24	25 Dinner Out 6:30 PM - TBD	26	27 Thanksgiving	28	29
	30	1	2 Dinner Out 6:30 PM - TBD	3	4 Zoom Meeting 6:30 – 8:30 PM	5	6
	7	8	9 Game Night 6:30 – 8:30 PM Torrance Hospital	10	11	12	13 10 AM – In Person Torrance Hospital
Dec 2025							

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
	14	15	16 Dinner Out 6:30 PM - TBD	17	18 Zoom Meeting 6:30 – 8:30 PM	19	20
	21	22	23 Game Night 6:30 – 8:30 PM Torrance Hospital	24	25 Christmas	26	27 10 AM – In Person Torrance Hospital
	28	29	30 Dinner Out 6:30 PM - TBD	31	1 New Year	2	3