

Depression and Bipolar Support Alliance
South Bay - Torrance
2026 Weekly Calendar

Month	Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 New Yr	2	3
January 2026	4	5	6 Game Night 6-8 pm TMMC-B	7	8	9	10 In Person Mtg 10-12am TMMC
	11	12	13 Dinner Out TBA 6 pm	14	15 Mtg Zoom 6:30-8:30 pm	16	17
	18	19 MLK	20 Game Night 6-8 pm TMMC-A	21	22	23	24 In Person Mtg 10-12am TMMC
	25	26	27 Dinner Out TBA 6 pm	28	29 Mtg Zoom 6:30-8:30 pm	30	31
February 2026	1	2	3 Dinner Out TBA 6 pm	4	5 Mtg Zoom 6:30-8:30 pm	6	7
	8	9	10 Game Night 6-8 pm TMMC-B	11	12	13	14 In Person Mtg 10-12am TMMC
	15	16 Pres	17 Dinner Out TBA 6 pm	18	19 Mtg Zoom 6:30-8:30 pm	20	21
	22	23	24 Game Night 6-8 pm TMMC-B	25	26	27	28 In Person Mtg 10-12am TMMC

March 2026	1	2	3 Dinner Out TBA 6 pm	4	5 Mtg Zoom 6:30- 8:30 pm	6	7
	8	9	10 Game Night 6-8 pm TMMC-B	11	12	13	14 In Person Mtg 10-12am TMMC
	15	16	17 Dinner Out TBA 6 pm	18	19 Mtg Zoom 6:30- 8:30 pm	20	21
	22	23	24 Game Night 6-8 pm TMMC-B	25	26	27	28 In Person Mtg 10-12am TMMC
	29	30	31 Dinner Out TBA 6 pm	1	2 Mtg Zoom 6:30- 8:30 pm	3	4
April 2026	5 Easter	6	7 Game Night 6-8 pm TMMC-B	8	9	10	11 In Person Mtg 10-12am TMMC
	12	13	14 Dinner Out TBA 6 pm	15	16 Mtg Zoom 6:30- 8:30 pm	17	18
	19	20	21 Game Night 6-8 pm TMMC-B	22	23	24	25 In Person Mtg 10-12am TMMC
	26	27	28 Dinner Out TBA 6 pm	29	30 Mtg Zoom 6:30- 8:30 pm	1	2
May 2026	3	4	5 Game Night 6-8 pm TMMC-B	6	7	8	9 In Person Mtg 10-12am TMMC
	10	11	12 Dinner Out TBA 6 pm	13	14 Mtg Zoom 6:30- 8:30 pm	15	16

	17	18	19 Game Night 6-8 pm TMMC-B	20	21	22	23 In Person Mtg 10-12am TMMC
	24	25 Mem	26 Dinner Out TBA 6 pm	27	28 Mtg Zoom 6:30-8:30 pm	29	30
	31	1	2 Dinner Out TBA 6 pm	3	4 Mtg Zoom 6:30-8:30 pm	5	6
June 2026	7	8	9 Game Night 6-8 pm TMMC-B	10	11	12	13 In Person Mtg 10-12am TMMC
	14	15	16 Dinner Out TBA 6 pm	17	18 Mtg Zoom 6:30-8:30 pm	19 Juneteenth	20
	21	22	23 Game Night 6-8 pm TMMC-B	24	25	26	27 In Person Mtg 10-12am TMMC
	28	29	30 Dinner Out TBA 6 pm	1	2 Mtg Zoom 6:30-8:30 pm	3	4 Ind
July 2026	5	6	7 Game Night 6-8 pm TMMC-B	8	9	10	11 In Person Mtg 10-12am TMMC
	12	13	14 Dinner Out TBA 6 pm	15	16 Mtg Zoom 6:30-8:30 pm	17	18
	19	20	21 Game Night 6-8 pm TMMC-B	22	23	24	25 In Person Mtg 10-12am TMMC
	26	27	28 Dinner Out TBA 6 pm	29	30 Mtg Zoom 6:30-8:30 pm	31	1

August 2026	2	3	4 Game Night 6-8 pm TMMC-B	5	6	7	8 In Person Mtg 10-12am TMMC
	9	10	11 Dinner Out TBA 6 pm	12	13 Mtg Zoom 6:30- 8:30 pm	14	15
	16	17	18 Game Night 6-8 pm TMMC-B	19	20	21	22 In Person Mtg 10-12am TMMC
	23	24	25 Dinner Out TBA 6 pm	26	27 Mtg Zoom 6:30- 8:30 pm	28	29
	30	31	1 Dinner Out TBA 6 pm	2	3 Mtg Zoom 6:30- 8:30 pm	4	5
September 2026	6	7 Labor	8 Game Night 6-8 pm TMMC-C	9	10	11	12 In Person Mtg 10-12am TMMC
	13	14	15 Dinner Out TBA 6 pm	16	17 Mtg Zoom 6:30- 8:30 pm	18	19
	20	21	22 Game Night 6-8 pm TMMC-B	23	24	25	26 In Person Mtg 10-12am TMMC
	27	28	29 Dinner Out TBA 6 pm	30	1 Mtg Zoom 6:30- 8:30 pm	2	3
October 2026	4	5	6 Game Night 6-8 pm TMMC-B	7	8	9	10 In Person Mtg 10-12am TMMC
	11	12 Col	13 Dinner Out TBA 6 pm	14	15 Mtg Zoom 6:30- 8:30 pm	16	17

	18	19	20 Game Night 6-8 pm TMMC-B	21	22	23	24 In Person Mtg 10-12 am TMMC
	25	26	27 Dinner Out TBA 6 pm	28	29 Mtg Zoom 6:30-8:30 pm	30	31
November 2026	1	2	3 Dinner Out TBA 6 pm	4	5 Mtg Zoom 6:30-8:30 pm	6	7
	8	9	10 Game Night 6-8 pm TMMC-B	11 Vets	12	13	14 In Person Mtg 10-12 am TMMC
	15	16	17 Dinner Out TBA 6 pm	18	19 Mtg Zoom 6:30-8:30 pm	20	21
	22	23	24 Game Night 6-8 pm TMMC-B	25	26	27	28 In Person Mtg 10-12 am TMMC
	29	30	1 Dinner Out TBA 6 pm	2	3 Mtg Zoom 6:30-8:30 pm	4	5
December 2026	6	7	8 Game Night 6-8 pm TMMC-B	9	10	11	12 In Person Mtg 10-12 am TMMC
	13	14	15 Dinner Out TBA 6 pm	16	17 Mtg Zoom 6:30-8:30 pm	18	19
	20	21	22 Game Night 6-8 pm TMMC-B	23	24	25 Xmas	26 In Person Mtg 10-12 am TMMC
	27	28	29 Dinner Out TBA 6 pm	30	31 Mtg Zoom 6:30-8:30 pm		