

Tehilla

Thembi has great energy—soft and energetic at the same time. Lots of different ideas, props, specificity, and examples. I found it helpful getting to actually do the activities. Getting in touch with our inner child.

Johnathan

I love the different approaches: visual, auditory, physical. I was grateful for every part of it. There's nothing I would have left out.

Virronica

All of the advice, tips, games and sound suggestions were amazing. I couldn't stop taking notes! I truly enjoyed the training.

Abby

I enjoyed learning about all the different activities and they went along with the book. The trainer was very knowledgeable and was patient and explained everything.



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