

Discover your inner-self through meditation.  
Enjoy a blissful relaxation in our Reiki class.  
For details call H2U office (305) 682-7390

Please come and join us for a special presentation about Meditation and Reiki. There you will have the unique opportunity to be immersed into deep meditation and relaxation.

**Classes Start**

Place: 8<sup>th</sup> Floor Classroom  
Time: Every Wednesday 5:30 pm  
Cost: \$18  
RSVP: H2U office 305-682-7390



Nejume just arrived from her last enlightening world tour, and is ready to transfer her knowledge with all her love and compassion.

*NEJUME WITH HIS  
HOLINESS THE  
DALAI LAMA*



*NEJUME WITH HIS  
HOLINESS SRI SRI  
RAVI SHANKAR*

