

# FLMG CONVOCATION WEEK SCHEDULE 2025

Monday June 23	Tuesday June 24	Wednesday June 25	Thursday June 26	Friday June 27	Saturday June 28
(Live) 11:00 - 2:00 Meditation with Kirtan SRF Monks	(Live) 11:00 - 12:00 Meditation Sister Sarala	(Live) 11:00 - 2:00 Meditation Br Chidananda	(Live) 11:00 - 12:00 Meditation Sister Yogamayee	(Live) 11:00 - 2:00 Guided Meditation Sister Dhira	(Live) 11:00 - 12:00 Meditation Sister Jyoti
(From 6/22) 3:00 - 4:00 Making Life a Spiritual Adventure. Br Satyananda	(Live) 1:30 - 2:30 Satsanga Sister Karuna	(From 6/24) 2:30 - 3:30 Manifesting our Noble Ambition: The Creative Power of Initiative Br Kamalananda	(Live) 1:30 - 2:30 Satsanga Sister Ranjana	(From 6/26) 2:30 - 3:30 The Role of a Guru in one's Spiritual Search Br Sevananda	(From 6/27) 2:00 - 3:30 Paramahansa Yogananda's Kriya Yoga Teachings Br Chidananda
(From 6/23) 4:00 - 5:00 Meditation Br Dhyanaanda	(From 6/23) 3:00 - 4:00 The Art of Relaxation: Counteracting Stress & Experiencing True Serenity Br Govindananda	Movie 5:30 - 7:15	(From 6/25) 2:45 - 3:45 Becoming Ideal Citizens of the World Sister Draupadi		(Live) 4:00 - 5:00 Creating an Inner Environment for Spiritual Progress Br Ritananda
(Live) *Class 5:30 - 6:30 Recharging the Body with Cosmic Energy Br Balananda	(From 6/24) 4:00 - 5:00 Meditation Br Vimalananda	(Live) 7:30 - 8:30 Satsanga Br Bhumananda	4:00 - 5:00 "Optional" Class SRF Digital Resources - TBD Nydia		
(Live) *Class 7:30 - 8:30 Mastering Techniques of Meditation Part I, Hong Sau Br Muktananda	(Live) *Class 5:30 - 6:30 Mastering Techniques of Meditation, Part II - AUM Br Devananda		(Live) 7:00 - 8:30 Kirtan SRF Nun Group		Fellowship Dinner!

\* Requires your student ID card or digital card. Access your digital card via the SRF/YSS app and log in using their SRF Member Portal credentials. If you're not a student yet, you may participate in technique review classes by enrolling for the SRF Lessons by visiting the SRF website at <https://yogananda.org/lessons>.