



## *Why Sublingual Vitamin Sprays*



NUTRAFi's sublingual vitamin sprays offer a revolutionary approach to nutritional supplementation, delivering distinct advantages over traditional forms such as pills, gummies, or powders. The sublingual administration, where the spray is absorbed under the tongue, enhances bioavailability, allowing for rapid absorption directly into the bloodstream.

The science behind sublingual absorption reveals a more efficient route to deliver vitamins compared to the digestive process of pills or gummies. By bypassing the digestive system, the vitamins enter the bloodstream more quickly, ensuring a higher percentage of the nutrients are utilized by the body. This efficient absorption is particularly beneficial for individuals with digestive issues or those who struggle with nutrient absorption.

NUTRAFi's vitamin sprays are designed to provide a convenient and enjoyable experience.

The sublingual delivery method eliminates the need for water or the inconvenience of swallowing large pills. The fine mist ensures precise dosing, allowing users to control their intake with ease.

Moreover, the sublingual route reduces the risk of nutrient degradation during digestion, preserving the potency of the vitamins until they reach the bloodstream. This contrasts with some forms of pills or powders, which may undergo partial breakdown before absorption, compromising their effectiveness.

NUTRAFi's commitment to quality is reflected in their meticulously formulated vitamin sprays, which are free from artificial preservatives and unnecessary additives. The sprays are crafted with a focus on purity and potency, providing a reliable source of essential nutrients.

In conclusion, NUTRAFi's sublingual vitamin sprays stand out as a superior choice for supplementation. Backed by science, these sprays offer increased bioavailability, convenience, and effective nutrient delivery, making them an optimal choice for individuals seeking a streamlined and efficient approach to their nutritional needs.



## IMMUNITY+ FACT SHEET

NUTRAFi's IMMUNITY+ Vitamin Spray offers a potent blend of Echinacea, Vitamin C, and Vitamin E, providing a convenient and effective way to support immune health. This product caters to a diverse range of individuals, making it particularly beneficial for teachers, daycare professionals, and those with compromised immune systems.

For educators, especially teachers and daycare professionals, maintaining good health is crucial to navigate the challenges of a dynamic and often germ-prone environment. The IMMUNITY+ Vitamin Spray offers a quick and easy solution to reinforce their immune systems, helping them stay resilient against common illnesses circulating in schools and daycare settings.

Individuals with weaker immune systems, such as those undergoing cancer treatment or in post-recovery stages, can greatly benefit from the targeted formulation of Echinacea, Vitamin C, and Vitamin E. These ingredients are known for their immune-boosting properties and antioxidative effects, which contribute to overall well-being.

Furthermore, for individuals with autoimmune diseases, a robust immune system is essential for maintaining balance and minimizing the risk of flare-ups. The carefully crafted combination of nutrients in NUTRAFi's spray supports the body's natural defense mechanisms, promoting a healthier immune response.

The convenience of a spray format makes this product user-friendly, especially for those who may have difficulty swallowing pills or prefer a more accessible option. This aspect is particularly relevant for individuals with health conditions that affect their ability to take traditional supplements.

In conclusion, NUTRAFi's IMMUNITY+ Vitamin Spray is a versatile and valuable product catering to the specific needs of teachers, daycare professionals, individuals with compromised immune systems, and those recovering from health challenges. By providing essential nutrients in an easy-to-use format, it empowers users to take proactive steps towards fortifying their immune health, fostering a sense of well-being in the face of various health considerations.



## LIGHTS OUT FACT SHEET

NUTRAFi's LIGHTS OUT vitamin spray is a revolutionary sleep aid powered by the natural potency of valerian root and a touch of melatonin. Designed to promote restful sleep, this unique formula offers a myriad of benefits beyond its primary function.

Valerian root, a key ingredient in LIGHTS OUT, has been long celebrated for its calming properties. Beyond its well-documented role in improving sleep quality, valerian root is recognized for its potential to alleviate stress, anxiety, and even symptoms of depression. By targeting the central nervous system, this botanical extract induces a sense of tranquility, aiding in the reduction of daily stressors and promoting an overall sense of well-being.

LIGHTS OUT's incorporation of passionflower extends its benefits to women experiencing PMS symptoms and menopausal discomfort. The herb's ability to balance hormonal fluctuations can offer relief during these challenging phases, providing a holistic approach to women's health.

For those struggling with insomnia, migraines, or tension headaches, the valerian root in LIGHTS OUT acts as a natural remedy. Its muscle-relaxant properties can ease tension and promote a calm state of mind, contributing to a more restorative sleep.

In collaboration with medical experts knowledgeable in Eastern traditions, we have identified a unique blend of ten herbs known for their sleep-enhancing qualities.

This careful selection aims to provide a restful sleep experience without relying heavily on melatonin, thus minimizing potential side effects often associated with conventional sleep aids.

In summary, NUTRAFi's LIGHTS OUT vitamin spray is not merely a sleep aid; it's a comprehensive solution for various health concerns. By harnessing the power of valerian root and other herbs, this innovative formula addresses stress, anxiety, depression, hormonal imbalances, and more, offering a holistic approach to improving both sleep and overall well-being. Experience the benefits of natural, plant-based solutions with LIGHTS OUT for a rejuvenated and balanced life.



## NUTRABOOST FACT SHEET

NUTRAFi's NUTRABOOST (B12) vitamin spray stands out as a versatile and convenient supplement, harnessing the numerous benefits of Vitamin B12.

One of the primary advantages of NUTRABOOST is its positive impact on mood.

Vitamin B12 is linked to the production of serotonin, a neurotransmitter that contributes to feelings of well-being and happiness. By incorporating this spray into your daily routine, you may experience a noticeable uplift in your mood.

Energy levels are another area where NUTRABOOST shines. B12 is instrumental in the conversion of food into energy, aiding the body's metabolism. Regular use of this spray may help combat fatigue and promote sustained energy throughout the day.

For individuals dealing with ADD or ADHD, NUTRABOOST offers potential benefits. Vitamin B12 supports the production of neurotransmitters in the brain, contributing to improved cognitive function. This can enhance focus and attention, offering a natural option for those seeking cognitive support.

NUTRABOOST's positive effects extend to detoxification processes within the body. B12 aids in the conversion of toxins into water-soluble compounds that can be easily excreted. By supporting the body's detox mechanisms, this spray contributes to overall health and well-being.

Additionally, NUTRABOOST's spray format allows for easy absorption, bypassing the digestive system and ensuring faster delivery of this essential vitamin.

In summary, NUTRAFi's NUTRABOOST (B12) vitamin spray provides a myriad of benefits, including mood enhancement, increased energy, support for individuals with ADD or ADHD, improved focus, and aid in detoxification. By incorporating this innovative supplement into your daily routine, you empower your body with the vital nutrients it needs for optimal functioning and overall well-being.



## ***D3 + K2 FACT SHEET***

NUTRAFi's D3 + K2 vitamin spray offers a myriad of health benefits, making it an excellent choice for individuals seeking a convenient and effective supplement. The combination of vitamin D3 + K2 is particularly noteworthy for its synergistic effects on overall well-being.

Firstly, vitamin D3 plays a crucial role in maintaining optimal bone health by aiding in the absorption of calcium. This is essential for preventing conditions like osteoporosis and ensuring the development of strong and healthy bones. Moreover, adequate levels of vitamin D are associated with immune system support, helping the body fend off infections and illnesses.

Complementing the benefits of vitamin D3 + K2 is essential for proper calcium utilization. It directs calcium to where it's needed – the bones and teeth – and away from arteries and soft tissues, reducing the risk of arterial calcification. This collaborative action between D3 + K2 contributes to cardiovascular health and lowers the risk of cardiovascular diseases.

What sets NUTRAFi's D3 + K2 spray apart is its convenient and easy-to-use system. The spray delivery method ensures efficient absorption, making it an ideal choice for those who may have difficulty swallowing pills or prefer a more convenient option.

Our D3 + K2 Kid Approved status attests to the product's palatability and ease of use for children, making it simpler for parents to incorporate essential vitamins into their child's daily routine. This is particularly crucial as growing bodies require adequate vitamin intake for proper development.

In summary, NUTRAFi's D3 + K2 vitamin spray stands out for its comprehensive approach to health. The combination of vitamin D3 + K2 addresses crucial aspects of bone health, immune function, and cardiovascular well-being. The convenience of the oral spray makes it an excellent choice for individuals of all ages looking to enhance their overall health.



## MOTION MIST FACT SHEET

NUTRAFi's Motion Mist oral spray is specially formulated to alleviate motion-related discomfort with natural ingredients including ginger root oil and peppermint.

This spray also includes Vitamin C and Vitamin B6, which contribute to its effectiveness in reducing nausea and ensuring you remain alert without drowsiness, making it ideal for travel and everyday situations. The product is easy to use, with a recommended application of 4-8 sprays directly into the mouth at the first sign of discomfort for quick absorption and relief.

The product's formulation is vegan-friendly, suitable for children ages 4 and up, and free from sugar, gluten, allergens, GMOs, and fillers, ensuring it is a safe and inclusive option for managing nausea.

Ginger root oil is well-regarded for its natural effectiveness in easing motion-related discomfort, largely due to its anti-inflammatory and gastrointestinal calming effects. It can help reduce the severity of nausea and vomiting by promoting the proper function of the gastrointestinal system. These benefits are mainly attributed to gingerol and shogaol, compounds found in ginger that possess anti-inflammatory and antioxidant properties.

Peppermint oil provides relief by soothing the gastrointestinal tract. It acts as a natural antispasmodic (relieves muscle spasms) and calming agent in the gastrointestinal tract. The menthol in peppermint oil assists in relaxing stomach muscles, which can help diminish feelings of bloating and nausea.

By combining ginger and peppermint oils, NUTRAFi's Motion Mist offers a robust solution to managing discomfort, enhancing the effectiveness of the spray, and allowing for a smoother more comfortable journey.