

Conflict Management & Legal and Ethical Consideration in Therapy

Workshop 1: Treating Victims of Domestic Abuse

Understanding Domestic Abuse

- Types of abuse: physical, emotional, psychological, financial
- Dynamics of power and control
- The cycle of abuse

Screening and Assessment

- Tools and techniques for identifying domestic abuse
- Risk assessment and safety planning

Intervention Strategies

- Trauma-informed care
- Crisis intervention
- Therapeutic approaches: Cognitive Behavioral Therapy (CBT) and Eye Movement Desensitization and Reprocessing (EMDR)

Legal and Ethical Considerations

- Mandatory reporting laws
- Confidentiality issues
- Working with law enforcement and legal systems

Support Systems

- Building a support network: shelters, hotlines, and community resources

Workshop 2: Identifying and Treating Narcissistic Abuse

Recognizing Narcissistic Abuse

- Characteristics of narcissistic personality disorder
- Signs of narcissistic abuse
- Impact on victims

Assessment Tools

- Techniques for assessing narcissistic traits
- Extent of abuse assessment

Therapeutic Approaches

- Strategies for helping survivors
- Trauma-focused therapy
- Boundary setting
- Self-esteem rebuilding

Psychoeducation

- Educating clients about narcissistic behaviors
- Importance of self-care

Support and Resources

- Connecting clients with support groups
- Resources for ongoing support

Workshop 3: Conflict Management

Understanding Conflict

- Types of conflict: intrapersonal, interpersonal, organizational
- Sources of conflict
- The role of communication

Conflict Resolution Strategies

- Mediation
- Negotiation
- Collaborative problem-solving techniques

Therapeutic Techniques

- Using CBT, Dialectical Behavior Therapy (DBT), and other therapeutic approaches to manage and resolve conflict

Cultural Competence

- Understanding how cultural differences impact conflict
- Resolution strategies

Practical Applications

- Role-playing exercises

- Case studies
- Real-world applications

Workshop 4: Legal and Ethical Considerations in Therapy

Mandatory Reporting

- Understanding mandatory reporting laws
- Steps to take when mandatory reporting is required

Confidentiality

- Maintaining confidentiality in therapy
- Exceptions to confidentiality

Working with Legal Systems

- Collaboration with law enforcement
- Understanding legal procedures

Ethical Decision-Making

- Ethical frameworks in therapy
- Handling ethical dilemmas

Professional Boundaries

- Setting and maintaining professional boundaries
- Addressing boundary issues