



Naperville Seniors in Action

Seasonal Newsletter

Affordable transportation for Naperville Senior Citizens

Fall 2021

Thanks

Thank you for participating in Naperville's only transportation option for seniors where our drivers wait for the seniors during their medical appointment.

Thank you to **Coldwell Banker - Leavenworth Team of Naperville** for their continued support of RAN.

Donate

During this Pandemic we need any support we can receive!

Every little bit helps ensure that we stay on the road, providing rides for seniors in Naperville.

Thank you!

RAN to Date

- 388 Active Riders
- 38 Volunteer Drivers
- Over 5,755 One-Way Rides Completed
- Over 160 Medical Destinations

Volunteers Needed

Do you know someone who might be a good fit as a volunteer RAN driver? Please send them our way! Volunteering with us is flexible and rewarding. We are always in search of qualified volunteers to help.

A Note From our Board President

A couple of weeks ago we made an announcement to the drivers that Ashley Abraham has rejoined RAN as it's Executive Director. I would like to personally welcome Ashley into this position.



When Ashley indicated that now that her children were back in school, she would love to come back to RAN in some capacity I was thrilled. We had several discussions and agreed that this is a great position for her and for RAN. As a former Program Coordinator, and a RAN Board member she is uniquely qualified, and we are excited she has taken this opportunity.

To answer some question, yes, I am still the President of the RAN Board, and look forward to working with RAN into the future. We are dedicated to growing RAN and continuing to serve our community! ~Tim Ells

Share the Warmth by Baking

Nothing says an Autumn Day like finding comfort inside while the days get cooler. It's a time to be mindful of those who may not have the opportunity to share small moments with another. Turning the stove up and extending your recipe just a little, could help brighten any day when sharing a yummy treat with a friend or loved one! Find some fall recipes here: <https://bit.ly/2XAOFhI>

Autumn Gardening

Whether you are a garden expert or new to digging your hands in the soils of the garden, fall is the best time to make those dreams of creating life come true! The winds may be blowing colder, and the ground is surely to freeze under our feet quickly. A great read by the



Growing Place, states that Autumn is a great time for many vegetables such as, beets, broccoli, cabbage, carrots and many more! Though our trees are shedding the weight of their beauty, we may all agree that the spark of life starts from within. For more gardening tips for all levels of experience & ages, follow the link below to The Growing Place Blog www.thegrowingplace.com/blog/.

Ride Requests

Please inquire with your medical team to see if you can do a phone or video call with your doctor to avoid an unnecessary visit to the doctor's office. Always confirm your appointment before making a ride request with us. We will make every effort in getting you to your medical appointments if we can find a volunteer driver.

COVID-19

All riders must sign our COVID-19 waiver before being able to schedule a new ride. If you or someone you have been in physical contact with has tested positive for COVID-19, and you have recently taken a ride with RAN, please let us know. We would need to be able to inform our drivers so they can get tested and use proper quarantine protocols in the event of an exposure. We are always doing our best to keep our RAN community safe.

Contact Us

Our office staff will be working remotely for the foreseeable future. Leave us a detailed voicemail, and we will call you back as soon as possible. You can also email anytime.

Office: (630) 864-3087

www.rideassistnaperville.org

info@rideassistnaperville.org

Mailing address:

790 Royal St. George Dr.
Suite 141 #156
Naperville, IL 60563

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Ride Assist Naperville Needs You

Ride Assist Naperville could not be more thankful for the ongoing support from our Riders and Volunteers.

We love getting inquiries from people you have referred to us on how they can help.

During the many months in lockdown, 29 of our amazing RAN Volunteers who felt comfortable driving, were generous enough to assist in over 375 essential round-trip rides for seniors needing on-going treatments to remain healthy.

Please help Ride Assist Naperville continue to serve more Seniors in need!

How can you help?

Attached to our newsletter you will find our Volunteer Flyer. If each of you could share this with even one person, it could make the biggest impact for this essential program!

If you are able, please leave it at a community bulletin board, or with someone you know!

Help Ride Assist Naperville continue to serve more Seniors in need!



Ride Assist Naperville Volunteer Help

Not able to share our flyer? No problem! Even the smallest donations can make the biggest influence!

Online Donations

www.rideassistnaperville.org/home/donate/

Mail cash or checks payable to Ride Assist Naperville here:

790 Royal St. George Drive
Suite 141 #156
Naperville, Illinois 60563

Health and Safety

For those of you who are eligible for the COVID-19 Vaccine Booster, the CDC has released more information about the health & safety benefits of the booster shot.

Based on the CDC & State of Illinois Health Department recommendations, Ride Assist Naperville requires all its volunteer drivers to be fully vaccinated against COVID-19.

CDC: <https://bit.ly/3m7Oc05>

IDPH: <https://bit.ly/3pn84hI>

