

Fitzpatrick Skin Typing Scale

We use this scale to classify your skin so that we can work out a tanning program to suit you.

Your Ethnic Origin _____

TICK THE BOX THAT APPLIES TO YOU

	0	1	2	3	4
Eye Colour	Light blue grey, green	Blue grey green	Blue	Dark brown	Brown black
Skin Colour	Reddish	Very pale	Pale with beige tint	Light brown	Dark brown
Freckles	Many	Several	Few	Hardly any	None
Natural hair colour	Sandy/red	Blonde	Chestnut or dark brown	Dark brown	Black
How do you react to over exposure to the sun? (without protection)	Pain, redness, blistering, peeling	Blistering and peeling	Burn sometime and peeling	Rarely burns	Never burns
How tanned/brown do you go in the sun?	Hardly/Not at all	Light colour tan	Reasonable tan	Tans easily	Tans dark brown quickly
Would you go brown within several hours?	Never	Seldom	Sometimes	Often	Always
How does the skin on your face react?	Very sensitive	Sensitive	Normal	Resistant	No reaction

ADD THE SCORES

SCORE FOR SKIN TYPE	FITZPATRICK TYPE
0-7	I
8-16	II
17-25	III
26-30	IV
OVER 30	V-VI

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Tanning & Beauty