# CAMP APPLICATION

\_\_\_\_\_

Name

Male or Female\_\_\_\_\_

Address

City/State/Zip\_\_\_\_\_

Parent/Guardian Phone \_\_\_\_\_

School (Fall of 2022)\_\_\_\_\_

Grade (Fall of 2022)

T-Shirt Size (Youth L) Adult: S, M, L, XL, XXL

Parent Email\_\_\_\_\_

Parent/Guardian Signature

If your son/daughter will be under the age of 18 while at our camp, it is our policy to secure consent for medical treatment. In case of illness or injury, permission is granted to treat the participant at any appropriate medical facility. By signing you are giving your consent in advance for medical treatment. Furthermore, as a participant in the camp, I hereby state that I am aware of and accept the risk inherent in the program activity. The above signed does hereby agree to hold harmless and indemnify "Nothing But Net", their offices, agents and employees, from any and all liability, loss damage, costs, or expenses which are sustained, incurred, or required arising out of the camp.

 Send application and camp fee of:

 Sun Prairie Resident
 \$ 80.00

 Non Resident
 \$100.00

 Application Deadline: July 31st

 (If you register after this date, the camp fee is \$110)

Make checks payable to: Sun Prairie Back Court Club Send to: Denise Wagner 2264 Glen Oaks Circle Cottage Grove, WI 53527

Cell: 608-712-1467 Email: jboos@sunprairieschools.org Each camper will receive a Camp T-Shirt and Nothing But Net Fundamental Packet



# *"Nothing But Net"* BASKETBALL CAMP

**Featuring:** 

## COACH FORREST LARSON COACH JEFF BOOS

For Grades 3rd-8th Boys & Girls

Sun Prairie High School Field House

August 1st - 4th Camp Times 9:00 - 12:00

## **Registration:**

Monday: 8:30 - 9:00 AM

# CAMP PHILOSOPHY

This is an intense and physically demanding offensive camp designed for the **serious** basketball player. It is our goal to make sure that every player improves their offensive skills at the "Nothing But Net" Camp and that after camp is over, each player will have experienced how hard you must work to truly become a better basketball player. It is important to remember that the "Nothing But Net" Basketball Camp is an intensive/offensive instructional camp that emphasizes the development of basketball skills rather than team play. You must attend camp in peak physical condition, with a willingness to work, and a passion to improve your individual skills.

At the "Nothing But Net" Basketball Camp, we focus on making each player a better offensive player. Each session we work on techniques and skills that are crucial to becoming a great basketball player. It is our goal for each player to return to their team with new ideas, drills, workouts, and to a more inspired, dedicated, and effective basketball player.

The topics we will cover at camp include:

- Building a ball handling and overall offensive skills program
- Goal setting
- Scoring off the dribble
- Workouts to use during the off season
- Workouts to use when you are by yourself
- Workouts to use with a partner
- How hard you must work to truly become a better basketball player

Part of each session will be devoted to shooting the basketball. Proper footwork and shooting techniques will be discussed, demonstrated and drilled. They will also learn to shoot off the dribble.

## IMPORTANT INFORMATION

Any questions regarding camp information, please contact Coach Boos.

Email Address: jboos@sunprairieschools.org Cell: 608-712-1467

#### Bring your own well-marked basketball to camp!

Should you have the unfortunate circumstance of canceling your camp attendance, a \$40.00 payment will be deducted from your camp fee. No Refunds one week prior to camp.

## **Camp Director**

Forrest Larson has spoken at over 150 different basketball camps and clinics, in fifteen different states, over the past twenty years. His basketball demonstrations and lectures are in demand throughout the country. In the past, Coach Larson has been head basketball coach at Badger High School in Lake Geneva, WI. Prior to that he was head basketball coach of Ladysmith High School, implementing the offensive skills program taught at his camps. Coach Larson's teams have made four trips to the Wisconsin State Tournament over an eight year period. In 2003 Ladysmith won the state championship with an impressive 25-2 record. Larson was named coach of the year in Wisconsin by the Wisconsin Basketball Coaches Association and the National Federation of State High School Associations. His 1996 and 2002 teams also played for state championships. Under Larson, Ladysmith won 6 conference championships, 5 regional championships, and 4 sectional championships. Coach Larson has produced two bestselling offensive skill tapes, "Take It to the Rim" and "100 Trips-A Full Court Workout." Coach Larson was named to the WBCA Basketball Hall of Fame in 2011

## WHAT OTHER COACHES ARE SAYING

Forrest Larson is proof that you can be a great teacher of the game no matter where you are. I would send my son/daughter to his camp in a New York minute.

#### Dick Bennett

Retired Coach

At the camp, you will use many of the same drills we use in our own individual instruction. We consider these drills vital to our success. If you are serious about putting in the time and effort that it takes to become a better player, I would strongly recommend that this camp be part of your summer schedule.

#### Billy Donovan

Head Coach Chicago Bulls

Forrest Larson is one of the best I have ever seen working with young players, improving their offensive skills. Our staff and players look forward to inviting him to the Iowa basketball camps each summer.

#### Steve Alford

Head Coach, Nevada

### **Camp Director**

Jeff Boos just finished his 27th year as a Head Boys Basketball Coach at Sun Prairie High School and 40 total years. Coach Boos was selected to the Wisconsin Basketball Coaches Hall & Fame in 2020. During Coach Boos' basketball coaching career, his teams had 452 wins and 389 loses. Coach Boos' teams have won 6 Conference Championships, appeared in 17 Regional final contests, along with 12 Sectional appearances and 2 Sectional Championships. His 2017-18 went to the State Tournament for the first time in school history. In 2018-19 his team lost in the WIAA Division 1 State Final Game. In 2018-19 he was selected as AP Coach of the Year in the State of Wisconsin. He was also selected as WBCA Coach of the Year 2018-19. He was also named USA Today Wisconsin Coach of the Year 2018-19. He was also selected as Madison State Journal Area Coach of the Year 2018-19. He has been selected 2 times as Coach of the Year in the Lumberjack Conference and 4 times as Coach of the Year in the Big 8 Conference. In 2018 Coach Boos received the prestigious Steve Randall Award for integrity, passion and professionalism in teaching and coaching. In 2012 Coach Boos received the Eli Crogan Humanitarian Award. Coach Boos was named the WBCA All-Star Head Coach in 2004 and served as an assistant in 1994. He has served the WBCA Board for 20 plus years. Coach Boos has spoken at a number of basketball camps and clinics throughout the Midwest. Boos is recognized by his peers as an outstanding teacher of shooting.

### WHAT OTHER COACHES ARE SAYING

Coach Boos' unique ability to help individual players maximize their potential is simply indispensable. He has brought a level of excitement to our program that didn't exist before.

#### **Scott Seifert**

Former Ladysmith Head Girls Basketball Coach

I have known Coach Boos for the better part of twelve years and experienced, first hand, his wisdom. He knows the game, loves to teach, and has the knowledge from which to pull from. Fundamentals, those building blocks of basketball, may be basic, but few teach them better than Coach Boos. Players learn easily from Coach Boos, because he breaks down his drills into understandable language, with clear, concise demo-stations. Drilling correctly with high repetitions is his method for teaching. If a player wants to shoot, score and handle the ball better, Coach Boos will help you do that.

#### Andy Cerroni

Sussex Hamilton Head Boys Basketball Coach

No one is better than Sun Prairie's Jeff Boos on teaching offensive moves, shooting, cutting and screening.

#### Jeff Reiche

Retired Boys Basketball Coach 2011 Division 4 State Champions Marathon High