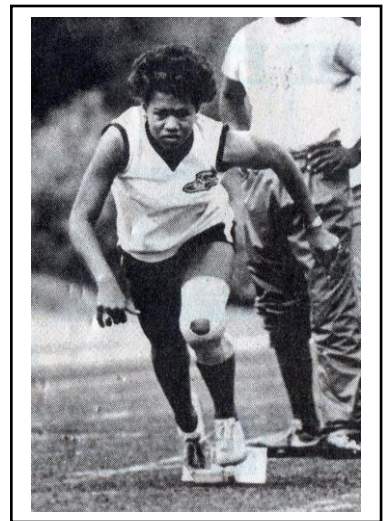


ANGIE REED

A strong, independent, and relentless competitor, Angie Reed used her athletic skills to develop into a medalist in the high jump at the state level and then into a Division I college basketball player. She was always working to achieve goals, starting early in sports with bowling with her family. She enjoyed success, recognizing herself as a high achiever, a trait that served her well in school as a consistent leader, starting with the Presidential Physical Fitness trials in elementary school, then to junior high, high school sports and beyond.

Coach Lynette Miles at Monelison instilled in Reed the concept that her natural ability and competitive spirit, combined with hard work, would generate high levels of achievement.



A point guard at ACHS, Reed credits Coach Barbara Wood for further promoting the principle of discipline in practice to become the best athlete she could be. With that foundation, she developed and exhibited characteristics of a leader: the ability to keep cool under pressure, to assess the situation and act decisively, to be the consummate team-player and engage whoever was in the most advantageous place to benefit the team. She also recognized when her own individual skills were needed to be a catalyst for a change in the direction of a game.

Even at 5'6", she managed as a senior to average 4 rebounds per game, to complement 11 points and 6 assists. A great leaper, Reed then turned her energies in the spring toward the high jump. She capped off her last two years at ACHS with Western District championships, one regional title, and a fifth place finish at the state meet. She held the ACHS high jump record, at 5'5", only one inch below her own height. It was at the state level of track competition that Reed recognized her own place among the state's leading athletes.

Following high school, Angie Reed's goal was to play basketball in college, and, through persistent effort after acceptance at Virginia Commonwealth University, she made the Division I team as a walk-on. Her athletic career in college was halted by knee injuries, but she completed her B.S. degree in business, and later an M.B.A. from Averett, with induction into the Pinnacle, an honor society at the college. Reed continues to enjoy the sports of bowling and golf as recreation.

Angela Denise Reed – August 7, 1965

Career Highlights

- ACHS: Advanced diploma, National Honor Society; 3-sport athlete – volleyball, basketball, track
- ACHS basketball: First team, All-Western District (1983) – point guard and team leader, averaging 11 points, 6 assists, and 4 rebounds per game
- ACHS track: High Jump – Western District first place; regional, third place; state meet, fifth place (1982); Western District championship; district and regional, first place; state meet, fifth place (1983)
- VCU basketball: made team as a walk-on