

### October Newsletter

### Message from the Director

Dear Chamber Members,

September was busy in all the best ways from ribbon cuttings, markets, concerts, and plenty of chances to cheer each other on.

Now October is here, and it's stacked: luncheons, festivals, coffees, galas, and more. But at the center of it all is the Jamburgeree, October 17–18.

This isn't just another weekend on the calendar! It's a Chamber-run, FREE, two-day, Athens-style celebration of who we are: The Black-Eyed Pea Capital of the World and the Home of the Hamburger.

The support pouring in already, from sponsors, volunteers, vendors, and neighbors, is proof that this festival belongs to everyone.

My hope is simple: That you'll come downtown, bring your family, and take it all in. The food, the music, the laughter, the games, the history.

This is Athens at its best and we're excited to CELEBRATE IT!

Warmly,

Jennifer Browning Executive Director



### WHAT'S HAPPENING?



# October





### MONDAY

OCT. 6

Rotary Golf
 Tournament at ACC

### TUESDAY

OCT. 7

 National Night Out at Kiwanis Park
 (5:30 - 7:30pm)

### WEDNESDAY

OCT. 8

 Chamber Luncheon at Cain Center YMCA (noon)

### FRIDAY

OCT. 10

- Ribbon Cutting at ETR A/C &
   Heating at 9 a.m.
  - The Addams Family Young at Part @ SNAPA

### SATURDAY

OCT. 11

- Athens, TX Farmers Mkt (9 a.m.-Noon)
  - Octoberfest @ St. John Lutheran (11 a.m. - 2 p.m.)
- Cain Center YMCA Fall Fest (5 p.m.)
  - St. Edward's Gala
- Foo Fighters Tribute Band at The Texan
  - The Addams Family Young at Part @ SNAPA

# September Businesses of Month

**SMALL** 



Get-A-Handyman

Chris and his staff deliver quality work while lending hands, dollars, and heart to our community.

Nominees: Henderson County Texas Farm Bureau, Stage Notes Academy of Performing Arts

LARGE



Veterinary Medical Center of Athens

From check-ups to emergencies, Veterinary Medical Center brings calm, compassion, and trusted care.

Nominees: UT Health, Republic Services



First State Bank

First State Bank supports our area in countless ways, with friendly staff and lasting community commitment.

Nominees: Allen Family Dentistry, Anderson's Gibson Pharmacy



COMMUNITY CHAMPION

**Drew Boring** 

Drew has a way of making everything better, with positivity, sharp ideas, and hard work.

Nominees: Deborah Deas, Kandi Jones

# BODY LANGUAGE MISTAKES YOU MAY BE MAKING AND HOW TO FIX THEM

A presentation, meeting or negotiation can easily be ruined by an unconfident individual who are saying one thing with their mouth, but something entirely different with their body.



### **Rubbing your hands**

Clasping your hands, rubbing them together or fidgeting with them indicates nervousness. These may give your audience the impression that you're uncomfortable and don't believe what you're saying.

**Instead:** Experts suggest keeping your arms to your side and in an open manner. Use your hands to deliver calculated, concise gestures in conveying your words.



### Crossing your arms

This gives others the sense that you're unimpressed or something is amiss. It's a defensive position that can easily put a distance between you and your audience.

**Instead:** Be conscious of keeping your arms open and away from your body throughout like you're about to give someone a bear hug. This open gesture is inviting, trusting and warm, giving a sense of peace and confidence for your audience.



### **Avoiding eye contact**

Constantly looking at the clock, at your feet, at the screen or anywhere else but at your audience will all make you appear unconfident and unprofessional.

**Instead**: Briefly establish eye contact to a comfortable degree with everyone when making a point. Keep it short, sincere but not too quick. Nodding your head is also a positive gesture to encourage your audience while they're speaking and shows interest on your part.



#### **Poor Posture**

Among the many attributes of body language, posture is one of those that speak the loudest. Slouched back, drooped shoulders or limped neck will all send a weak message that can easily have your audience question your professionalism.

**Instead:** Assume a confident posture by standing straight and keeping your shoulders firm but not rigid or tight. Keep your head high and legs strong. These will not just make you look confident on the outside but also make you feel more confident on the inside.



### Annoying movements

Annoying movements. Pacing back and forth, moving your arms and legs quickly are common distractions that will not fare well when trying to present and persuade your audience in a meeting, negotiation or presentation.

**Instead:** Navigate the room with slow confidence. Avoid just staying in one place. Send a more positive message by slowly moving across the front or the entire crowd.



### Fidgeting your legs

Fidgeting your legs. Being farthest from your brain, the legs can naturally be the hardest to control while presenting. Fidgeting with your legs or constantly readjusting your standing position will give the audience the feeling that you're uneasy and restless.

**Instead:** Stand confidently. Initiate calculated and controlled movements towards your audience so they think you're a seasoned veteran who has already practiced these movements several times before.

# Fall into Athens Decorating Contest

Fall is in the air and Athens is ready for some fun...

We are counting on you, as well as many other Athens merchants to contribute to the pride and excitement by decorating the outside entrance of your business using a Fall theme.

On October 12th volunteers will once again festively be decorating the Courthouse lawn with pumpkins, hay, scarecrow, etc.

Keep Athens Beautiful is sponsoring a Fall into Athens decorating contest. Please consider a beautiful fall theme for your display.

All decorations should be completed by October 14th .

Judging will take place on October 15th.

Winners will be announced with pictures in Athens Review

We have added the following categories to make the contest more fun.

### The CHAMBER is DECORATING!

Children's Theme
Best use of a Pumpkin
Traditional Theme
Most Original Theme

**ARE YOU?** 

Call Keep Athens Beautiful at 903-675-7961 to enter your display.



94.5 FM 1410 AM

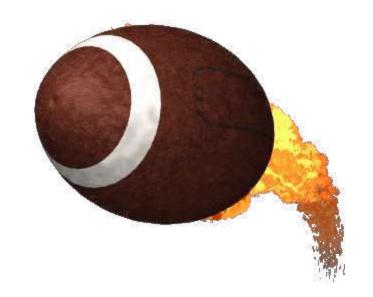
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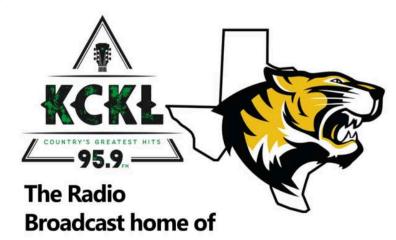


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## Malakoff Tigers Athletics

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# Kiwanis Park October 7 5:30-7:30PM



### **OCTOBER CHAMBER LUNCHEON**



10.8.25 @ NOON

\$20/cash or credit

214 Loyola Dr., Athens

Join us at The Cain Center YMCA with a delicious lunch from Treehouse Catering



Steve Tanner with
ExpressPros will be
discussing
mental health in the

workplace



### Register for luncheon:

pci.jotform.com/form/252684752211153



WIN A 3-MONTH
SERVICE MEMBERSHIP



# Thursday, Oct. 10











Book by MARSHALL BRICKMAN and RICK ELICE

Music and Lyrics by ANDREW LIPPA

young@part

Based on Characters Created by CHARLES ADDAMS

### October 10-19



For Tickets, use the QR Code or visit us at stagenotesapa.com/tickets

THE ADDAMS FAMILY Young@Part® is presented through special arrangement with and all authorized production materials are supplied by Theatrical Rights Worldwide.

1180 Avenue of the Americas, Suite 640, New York, NY 10036

# FARMERS NARKET



ST. JOHN LUTHERAN CHURCH PRESENTS







11 am -2 pm

### OKTOBERFEST

2 0 2 5











FREE FOOD - LIVE MUSIC - COLD BEER CIRCUS - MEDALLION HUNT - CAKE WALK

451 LILA LANE, ATHENS, TX 75751

WWW.STJOHNATHENS.ORG





Saturday, October 11th, 2025

6PM - 10PM ♦ Tony's Event Center, Athens, TX

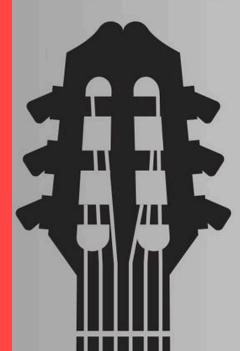
\*Dinner \*Casino \*Dancing \*Cash Bar

Live Music, Featuring The Wesley Pruitt Band

Silent & Live Auctions Wine Pull & More!

For Sponsorship & Ticket Information
Call (903) 675-2509

# FOO FIGHTERS TRIBUTE



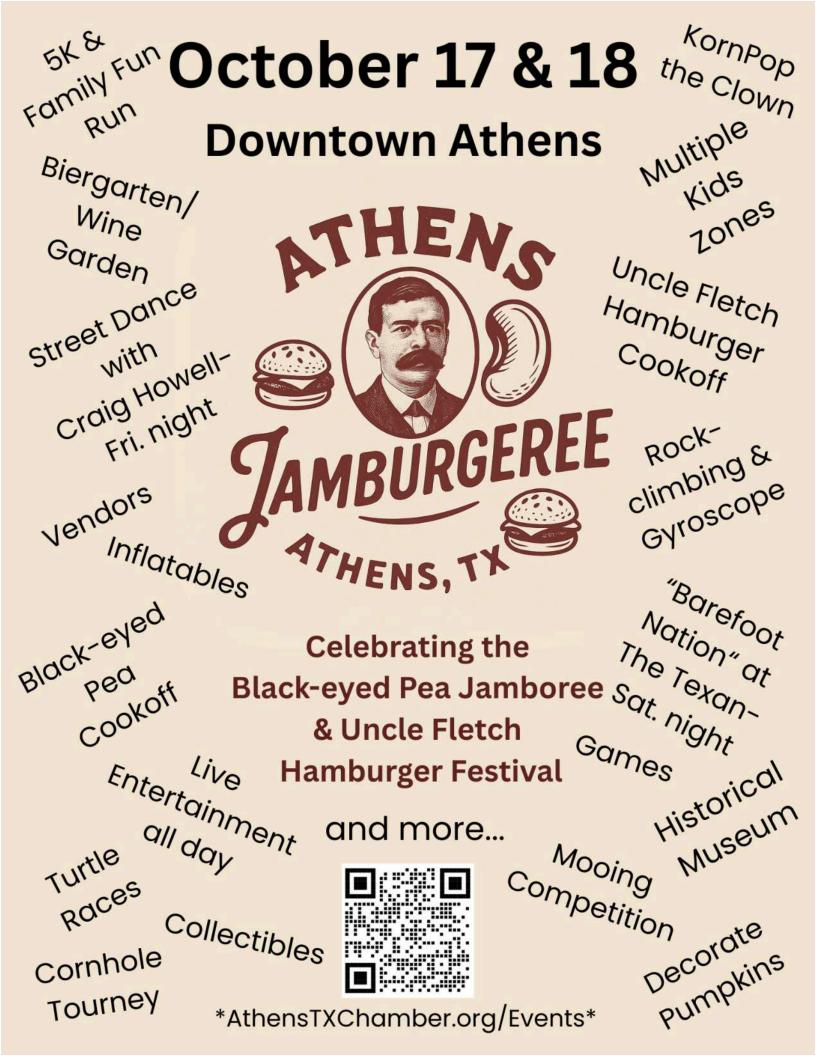




SMOKY B BARBEGUE

THETEXANATHENS.COM/SHOWS







### THANK YOU

# sponsors!



**5K Family Fun Run** 













**Premier Sponsors** 



Black Eyed Pea Cookoff Sponsor







**Champion Sponsors** 





























Leader Sponsors





**Turtle Race Sponsors** 



Pumpkin Patch Sponsor



**Partner Sponsors** 











In Kind Sponsors















### HAMBURGER COOKOFF ENTRY FORM

Saturday, October 18, 2025 Deadline: Submit to Chamber by Friday, October 10, 2025



Name:	Phone:					
Address:	Email:					
Burger Entry: Burger Name:	\$1,400 in CASH PRIZES!!					
Description (please write enough to describe your burger):						
Please check which category	you are entering:					
Individual	Business/Team					
Entry Fee for Individual is \$50 and \$	100 for Business/Team					
Official Cook-Off Entry Rules – 2025 Uncle	Fletch Hamburger Cook-Off					

### Load-In and Setup:

 Contestants may load in between 12:30 p.m. and 1:30 p.m. on Saturday, October 18, 2025. Propane grills only are permitted for cooking. No charcoal or open-flame setups will be allowed.

### Cooking and Submission Requirements:

- · All burgers must be prepared on-site and delivered to the official judging station, located at the corner of Tyler St. and Prairieville St., between 3:00 p.m. and 3:15 p.m. on the day of the event. Each entry must include two (2) fully assembled hamburgers cut into quarters and will be blindly judged.
- · A completed entry form must accompany each submission. Also, entries without a form will not be accepted. All packaging must be secure and clearly labeled and will be provided.

#### Judging and Awards:

 Judging will be conducted blindly by a panel of judges. Winners will be announced at 4:00 p.m. from the Main Festival Stage, located on the west side of the Henderson County Courthouse square. Compete for the honor of taking home the coveted Golden Hamburger and \$1,400 in Cash Prizes!

Call 903-675-5181 or email athenstxchamber@outlook.com with questions.

Thank you for competing in the historic Uncle Fletch Hamburger Cookoff!

FOR OFFICE USE ONLY: Date Received: F	Paid: 🔲	Cash $\square$	Check Initials:
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### BLACK-EYED PEA COOKOFF ENTRY FORM

Saturday, October 18, 2025 Deadline: Submit to Chamber by Friday, October 10, 2025



Name:			
Address:			
Dish Info: Name of Dish:	\$2,000 in CASH PRIZES!!		
Description (please write enough to describe	your dish):		
Please check which categ	ory you are entering:		
Appetizer Salad	Main Dish Sweet		
Entry fee is \$20 per categor	ry - Cash or Check		
Official Cook-Off Entry Rules - 20	25 Black-Eved Pea Cook-Off		

#### **Entry Submission:**

• All dishes must be fully prepared in advance and delivered to the official judging station located at the back entrance of The Texan (209 E. Tyler St., Athens, TX 75751). Entries must be delivered between 11:00 a.m. and 11:30 a.m. on Saturday, October 18, 2025. Late submissions will not be accepted.

#### **Entry Requirements:**

• Each submission must include a minimum of five (5) servings of the dish. A completed entry form must accompany the dish, along with a full written recipe (lines for recipe provided on the reverse side of the entry form).

#### **Judging Guidelines:**

 Entries will be evaluated through a blind judging process in each designated category. Contestants may enter the same dish in multiple categories, provided that a separate entry (with at least five [5] servings per category) is submitted for each. Each category entry must be packaged and labeled separately.

#### Winners and Awards:

- Winners will be announced at 2:00 p.m. from the Main Festival Stage, located on the west side of the Henderson County Courthouse square.
- \$2,000 in cash prizes will be awarded.

Call 903-675-5181 or email athenstxchamber@outlook.com with questions.

Thank you for competing in the historic Black-Eyed Pea Cookoff!

FOR OFFICE USE ONLY:	Date Received:	Paid: 🗌 Cash 🗌 Check Initials:	
			-



### Sat. October 18 8 AM Start

Cain Center YMCA 214 Loyola Dr., Athens



Athenstxchamber.org/Jamburgeree



# Kenny Chesney Tribute Band





SATURDAY





OCTOBER 18



The Texan Athens.com/Shows







- October 16 Coffee with the Chamber at Anderson's Gibson Pharmacy (8:30 - 9:30 AM)
- October 16 Da Vinci Robot Launch at UT Health (3:30 5 PM)
- October 17 JAMBURGEREE: Street Dance with Craig Howell (6 - 9 PM)
- October 18 JAMBURGEREE: Black-Eyed Pea 5K/Family Fun Run: Cain Center YMCA (8 AM)
- October 18 Athens, TX Farmers Market Downtown (9 AM Noon)
- October 18 Cowboy Headquarters Community Market (9 AM – 3 PM)
- October 18 JAMBURGEREE: Black-Eyed Pea Jamboree & Uncle Fletch Festival, Downtown Athens (10 AM - 4:30 PM)
- October 18 Montalba Music Festival (4 10:30 PM)
- October 18 JAMBURGEREE: Kenny Chesney Tribute Band "Barefoot Nation" at The Texan (7 PM)
- October 18 Sleepless Nights Concert at Athens VFW (7:30 PM)
- October 19 HCPAC Trunk or Treat (4 6 PM)
- October 22 Senior Citizens Homecoming Dance at Athens Country Club (2 - 4 PM)
- October 25 Athens, TX Farmers Market Downtown (9 AM Noon)
- October 29 Brinson Trunk or Treat (4:30 6:30 PM)
- October 31 Freelancers Halloween Mash (6:30 8:30 PM)
- October 31 Halloween Costume Party at Athens VFW (7:30 PM)