



"Happy Sisterhood Month"
Thank You Founders Day Committee
For an Unforgettable
~ Founders Day Celebration ~



PICTURED ABOVE

FRONT ROW (FROM LEFT):

Alana Smith, Minnie Hooks, Chris Rahmings, Kim Artis,
Ranice Monroe, Crystal Moody, Pam Wilkins

BACK ROW (FROM LEFT):

Kathy Bruno, Tisha Moorer, Neketa Watson,
Jenise Griffin, Rozalyne Wiggerton, Sharon Wheeler

~ NOT PICTURED ~

Marie Ackord and Monique Campbell

"Happy Sisterhood Month from the President"

~ *My Dynamic and Dedicated Sorors of CCAC* ~

March is the month that we renew relationships with each other, reconnect with line sisters, and reflect on the true meaning of sisterhood. As you embrace the beauty of **Sisterhood** and **Women in History Month**, reflect on why God created you to become a member of this organization. Be the woman of God you were called to be!

Sorors, if you have a daughter, God daughter, sister, or special friend, take the time to write her a note and tell her how much you love and appreciate her.

Today, I take the opportunity to honor the beautiful spirit of my daughter, Alana Latrice Smith.

Have a Wonderful Sisterhood Month!

"Now is the Time to Lead, Serve, and Empower"

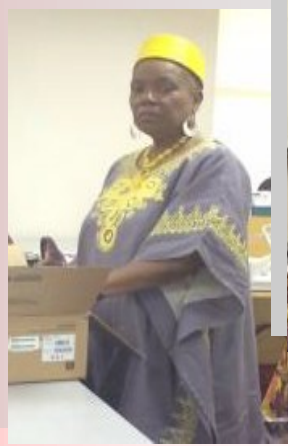
Chris Rahmings
President



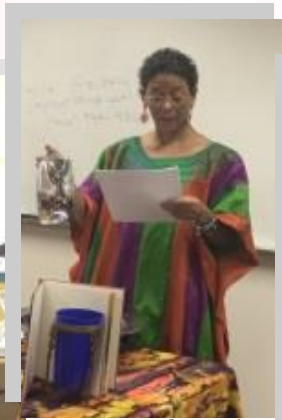
Alana, I remember the day God created you in my womb and Aunt Ora said, "It is a girl!" And we named you Alana Latrice! There was no **Ultra-sound...** just trusting God for a girl. Alana, for a young woman, you have a wealth of wisdom that you provide for your mother. You were with me for two weeks day and night when I lost my soul mate. I love you unconditionally. As an adult, you certainly are my BEST FRIEND. I can always depend on you to pray for and with me, cry with me, plan with me, hear God's vision, and provide constructive criticism. Alana, I am appreciative to God for you and that you chose to become a member of this organization. Thank you for always

"having my back" and encouraging me NEVER to give up what I was called by God to do. Tomorrow, March 9, 2014, is our special day...

With Much Love,
Mother



Soror Minnie Hooks



Soror Lynda Lewis



Soror Carolyn Perry

"CCAC Celebrates Kwanzaa"

In recognition of Black History Month, the Arts and Letters Committee and members of the Collier County Alumnae Chapter of Delta Sigma Theta Sorority, Inc., celebrated Kwanzaa, honoring all peoples of African descent, exalting family, community, and culture.

Kwanzaa is directly aligned with the sorority's national five point thrust, promoting unity of family and community, continuing education, and cooperative economics by supporting Black businesses. Kwanzaa is an African American holiday celebrated December 26 – January 1, a time when most families are generally together. Kwanzaa is based on African harvest time, the gathering of first fruits, and a huge feast. It is a commemoration of the past, especially paying homage to ancestors and recommitting to our highest ethical and cultural values.



ccac Says

"Thank You"

~ Soror Cynthia Powers ~



For Hosting Our March Sorority Meeting

Protocol Delta's Way

"What Every Delta Should Know"

WHO SPEAKS FOR THE CHAPTER?

The Chapter President or her designee speaks for the chapter. No one has the authority to speak for or make a commitment for the Chapter unless authorized by the Chapter President.

PROGRAMS/PUBLIC MATERIALS

On programs where the Founders are listed, place a note at the bottom (*Deceased).

The title "soror" should not be printed on programs for public events.

ATTIRE

The word "uninterrupted" is not a part of Deltas requirement. Example: Silver and gold buttons are often on suits but we prefer white.

RESPECTFUL OBSERVANCES AND RECOGNITION

FOUNDERS: The names of Founders should be listed on all Founders Day programs.

The use of the Founders pictures should be limited to official documents, posters, and wall hangings. Their pictures are not for casual usage, such as on T-shirts, tote bags, puzzles, screen savers, etc.

CHARTER MEMBERS: Sorors who organize chapters are called charter members. They are not called founders or founding members.

REGIONAL DIRECTOR/REGIONAL REPRESENTATIVE: When the Regional Director and/or Regional Representative enter a regional or chapter activity, and when they are introduced, the membership stands and remains standing until these revered sorors are seated.

Misuse of Delta Symbols: It is inappropriate to use Delta Sigma Theta Sorority's letters, symbols, and other official insignia on body parts. For example: branding, tattooing, head shaving; fingernails and toenails; or any piercings, other than earlobes.

Delta paraphernalia should not be worn in casinos, nightclubs, and bars. The elephant and duck are not symbols of Delta Sigma Theta Sorority, Inc., and should not be used.

The Chaplain's Corner

~ Message for March 2014 ~

"Maintain Unity"

The church of Ephesus, during the time of Apostle Paul, encompassed both Jews and Gentiles, both men and women, both rich and poor, and both masters and slaves. It was comprised of a lot of different thinking people. And where differences exist, so does friction.

One concern Paul wrote about to the Ephesians was the issue of unity. But observe what Paul said regarding this issue in Ephesians 4:3. He didn't tell them to be "eager to produce or to organize unity." He told them to endeavor "to keep the unity of the Spirit in the bond of Peace." Unity already exists because believers share one body, one spirit, one hope, one Lord, one faith, one baptism, and one God and Father of all.

How do we "keep the unity?" By expressing our different opinions and convictions with compassion, courtesy, dedication, fellowship, fidelity, honesty, justice, purity, and temperance. The spirit will give us the power to react in love toward those with whom we disagree.

Lord, may our walk and service be a picture of the unity of Father, Son, and Holy Spirit in heaven above. Fill us with the fruit of the spirit that we might love others as You desire.

February 2014 **Our Daily Bread**

Submitted by
~ Soror Lynda Lewis ~
CCAC Chaplain

~ Prayer Request ~

Please keep the following soror in prayer.

Soror Rhonda Cummings
Eye surgery on March 24, 2014

Upcoming Events

DELTA DEAR LUNCHEON

Thursday, March 13, 2014
12 Noon ~ MiraMare Ristorante
4236 Gulf Shore Blvd. N (in Venetian Village)
Naples, Florida
239-430-6273
Please RSVP to Pam Wilkins
drpwilkins@aol.com or [239-2287532](tel:239-2287532)
by March 11, 2013
All Sorors are welcome to attend.
Delta Dears will be guests of the
Membership Services Committee.

LET'S WORSHIP TOGETHER!

Please wear red with violet corsage
Sunday, March 9, 2013 @ 11:00 a.m.
New Hope Ministries
(The church home of Soror Darlene Jackson)
7675 Davis Blvd. ~ Naples, FL

Sunday, March 30, 2013 @ 11:00 a.m.
St. John Baptist Church
(The church home of Soror Shirley Williams)
West Eustis Ave. ~ Immokalee, FL
Phone: 239-657-3438

TOGETHERNESS PARTY

Friday, March 14, 2014
We will bond, bond, bond!
Come out celebrate, sing, stroll,
eat, drink and be merry with your Sorors!
Bring appetizers and your favorite beverage.
Wear our colors; not our letters!!!
Laurel Lakes Clubhouse
(off Immokalee Rd. between Logan and Collier Blvd.)
(Crystal Moody's Development)
See you there!

SOUTHERN REGION STATEWIDE FOUNDERS DAY AND FLORIDA STATE CLUSTER

March 21-22
Tallahassee, FL

STATE DDAC TALLAHASSEE March 23-24

CCAC SORORITY MEETING
April 12, 2014
Time: 10:00 a.m.
Hodges University

ANNOUNCEMENTS



Membership Dues for the 2014-2015 Sorority year are now due. Please see Sorors Michelle Williams and Crystal Moody with your check or money order for your dues. We need you.

T-SHIRT ORDERS

It's time to order **CCAC bling T-shirts** and **Southern Region Regional Conference T-shirts**. Orders are being taken now! See Pam Wilkins for details.

CAREER CONVERSATIONS

We are very proud to announce that the Sorors of Delta Sigma Theta Collier County Alumnae Chapter are partnering with the Collier County Chapter of the NAACP for **Career Conversations**. The event is an opportunity for African Americans and other students of color in Collier County in grades 10-12 to meet with retired and current African American professionals in Naples to discuss their careers and professional job opportunities.

The event will be held on **Saturday, March 15, 2014**, at the **Collier County Boys and Girls Club** from **9:00 a.m. to 12:00 noon**. Light refreshments will be served.

We are expecting a great turnout of students, sorors, and African American professionals. We hope to see you there!

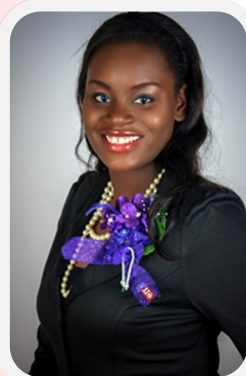
If you would like to volunteer your services for the event, please contact Soror Della Burt-Bradley or Soror Pam Wilkins.



~ Recognitions and Celebrations ~



Jenise Morgan
March 3rd



Michelle Williams
March 29th



Monique Campbell
March 31st



Sharon Wheeler
March 22nd

~ Happy March Deltaversary~

Rhonda Cummings, Diane Haynes,
Tisa Moorer, Neketa Carthan

4 years

Monique Campbell

24 years

Sandra Fulton

25 years

Cynthia Battle

30 years

Pam Wilkins

45 years

Della Bradley

50 years



CCAC Welcomes Soror Lasheba Travis



The Sorors of Collier County Alumnae Chapter extend a hearty **“WELCOME”** to Soror Lasheba Travis. Soror Travis is transferring from the Glades Alumnae Chapter.

Her educational background includes the following:

Bachelor's Degree in Biology
Master's Degree in Biology
Doctorate in Health Services Administration

Soror Travis currently serves as Director of Biomedical and Natural Sciences at Keiser University in Ft. Myers, FL. She aspires to become a dean or president of a college in five years.

Soror Travis enjoys singing and is willing to serve CCAC wherever she is needed.

Welcome Aboard, Soror Travis!
We're glad to have you with us!

Thank You for a ~ Job Well Done ~



Sorors Sandra Fulton, Juanita Fulton, Lynda Lewis, Kathy Bruno, Carolyn Perry, Chris Rahmings, and Alana Smith are pictured with Soror Lesheba Travis, Keynote Speaker at FGCU's **“Attain to Retain”** Event. Three of our students were in attendance to enjoy hands on science, Fashion, Forks, and Your Future, and Asking the Unasked Question. Thank you to Sorors Bruno, Fulton, Johnson, and the Academy Committee for a job well done.

~ March Is Sisterhood Month ~ Calendar of Activities



~ Soror Wilkins ~

Below is a *Calendar of Sisterhood Activities*. We will feature one activity per day every day during this very special month. The highlights of the calendar are our “go to church” Sundays (New Hope Ministries in Naples and St. John’s in Immokalee); and our Togetherness Party; the Diversity Fair; and the Immokalee Harvest Festival Parade. More information regarding each of these activities will be forthcoming. Try to participate in all the activities.

Activities for the Month of March Happy Sisterhood Month

1. Bring a soror with you to the Diversity Fair. (Wear Delta apparel.)
2. Contact a Delta Dear.
3. Say “hello” to your line sister.
4. Contact a CCAC soror who you've seen wear some **BADD** red shoes or dress!
5. Praise a hard-working Delta today!
6. Contact a soror with a dynamite smile.
7. Send your **special soror** a smile today.
8. Attend sorority meeting and bring your checkbook because DST dues are due.
9. Go to New Hope Ministries for the 11:00 a.m. service. (Wear red.)
10. Call an inactive soror and wish them Happy Sisterhood Month!
11. Call, text, or e-mail a Charter Member.
12. Call your favorite CCAC soror.
13. Shower a chapter officer in praises today.
14. Have a TOGETHERNESS Party! (Eat, stroll, drink, sing, BOND, and be merry!)
15. Bring a soror to the Career Conversations at *The Boys and Girls Club*.
16. Praise a committee chair today.
17. Compliment a Delta diva today.
18. Call a soror that that you haven't seen in a while.
19. Compliment a Delta Doll.
20. Praise your **special soror**.
21. Attend State Cluster in Tallahassee and/or wear your Delta bling.
22. Attend State Cluster in Tallahassee and/or wear red and white today.
23. Attend State Cluster in Tallahassee and/or reach out to a soror in another chapter.
24. Attend Delta Days at the Capital in Tallahassee or call, text, or e-mail another Delta Doll.
25. Attend Delta Days at the Capital or call, text, or e-mail another officer or committee chair.
26. Reach out to a soror in another chapter.
27. Have coffee, lunch, or dinner with your **special soror**.
28. Attend a NPHC activity and call, text, or e-mail the first soror you think about this morning.
29. Attend Immokalee Harvest Festival. (Wear Delta apparel.)
30. Attend St. John's Church in Immokalee at 11:00 a.m. and tour Immokalee.
31. Have coffee, lunch, or dinner with at least one soror to celebrate a wonderful month of experiencing good old **Delta Sisterhood**.

~ Submitted by Dr. Pamela A. Wilkins ~
First Vice President

~ A Tribute to Our Delta Dears ~

The Membership Services Committee wishes all of our Sorors a **Happy Sisterhood Month!!!** We are so blessed to have been granted a charter for our beloved Collier County Alumnae Chapter by Grand Chapter in 2013. It is such a pleasure to be a part of such a wonderful, dedicated, caring, and dynamic team of Sorors who comprise the Collier County Alumnae Chapter!!! We love all of our CCAC Sorors! We are awesome!!!

This month, we would like to pay special tribute to our Delta Dears. Delta Dears are members of our illustrious sisterhood who have been blessed to reach the golden age of 62 or older. Our Delta Dears set a standard of excellence in service, sisterhood, and scholarship. We honor and treasure their commitment, courage, grace, and wisdom because they exemplify the highest ideals of our grand sisterhood. We embrace their awesome legacy and their shoulders upon which we stand.

We are proud of CCAC's **Dedicated...Energetic...Active...and Respected Sorors!**

~ Qualities of a Delta Dear ~

Dynamic she stands with her head held high
Ever more alluring to those she passes by
Love outpours from her heart and hand
To show all of mankind how to take a stand
Acting upon Christian principles, for which she honors without fear

Daring to withstand the hardships of years gone before
Encouraging young ladies to be undaunted evermore
Accepting the challenge to be an example
Reveals the nature of a true Delta Dear

CCAC's Delta Dears, please stand up and take a bow:

Marie Ackord
Dr. Della Burt-Bradley
Doris Cotton
Juanita Fulton
Minnie Hooks
Debra Johnson
Darlene Jackson
Delores Jackson
Dr. Thelma Johnson
Mildred Pitts
Cynthia Powers
Dr. Pamela Wilkins
Jennifer Williams
Shirley Williams
Dr. Rozalyne Wright-Wiggerton



We love you!

"Healthy Habits for Healthier Living"



Spring Time is the perfect time of the year to deep clean your house and "spring clean" your body from the accumulated toxins during the previous months. Our bodies experience toxic overload from environmental pollutions, unhealthy foods, excessive sugar, preservatives, stress, and medications, to name a few. If you are experiencing fatigue, foggy memory, sluggishness, headaches, stress, and achy joints, it may be a sign that your body needs internal cleansing. A simple effective and inexpensive way to detox is by drinking small doses of Apple Cider Vinegar (ACV) mixed in water throughout the day. This age old secret can be traced back to 3000 BC! Hippocrates, the Father of Medicine, used it to treat and heal his patients in 400 BC. ACV is a powerful natural antibiotic, antiseptic, and internal cleanser that kills germs, bacteria, and viruses within the body. ACV is full of vitamins and minerals, particularly potassium that puts the body in a balanced state to correct itself. The adage "an apple a day keeps the doctor away" makes good healthy sense. The potassium found in apples helps to soften arteries, and relieves fungal, yeast, and bacterial infections. ACV also assists in reducing the pain from arthritis. Only use Organic Raw ACV with the "mother." I recommend Bragg's ACV that contains the living nutrients from apples (mother). Try this easy to make Apple Cider Vinegar Detox Drink.

RECIPE OF THE MONTH ~ Apple Cider Vinegar Detox ~



INGREDIENTS

2 Tablespoons of ACV
2 Tablespoons of raw honey
(or sweeten with Stevia if diabetic)
16 Ounces of water
Half a Lemon
A pinch of cayenne pepper (optional)



Mix all ingredients in 16 ounces of warm or hot water.

Do not drink if you are pregnant or nursing. There are many external uses for ACV, such as using it on insect bites, itchy scalp, dandruff, body deodorant, skin toner, and sore throat gargle. Google "benefits of apple cider vinegar" to learn more about this amazing elixir. The important organs of elimination are the bowel, kidneys, lungs, and skin. Oftentimes, these organs need assistance to function effectively and that is when ACV can come to their aid. Remember, "What goes into the body must come out!"

~ Submitted by Soror Jaizelle Rome ~
Physical and Mental Health Committee Member

~ Deltas In Action ~

Thank you to all who attended the *Hodges University Diversity Festival* on March 1, 2014. More pictures are on our Chapter's Website and Facebook Page.



~ Quotes About Strength ~

“Character cannot be developed in ease and quiet.
Only through experience of trial and suffering
can the soul be strengthened, ambition inspired,
and success achieved.”

~ Helen Keller ~

“Some of us think holding on makes us strong;
but sometimes it is letting go.”

~ Herman Hesse ~

We can be tired, weary and emotionally distraught,
but after spending time alone with God,
we find that He injects into our bodies
energy, power and strength.

~ Charles Stanley ~

"A Recap of the Founders Day Celebration" by Kim C. Artis, Committee Chair



Our ***Inaugural Founders Day Celebration***, held on Sunday, February 23, 2014, was a blessed success! Guests were warmly greeted at the registration table by our ***Hostesses***, Sorors Pitts, Wilkins, and Michele Williams. They welcomed and escorted guests to the ballroom. Many commented on the nice, warm touch the Hostesses added.

Thanks to Sorors Johnson and Powers, a ***Table for our Teens*** was made available for eight young ladies participating in the Delta Academy and GEMS programs, and two parents.

The ballroom was beautifully ***decorated in red and white***, the dais was adorned with red and white roses and red roses were on each table. Program journals, which featured a photo of our founding sisters on the cover, were proudly placed on each seat.

The ***Welcome Video***, developed by Soror Monroe, added a special visual touch as guests viewed photos of DST and CCAC history and events.

The program was opened by Soror Wilkins, with a gracious introduction of the dais. John F. Sorey, III, the Mayor of Naples welcomed CCAC to Collier County and presented "***The Key to the City of Naples***" to Soror Rahmings.

Soror Minnie Hooks lead us in signing "***Lift Every Voice and Sing***," but few could hold the notes as she did!

Sorors Monroe and Griffin, made a wonderful "***Presentation of Our 22 Founders***" via a video and narrative presentation developed by Soror Bruno.

Soror Lewis gave a moving ***Invocation***. Lunch of chicken or fish was enjoyed by all.

Dr. Winston Bishop, our guest soloist, and Mr. Earl Sparrow, the pianist, offered a beautiful rendition of "***My Tribute***."

Soror Rahmings introduced our very own, fabulous ***Dr. Rozalynne Wright-Wiggerton*** as the ***Keynote Speaker***. She delivered a powerful message, "***Now is the Time***." She had guests nodding their heads in agreement that we are all responsible for the care of each other. Soror Wright-Wiggerton agreed to be the Keynote Speaker on very short notice. She did an outstanding job and exemplified the true Delta spirit she possesses. She was presented a crystal plaque and bouquet of red and white roses by Sorors Rahmings and Artis.

Soror Moody led the ***Greek Medley*** with poise. She introduced the representatives of the "***Divine Nine***," who lit their respective candles while their hymns were played by Mr. Sparrow. Each Greek representative received a token "***thank you***" gift.

Closing Remarks were delivered by Soror Rahmings and Soror Lewis shared the ***Benediction***.

Soror Kim C. Artis, Founders Day Chair, served as ***Mistress of Ceremonies***.

We thank and praise God for a beautiful day that will be long-remembered!

Soror Kim C. Artis, Chair
Founders Day Committee

"Questions from 'The 22'"

If "**The 22**" were here today,
What would they see?
What would they say?
They'd probably ask,
after a century plus one ...
"Tell us, dear sisters,
How far have we come?"

Are our families intact?
Do we have each other's back?
Are we supporting one another –
Promoting a sister or a brother?

Are our children in school,
Showing intelligence, unlike fools?
Are we growing in grace,
Or losing ground with haste?

Do we vote now, like others?
Are we being good mothers?
Do Blacks hold good jobs?
Are they respected, not called slobs?

Are our churches still the backbone?
Is the family base still strong?
Do our young ladies have "class?"
Are our young men being harassed?

How would we respond to them?
We'd have to tell the truth!
We'd have to say to "**The 22**,"
"We have a lot to do!"

"It was decided in 2013
To pursue a chapter here;
Now is the time
To make our mark ...
It'll be in our report next year!"



*Written by Dr. Rozalyne Wright-Wiggerton on February 21, 2014,
for the Inaugural Founders Day Celebration of
Collier County Alumnae Chapter of Delta Sigma Theta Sorority, Inc.*

~ Scenes from the Inaugural Founders Day Celebration ~



~ The Décor ~



Soror Pam Williams



Soror Mildred Pitts



Soror Michelle Williams

~ The Hostesses ~

"Let the Celebration Begin!"



Soror Wilkins Introduces the Dais



*Mayor Sorey Presents
"The Key to the City of Naples"*



*Soror Hooks leads
"Lift Every Voice and Sing"*



*Soror Jorda
Minister of Ceremonies*



*Soror Lewis Gives
The Invocation*



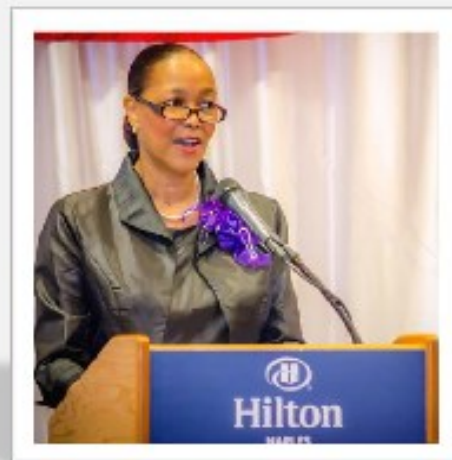
*Dr. Winston Bishop, Soloist
Mr. Earl Sparrow, Pianist*



*Sorors McLean and Morgan
Present the 23 Founders*



The Introduction of The Keynote Speaker



The Keynote Address: "Now Is the Time"



~ Expressions of Love ~



The Greek Medley



***Lighting the Candles of
"The Divine Nine"***



"We Welcome Our Greek Brothers and Sisters"





~ Mingling With Our Guests ~





Our Lovely Sorors ...



And Some of Our Guests!



Delta Sigma Theta Sorority, Inc.
Collier County Alumnae Chapter

P. O. Box 112763
Naples, Florida 34108
Phone: 239-601-2525
E-mail: CollierDST@gmail.com

*"Now is the time to
serve, lead, and
empower!"*



Check Out Our Website at:
www.collierdeltas.org

**CCAC Officers
2013-2015**

President

Chris R. Rahmings

1st Vice President

Dr. Pamela A. Wilkins

2nd Vice President

Kathy K.B. Dupuy-Bruno, Esq.

Recording Secretary

Cynthia Battle

Corresponding Secretary

Dr. Rozalyne P. Wright

Financial Secretary

Michelle Williams

Treasurer

Crystal Moody

Parliamentarian

Dr. Thelma M. Johnson

Chaplain

Dr. Lynda Lewis

Asst. Recording Secretary

Carolyn Perry

Asst. Financial Secretary

Marie Ackord

Sergeant At Arms

Monique Campbell

***Health and Wellness
Observances for March 2014***



March 2-8

**National Collegiate Health
and Wellness Week**

March 2-8

**National Problem Gambling
Awareness Week**

March 2-9

National Sleep Awareness Week

March 3-7

National School Lunch Week

March 9-15

Pulmonary Rehabilitation Week

March 16-22

National Poison Prevention Week

March 19

Kick Butt Day

Campaign for tobacco free adults and kids

March 20

National Native HIV/AIDS Awareness Day

Submitted by the
Physical and Mental Health Committee

Dr. Lynda R. Lewis, Co-Chair
Nurse Michelle Brice, Co-Chair

