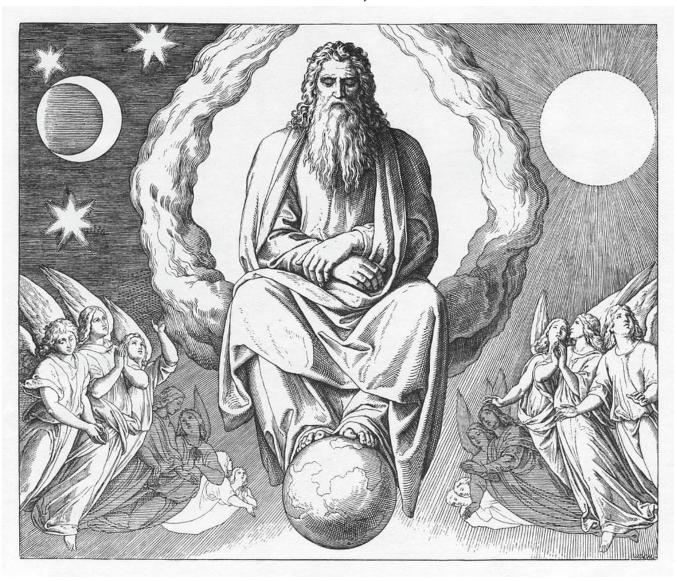
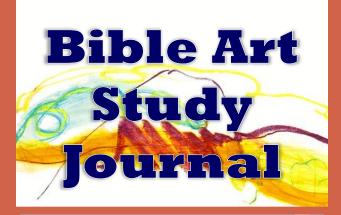
Day 7: The Sabbath

(Genesis 2:1-3)

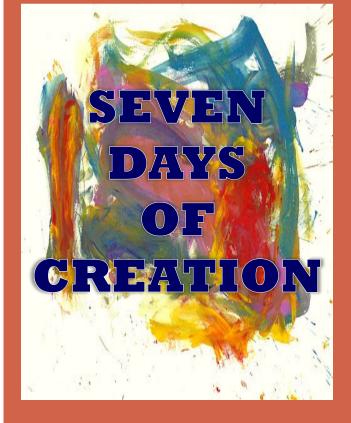
"Thus the heavens and the earth, and all the host of them, were finished. And on the seventh day God ended His work which He had done, and He rested on the seventh day from all His work which He had done. Then God blessed the seventh day and sanctified it, because in it He rested from all His work which God had created and made". The seventh day and the 10 Commandments

It is interesting to note that the seventh day of creation refers to the same day found in the fourth commandment (Exodus 20:8-11). "Remember the Sabbath day, to keep it holy. Six days you shall labor and do all your work, but the seventh day is the Sabbath of the Lord your God. In it you shall do no work: you, nor your son, nor your daughter, nor your male servant, nor your female servant, nor your cattle, nor your stranger who is within your gates. For in six days the Lord made the heavens and the earth, the sea, and all that is in them, and rested the seventh day. Therefore the Lord blessed the Sabbath day and hallowed it."









Read, Sketch, Color or Paint, Reflect and Journal

Take time at your leisure to read the corresponding Bible verse(s) then sketch your inspirations from the reading. If you so wish, you can color or paint instead (or paint the sketch). Give yourself the special gift of reflecting on the verse(s), your artwork and journal your thoughts and feelings.



Day 1: Light Genesis 1:3-5)

"Then God said, 'Let there be light'; and there was light. And God saw the light, that it was good; and God divided the light from the darkness. God called

the light Day, and the darkness He called Night. So the evening and the morning were the first day".

Day 2: Firmament (Genesis 1:6-8)

"Then God said, 'Let there be a firmament in the midst of the waters, and let it divide the waters from the waters.' Thus



God made the firmament, and divided the waters which were under the firmament from the waters which were above the firmament; and it was so. And God called the firmament Heaven. So the evening and the morning were the second day".



Day 3: Earth, sea and vegetation

"Then God said, 'Let the waters under the heavens be gathered together into one place, and let the dry

land appear'; and it was so. And God called the dry land Earth, and the gathering together of the waters He called Seas. And God saw that it was good" (Genesis 1:9-10)

"Then God said, 'Let the earth bring forth grass, the herb that yields seed, and the fruit tree that yields fruit according to its kind, whose seed is in itself, on the earth'; and it was so. And the earth brought forth grass, the herb that yields seed according to its kind, and the tree that yields fruit, whose seed is in itself according to its kind. And God saw that it was good. So the evening and the morning were the third day" (Genesis 1:11-13)



Day 4: Sun, moon and stars (Genesis 1:14-19)

"Then God said, 'Let there be lights in the firmament of the heavens to divide the day from the night; and let them be for signs and seasons, and

for days and years; and let them be for lights in the firmament of the heavens to give light on the earth'; and it was so. Then God made two great lights: the greater light to rule the day, and the lesser light to rule the night. He made the stars also. God set them in the firmament of the heavens to give light on the earth, and to rule over the day and over the night, and to divide the light from the darkness. And God saw that it was good. So the evening and the morning were the fourth day".

Day 5: Birds and sea creatures (Genesis 1:20-23)

"Then God said, 'Let the waters abound with an abundance of living creatures, and let birds fly above the earth across the face of the



firmament of the heavens.' So God created great sea creatures and every living thing that moves, with which the waters abounded, according to their kind, and every winged bird according to its kind. And God saw that it was good. And God blessed them, saying, 'Be fruitful and multiply, and fill the waters in the seas, and let birds multiply on the earth.' So the evening and the morning were the fifth day"

Sketch, color or paint as many images that come to you from your reading and reflections on the bible verses! Fill up that sketchbook!



Day 6: Land animals and humans Adam and Eve (Genesis 1:24-31

"Then God said, 'Let the earth bring forth the living creature according to its kind: cattle and creeping thing and beast of the earth, each according to its kind'; and it was so. And God made the beast of the earth according to its kind, cattle according to its kind, and everything that creeps on the earth according to its kind. And God saw that it was good."

"Then God said, 'Let Us make man in Our image, according to Our likeness; let them have dominion over the fish of the sea, over the birds of the air, and over the cattle, over all the earth and over every creeping thing that creeps on the earth.' So God created man in His own image; in the image of God He created him; male and female He created them. Then God blessed them, and God said to them, 'Be fruitful and multiply; fill the earth and subdue it; have dominion over the fish of the sea, over the birds of the air, and over every living thing that moves on the earth."

"And God said, 'See, I have given you every herb that yields seed which is on the face of all the earth, and every tree whose fruit yields seed; to you it shall be for food. Also, to every beast of the earth, to every bird of the air, and to everything that creeps on the earth, in which there is life, I have given every green herb for food'; and it was so. Then God saw everything that He had made, and indeed it was very good. So the evening and the morning were the sixth day"