

Name:

# Hip

## Muscle Strength Testing Results



	Position	HHD placement	L	R	Normal	% BW	# tested
Flexion	Seated, 90* flexion	Proximal to knee			41.3 Lb 18.7 Kg	26.9	3914
Extension	Prone, 45* hip flexion	Proximal to knee			57.7 Lb 26.2 Kg	45.4	255
Abduction	Supine, 0*	Lateral ankle			33.3 Lb 15.1 Kg	22.9	4248
Adduction	Supine, 0*	Medial ankle			33.5 Lb 15.2 Kg	20.7	558
Internal Rotation	Seated, 90* flexion	Lateral ankle			30.1 Lb 13.6 Kg	15.5	1437
External Rotation	Seated, 90* flexion	Medial ankle			25.4 Lb 11.5 Kg	17.0	2055

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