

## SBH-ASO R.E.A.L. Program

The Salish Behavioral Health Administrative Services Organization (SBH-ASO) was tasked to establish a recovery navigator program. To help separate this program from others, we have named it **The R.E.A.L. Program** (Recovery.Empowerment.Advocacy.Linkage. Program).

### **The R.E.A.L. Program:**

- A community-based, street outreach program.
  - Individuals are to be served in their community where they are in need.
- For individuals at risk of arrest or have been involved in the criminal legal system and with behavioral health conditions (*substance use disorders and/or mental health needs, including persons with co-occurring substance use disorders and mental health needs*).
- Prioritizes referrals from Law Enforcement.
- Any social service agency or community member can refer to The R.E.A.L. Program.
- Harm reduction model, recovery oriented, trauma-informed care, person-centered program, and representing the diversity of the individuals we serve.
- The R.E.A.L. Program is staffed with those who have lived experience.

### Five (5) Providers across the Salish Region:

#### ***Clallam County/West Jefferson County:***

- Peninsula Behavioral Health (PBH)
- Reflections Counseling Services Group

#### ***East Jefferson County:***

- Discovery Behavioral Healthcare (DBH)

#### ***Kitsap County***

- NORTH KITSAP: West Sound Treatment Center (WSTC)
- SOUTH KITSAP: Agape Unlimited

*Referrals to be made to one of The REAL Program providers in the county of the person requesting to engage.*

*The REAL Program provides engagement and outreach to historically underserved and marginalized individuals.*

The REAL Program is **not** a crisis program. If an individual is in behavioral health crisis, please reach out to the Salish Regional Crisis Line at 1-888-910-0416.