

Suncrest 3rd Ward Relief Society BULLETIN

AUGUST 2026

MARK YOUR CALENDAR

- **Sat AUG 1**
Stake Pancake Breakfast
 - **Fri-Sat AUG 14-15**
Utah Area YSA Conference
Together in Christ
Register: UtahYSAConference.org
 - **Thu AUG 27 (6:30-8:30 PM)**
Garden Party Dinner & Benefit
Sylvia Scott's Garden
 - **Thu AUG 20 (10:30 AM)**
(arrive by 10:15)
Draper Temple
Initiatives
Please schedule your temple appt
 - **Sat AUG 22 (7PM)**
Sun AUG 23 (10AM)
Stake Conference
 - **Tue SEP 1 (7PM)**
Book Club
Chauntelle Fjeldsted's Home
15154 S. Longbranch Drive
*My Grandmother Asked Me to
Tell You She's Sorry*
by Frederik Backman
 - **Fri SEP 25 (10:30 AM)**
(arrive by 10AM)
Jordan River Temple
Endowment Session
Please schedule your temple appt
- Editor: LissaWerson@gmail.com

PRESIDENCY MESSAGE



L-R: Chauntelle Fjeldsted, Secretary
Lisa Foster, 1st Counselor,
Shelly Cameron, 2nd Counselor
Suzanne Burdick, President

From Suzanne Burdick, President

Last summer, my daughter wanted to plant flowers in our garden. She had never done it before and was excited to choose what she wanted to grow. I was tempted to steer her away from the dahlias. I knew they could be less forgiving than other flowers, especially in the intense summer heat. But she loved them, so we brought them home.

As I expected, the scorching sun took its toll. The dahlias struggled to survive, and by the end of the season they appeared lifeless. My daughter was disappointed, but there was no need for an "I told you so." Sometimes, disappointment teaches

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SPOTLIGHT

(STAN &) CAROLE ELLIS



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PRESIDENCY MESSAGE

lessons more gently than words ever could. This spring, as we prepared the garden for another growing season, we began clearing weeds and old plants. To my surprise, the dahlias were pushing through the soil with fresh green shoots. What I had assumed was dead was very much alive. We transplanted them to a better location where they would receive morning sun and afternoon shade. Today they are healthy, vibrant, and growing strong.

I think about those dahlias often. Life has a way of placing us in seasons that feel too hot, too difficult, or too overwhelming. Sometimes we make choices without having all the information. Sometimes we ignore wise counsel because our own plans seem better. Whether it is our own life or the life of someone we love, there are moments when we look at the damage and wonder if healing is even possible. The dahlias remind me that appearances are not always the whole story. What happened between last summer and this spring? The plants went back to their roots. Hidden beneath the surface, protected by the earth, they rested. They gathered strength where no one could see. In time, life returned, and when the season was right, they emerged stronger than before.

Our spiritual lives are much the same. When we feel broken, discouraged, or believe that hope has withered away, we can return to our roots. We remember who we truly are: beloved children of our Heavenly Father. We remember that Jesus Christ is our Savior, who willingly took upon Himself our pains, sorrows, sins, and weaknesses. Through His Atonement, He offers healing, renewal, and the promise of new life.

Returning to our roots means returning to Him. It means turning to the gospel, praying even when words are hard to find, studying the scriptures, worshipping, and remembering our eternal identity. As we stay rooted in Christ, His grace nourishes us in ways we often cannot see.

Like the dahlias, we may spend a season beneath the surface. Others may think nothing is happening, and sometimes we may even feel that way ourselves. But God is still at work. He is strengthening our roots, preparing us for a season of growth that we cannot yet imagine.

No matter how difficult the past has been, the Lord is able to bring new life where we only saw loss. Through Him, there is always hope. There is always healing. And there is always another spring. □

SPOTLIGHT — CAROLE ELLIS



I was born in Logan, Utah. At the time of my birth, my father was serving a full-time mission in the Eastern States. He had been called shortly after my parents were married — one of the last married men to be called before that practice ceased. I am the oldest of four sisters with two brothers that joined us. I grew up at the foot of the Grand Tetons in a small town called Driggs, Idaho. When I was in the eighth grade we moved to Lovell, Wyoming and a few years later as a Sophomore in High School we moved to Kemmerer, Wyoming. My parents didn't stay in Wyoming very long but long enough to change my life as this is where I met Stan. I graduated from Utah State in Secondary Education and Home Economics. Although I did love teaching Jr. High, I didn't do it very long as our kids arrived and Stan's career had us moving quite often. We have seven kids: two girls, two boys, two girls, and another boy. We are expecting our 37th grandchild in February, next year.

As an oldest child and oldest grandchild, my grandmothers were very influential in the hobbies that I love. Each of them taught me how to do all kinds of handwork. I love most of them and was better at some than others. I make a lot of quilts! Currently, I am trying to learn to knit; thank you Carla, Rachel, and Jackie! I recently heard a statement: "If it is worth doing, it is worth overdoing!" That pretty much sums up how I feel about quilting.

I believe one of my spiritual gifts is the gift of testimony. From my very earliest memory I have had a testimony of Heavenly Father and Jesus Christ and of the truthfulness of the Church of Jesus Christ of Latter-day Saints. Life brings many challenges to all of us as we are tried in all things, but that knowledge has never dimmed for me. Currently, Stan and I teach the Sunbeams and love our littles! We also are Stake Baptism Coordinators and it is nice to serve in a calling with Stan. On Thursdays we serve in the Draper Temple and that has been a blessing to us. Retirement has given us the chance to stay home and we love that!

My kids often say I have OCD but that I have to call it CDO because it must be in alphabetical order. I do like order and lists, and things to take a straight path from point A to point B, which seldom happens. I have learned that the messiness of life brings me the most interesting experiences. My personal mantra, that I have been quoted as saying a lot is, "Life is hard and then you die." I can appreciate the hard in life because it brings me closer to the Savior and I believe he will make all things work together for our good.

I include an invitation to our 50th celebration. I'm not sure what is going to happen there as my kids have planned it, but it should be interesting! □

Please join our Relief Society

Garden Party

along with
an opportunity to benefit
The Ronald McDonald House — Lehi

Thursday, August 27

6:30 to 8:30 in the evening

AT THE HOME OF
Sylvia Scott

1981 E. Oak Summit Drive

Bring your Camp Chair or Blanket

RSVP: Please text Lisa (916) 749-6362



The Ronald McDonald House

Wish List

- Shampoo
- Conditioner
- Toothbrush
- Toothbrush Cap
- Toothpaste
- Dental Floss
- Lip Balm
- Nail File
- Backpack
- Travel Bag
- Ziplock Bag
- Fleece Blanket
- Socks
- Hand Wipes
- Body Wash
- Deodorant
- Moisturizer
- Hairbrush
- Comb
- Razor
- Pens/Crayons
- Coloring Book
- Notebook
- Toys



— See the Bulletin and Updates —

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