

ALLISON CORDNER

North Vancouver, BC
604-900-1914
allison@allisoncordner.com
allisoncordner.com

MA, RCC, RCS, RTC, SEP

**CLINICAL DIRECTOR • REGISTERED CLINICAL COUNSELLOR • REGISTERED COUNSELLING SUPERVISOR •
SOMATIC EXPERIENCING PRACTITIONER**

EXECUTIVE CLINICAL PROFILE

Experienced Clinical Director and Registered Clinical Counsellor specializing in complex trauma, attachment, relational therapy, and nervous-system-informed care. Founder and Clinical Director of Speakeasy Counselling & Associates, providing psychotherapy, clinical supervision, consultation, and professional education in a virtual practice setting.

Advanced clinical training includes Somatic Experiencing®, AEDP, experiential psychotherapy, trauma-focused practice, and clinical supervision. Professional leadership includes governance and strategic work related to Canada's evolving counselling-regulation landscape.

CLINICAL FOCUS

Complex PTSD & developmental trauma
Attachment & relational trauma
Dissociation & stabilization
Sexual trauma & abuse recovery
Nervous-system regulation
Grief & loss
Anxiety & burnout
Couples & relationship therapy
Clinical supervision & consultation

LANGUAGES

English — fluent
French — fluent

PROFESSIONAL EXPERIENCE

FOUNDER, CLINICAL DIRECTOR & REGISTERED COUNSELLOR

Speakeasy Counselling & Associates | Oct 2019–Present | Remote

Founded and lead a virtual counselling practice specializing in complex trauma, attachment injury, anxiety, burnout, and relational concerns. Provide individualized assessment and treatment planning using Somatic Experiencing, AEDP, and relational approaches. Also provide individual and group clinical supervision, case consultation, and ethical decision support to counsellors.

PRACTICUM STUDENT, TRAUMA TASA/STV UNIT

Family Services of Greater Vancouver | Aug 2021–Apr 2022

Provided trauma-focused counselling to survivors of childhood sexual abuse, neglect, and domestic violence. Participated in assessment, treatment planning, safety planning, and clinical documentation within trauma-informed and anti-oppressive frameworks under supervision.

COUNSELLING INTERN

Clearmind International Practitioner Training Program | 2017–Aug 2021

Completed 650 hours of counselling practice across multiple formats during a three-year transpersonal counsellor training program. Developed skills in experiential, relational, and somatic approaches, facilitated therapeutic demonstrations, and coached peers in process integration.

EDUCATION & PROFESSIONAL CREDENTIALS

Master of Arts in Counselling Psychology
Yorkville University | 2022

Transpersonal Counsellor Training Program
Clearmind International | 2017–2021

Registered Clinical Counsellor (RCC) | BCACC #19888

Registered Counselling Supervisor (RCS) | ACCT #2517

Registered Therapeutic Counsellor (RTC) | ACCT #2517

Somatic Experiencing Practitioner (SEP) | Somatic Experiencing International

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MA, RCC, RCS, RTC, SEP | Executive Clinical Resume

SELECTED ADVANCED TRAINING

- Expanding Supervision Competencies | 10-hour advanced professional development, 2026
- Level 1 & 2 Applied Clinical Supervision | Justice Institute of British Columbia, 2024
- AEDP Essential Skills 2 | advanced training
- San'yas Indigenous Cultural Safety Training | PHSA, 2023
- Masterclass in Syndromal Patterns & Long COVID | Peter Levine & Dave Berger, 2023
- Live Case Consultation / Supervision | Peter Levine, 2022 & 2023
- Advanced Skills in Sexual Trauma Therapy | Ariel Giarretto, 2022
- Somatic Experiencing Practitioner (SEP) training | completed
- AEDP Level 1 | AEDP Institute, 2019
- Trauma-Informed Practice: "When Words Are Not Enough" | 2020

LEADERSHIP & GOVERNANCE

BOARD-APPOINTED MEMBER, POST-REGULATION TASK FORCE

Association of Cooperative Counselling Therapists of Canada | Jun 2026–Present

Contribute to strategic planning for ACCT's role amid evolving counselling regulation in Canada, including analysis of regulatory impacts and recommendations related to member services and professional development.

MEMBER, BOARD OF DIRECTORS

Association of Cooperative Counselling Therapists of Canada | Oct 2025–Present

Support governance and strategic initiatives focused on advocacy, member engagement, and professional development.

VOLUNTEER MENTOR

Association of Cooperative Counselling Therapists of Canada

Provide mentorship to emerging therapists and support their professional development in the counselling field.

CLINICAL SUPERVISION, TEACHING & PROFESSIONAL EDUCATION

Deliver individual and group clinical supervision emphasizing case formulation, ethical practice, safe use of self, competency development, and therapist growth. Develop professional education and practical resources related to trauma, somatic psychotherapy, therapeutic communication, and ethical decision-making.

CORE CLINICAL COMPETENCIES

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| • Trauma-informed assessment and treatment planning | • Somatic Experiencing® and nervous-system-informed care |
| • AEDP and experiential psychotherapy | • Attachment-focused and relational psychotherapy |
| • Complex trauma, dissociation, and stabilization | • Sexual trauma and abuse recovery |
| • Couples and relationship therapy | • Clinical supervision, case consultation, and ethics support |

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