**Georgetown Cross Country**  
High School Optional Summer Conditioning Group Run Schedule

| [◄ May 2019](https://www.wincalendar.com/Holiday-Calendar/May-2019" \o "May 2019) | **June 2019** | | | | | [Jul 2019 ►](https://www.wincalendar.com/Holiday-Calendar/July-2019) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  |  | 1 |
| 2 | 3  5pm-6pm Group Run  6-8pm Youth Camp | 4  6-8pm Youth Camp | 5  5pm-6pm Group Run  6-8pm Youth Camp | 6  6-8pm Youth Camp | 7  5pm-6pm Group Run  6-8pm Youth Camp | 8 |
| 9 | 10  7pm-8pm Group Run | 11 | 12  7pm-8pm Group Run | 13 | 14  7pm-8pm Group Run | 15 |
| 16 | 17  7pm-8pm Group Run | 18 | 19  7pm-8pm Group Run | 20 | 21 | 22 |
| 23 | 24  7pm-8pm Group Run | 25 | 26  7pm-8pm Group Run | 27 | 28 | 29  8am-9am Group Run  (meet at Hanlon Park) |
| 30 |  | | | | | |

*Group runs in June for high school team only. Jr. High optional conditioning will start July 8, 2019.*

* Please bring water
* Please bring running watch
* We will meet at GHS track shelter (except 6/29/19, we will meet at Hanlon Park next to Pizza Hut).