**Georgetown Cross Country Practice Schedule**

| [◄ Jul 2025](https://www.wincalendar.com/Holiday-Calendar/July-2025%22%20%5Co%20%22July%202025) | **August 2025** | [Sep 2025 ►](https://www.wincalendar.com/Holiday-Calendar/September-2025) |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  | 1 No Practice | 2 Official Start of PracticeHS: 8-9:30amJrH: 8-9:15am |
| 3  | 4 HS: 7-8:30pmJrH: 7-8:15pm6:45pm OHSAA Meeting | 5 HS: 7-8:30pmJrH: 7-8:15pm | 6 HS: 7-8:30pmJrH: 7-8:15pm | 7 HS: 7-8:30pmJrH: 7-8:15pm | 8 No Practice | 9 **Vern Hawkins 5K**Optional Road Race |
| 10  | 11 HS: 7-8:30pmJrH: 7-8:15pm | 12 HS: 7-8:30pmJrH: 7-8:15pm | 13 HS: 6-7:30pmJrH: No Practice***Note time change*** | 14 HS: 6-7:30pmJrH: 6-7:15pm | 15 No Practice | 16 HS: 8-9:30amJrH: 8-9:15am |
| 17  | 18 HS: 6-7:30pmJrH: 6-7:15pm | 19 HS: 6-7:30pmJrH: 6-7:15pm | 20 **Felicity Early Bird****4:30pm** | 21 HS: 6-7:30pmJrH: 6-7:15pm | 22 No Practice | 23 **Ripley (JrH)****SNL (HS)** |
| 24  | 25 HS: 6-7:30pmJrH: 6-7:15pm | 26 HS: 6-7:30pmJrH: 6-7:15pm | 27 HS: 6-7:30pmJrH: 6-7:15pm | 28 HS: 6-7:30pmJrH: 6-7:15pm | 29 No Practice | 30 **Loveland Invitational****9am** |
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* This schedule is for group practice. Your training plan may include additional individual runs on other days not listed on this schedule.
* We will meet at the GHS track unless noted differently on the schedule.
* Please arrive 5 minutes early. We will start on time.
* Please bring your own water bottle, running watch, and yoga mat to every practice.

 HS Coach Mike McHenry: (937) 631-8134 HS Coach Molly Ellis: (937) 515-9364 Jr High Coach Racheal Osman: (937) 205-3475