**Georgetown Cross Country Practice Schedule**

| [◄ Jul 2025](https://www.wincalendar.com/Holiday-Calendar/July-2025" \o "July 2025) | **August 2025** | | | | | [Sep 2025 ►](https://www.wincalendar.com/Holiday-Calendar/September-2025) |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  | 1  No Practice | 2 Official Start of Practice  HS: 8-9:30am  JrH: 8-9:15am |
| 3 | 4  HS: 7-8:30pm  JrH: 7-8:15pm  6:45pm OHSAA Meeting | 5  HS: 7-8:30pm  JrH: 7-8:15pm | 6  HS: 7-8:30pm  JrH: 7-8:15pm | 7  HS: 7-8:30pm  JrH: 7-8:15pm | 8  No Practice | 9  **Vern Hawkins 5K**  Optional Road Race |
| 10 | 11  HS: 7-8:30pm  JrH: 7-8:15pm | 12  HS: 7-8:30pm  JrH: 7-8:15pm | 13  HS: 6-7:30pm  JrH: No Practice  ***Note time change*** | 14  HS: 6-7:30pm  JrH: 6-7:15pm | 15  No Practice | 16  HS: 8-9:30am  JrH: 8-9:15am |
| 17 | 18  HS: 6-7:30pm  JrH: 6-7:15pm | 19  HS: 6-7:30pm  JrH: 6-7:15pm | 20  **Felicity Early Bird**  **4:30pm** | 21  HS: 6-7:30pm  JrH: 6-7:15pm | 22  No Practice | 23  **Ripley (JrH)**  **SNL (HS)** |
| 24 | 25  HS: 6-7:30pm  JrH: 6-7:15pm | 26  HS: 6-7:30pm  JrH: 6-7:15pm | 27  HS: 6-7:30pm  JrH: 6-7:15pm | 28  HS: 6-7:30pm  JrH: 6-7:15pm | 29  No Practice | 30  **Loveland Invitational**  **9am** |
| 31 |  | | | | | |

* This schedule is for group practice. Your training plan may include additional individual runs on other days not listed on this schedule.
* We will meet at the GHS track unless noted differently on the schedule.
* Please arrive 5 minutes early. We will start on time.
* Please bring your own water bottle, running watch, and yoga mat to every practice.

HS Coach Mike McHenry: (937) 631-8134 HS Coach Molly Ellis: (937) 515-9364 Jr High Coach Racheal Osman: (937) 205-3475