**Georgetown Cross Country  
Practice Schedule**

| [◄ Jul 2019](https://www.wincalendar.com/Holiday-Calendar/July-2019" \o "July 2019) | **August 2019** | | | | | [Sep 2019 ►](https://www.wincalendar.com/Holiday-Calendar/September-2019) |
| --- | --- | --- | --- | --- | --- | --- |
| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  | 1  7pm-8:30pm | 2  **No Practice** | 3  Bronco 5K  Western Brown High School |
| 4 | 5  6pm Parent Boosters  7pm-8:30pm | 6  7pm-8:30pm | 7  7pm-8:30pm | 8  7pm-8:30pm | 9  **No Practice**  Please run on your own | 10  **No Practice**  Please run on your own |
| 11 | 12  7pm-8:30pm | 13  7pm-8:30pm | 14 1st Day of School!  4:30pm-6pm | 15  6pm-7:30pm | 16  **Run-A-Thon!**  **7pm-Midnight**  **GHS Track** | 17  **No Practice** |
| 18 | 19  6pm-7:30pm | 20  4:30pm-6pm | 21  **Felicity Early Bird Meet** | 22  4:30pm-6pm | 23  **No Practice** | 24  **Finishtiming CC Invite at Wilmington College** |
| 25 | 26  4:30pm-6pm | 27  4:30pm-6pm | 28  4:30pm-6pm | 29  6pm-7:30pm | 30  **No Practice** | 31  **Ripley Meet** |

**Please note change in practice times after school starts**.

Bus times and meet times will be communicated using the REMIND app.

Please bring water, yoga mat, and running watch to every practice