**Georgetown Cross Country Practice Schedule**

| [◄ Sep 2022](https://www.wincalendar.com/Holiday-Calendar/September-2022" \o "September 2022) | **October 2022** | | | | | [Nov 2022 ►](https://www.wincalendar.com/Holiday-Calendar/November-2022) |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  |  | 1  **SNL/Centerville**  **8:15 PM**  **(High School)** |
| 2  Mason Watson Birthday | 3  HS: 4-5:30pm  JrH: 4-5:30pm | 4  HS: **6-7:30pm**  JrH: **6-7:30pm** | 5  HS: 4-5:30pm  JrH: 4-5:30pm | 6  HS: 4-5:30pm  JrH: 4-5:30pm | 7  No Practice | 8  **New Richmond Invitational**  **9am** |
| 9 | 10 Columbus Day  HS: **6-7:30pm**  JrH: **6-7:30pm**  Olivia Henson Birthday | 11  HS: 4-5:30pm  JrH: 4-5:30pm  Senior Night | 12  HS: 4-5:30pm  JrH: 4-5:30pm | 13  HS: 4-5:30pm  JrH: 4-5:30pm  ***(last Jr High Practice)*** | 14  No Practice | 15  **SBAAC Championship**  **9am** |
| 16 | 17  HS: 4-5:30pm | 18  HS: **5:30-7:00pm** | 19  HS: 4-5:30pm | 20  HS: **5:30-7:00pm** | 21  No Practice | 22  **OHSAA District**  **Championship**  **(High School)** |
| 23 | 24  HS: **5:30-7:00pm**  Aubrey McKinzie Birthday | 25  HS: 4-5:30pm | 26  HS: 4-5:30pm | 27  HS: 4-5:30pm | 28  No Practice | 29  **OHSAA Regional Championship**  **(High School)** |
| 30 | 31 Halloween  State qualifiers - TBD |  | | | | |

* This schedule is for group practice. Your training plan may include additional individual runs on other days not listed on this schedule.
* We will meet at the GHS track unless noted differently on the schedule. Please arrive 5 minutes early. We will start on time.
* Please bring your own water bottle, running watch and yoga mat to every practice.
* Meet bus leave times will be sent out on REMIND

Coach Mike McHenry: (937) 631-8134 Coach Molly Ellis: (937) 515-9364