**Georgetown Cross Country Practice Schedule**

| [◄ Sep 2022](https://www.wincalendar.com/Holiday-Calendar/September-2022%22%20%5Co%20%22September%202022) | **October 2022** | [Nov 2022 ►](https://www.wincalendar.com/Holiday-Calendar/November-2022) |
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| **Sun** | **Mon** | **Tue** | **Wed** | **Thu** | **Fri** | **Sat** |
|  |  |  |  |  |  | 1 **SNL/Centerville****8:15 PM****(High School)** |
| 2 Mason Watson Birthday | 3 HS: 4-5:30pmJrH: 4-5:30pm | 4 HS: **6-7:30pm**JrH: **6-7:30pm** | 5 HS: 4-5:30pmJrH: 4-5:30pm | 6 HS: 4-5:30pmJrH: 4-5:30pm | 7 No Practice | 8 **New Richmond Invitational****9am** |
| 9  | 10 Columbus DayHS: **6-7:30pm**JrH: **6-7:30pm**Olivia Henson Birthday | 11 HS: 4-5:30pmJrH: 4-5:30pmSenior Night | 12 HS: 4-5:30pmJrH: 4-5:30pm | 13 HS: 4-5:30pmJrH: 4-5:30pm***(last Jr High Practice)*** | 14 No Practice | 15 **SBAAC Championship****9am** |
| 16  | 17 HS: 4-5:30pm | 18 HS: **5:30-7:00pm** | 19 HS: 4-5:30pm | 20 HS: **5:30-7:00pm** | 21 No Practice | 22 **OHSAA District****Championship** **(High School)** |
| 23  | 24 HS: **5:30-7:00pm**Aubrey McKinzie Birthday | 25 HS: 4-5:30pm | 26 HS: 4-5:30pm | 27 HS: 4-5:30pm | 28 No Practice | 29 **OHSAA Regional Championship****(High School)** |
| 30  | 31 HalloweenState qualifiers - TBD |  |

* This schedule is for group practice. Your training plan may include additional individual runs on other days not listed on this schedule.
* We will meet at the GHS track unless noted differently on the schedule. Please arrive 5 minutes early. We will start on time.
* Please bring your own water bottle, running watch and yoga mat to every practice.
* Meet bus leave times will be sent out on REMIND

 Coach Mike McHenry: (937) 631-8134 Coach Molly Ellis: (937) 515-9364