

ONLINE/PHONE RESOURCES

BC Crisis Line & Chat

24 Hours, open to everyone

1-800-784-2433

Foundry

Ages 12 - 24

Online Counselling & Support

<https://foundrybc.ca/virtual>

Kids Help Phone

24 Hour Youth crisis line

1-800-668-6868

Residential School Survivor Line

1-866-925-4419

WAVAW Rape Crisis Centre

24 Hour crisis & information line

604-255-6344

**If you or anyone you know is in crisis,
please reach out to one of resources
included.**

**If anyone's life is at risk, contact the
RCMP or visit the nearest hospital.**

THIS WAS A COLLABORATIVE PROJECT DEVELOPED BY THE FOLLOWING PARTNERS:

Heiltsuk Tribal Council

Heiltsuk Kaxla Society

Hailika'as Heiltsuk Health Centre

Heiltsuk Gvi'las Restorative Justice

Bella Bella Community School

Vancouver Coastal Health

RCMP

BELLA BELLA SUPPORT AND CRISIS RESOURCES

Updated May 2021

HEILTSUK HEALTH CENTRE SERVICES

Available Monday - Friday: 8:30 - 4:30

Counsellors (available to all ages):

Amelie Blanchard, Art therapist
250-957-8320

Sonia Plewa, Clinical Counsellor
250-957-8383

Trevor Good, Clinical Counsellor
250-957-7740

Elder's Building
250-957-2308 ext 602
Maternal and Child Health
250-957-2308 ext 215
Youth Centre
250-957-2308 ext 500

24 Hour Services in Community

Ambulance
1-800-461-9911
Bella Bella RCMP
250-957-2388
Emergency Dept.
250-957-2314

HTC Community Crisis Line
250-957-7048

Kaxla Youth and Family support
Fridays @ 5pm - Mondays @8:30am
778-213-8020

HEILTSUK KAXLA SOCIETY

Available Monday - Friday: 8:30 - 4:30

Family Support Team

Gerri-Lee Smith Wilson, Family support
social worker
778-872-6726 (c)

Larissa Dixon, Resource social worker
778-213-8779

Child and Youth Mental Health Support

Dia Davina, Youth Mental Health Case
Manager
778-213-8769

Erin Wilson, Youth Mental Health Liaison
250-957-4325 ext 208

RESTORATIVE JUSTICE

Available Monday - Friday: 8:30 - 4:30

Mary Brown, Coordinator
250-957-8006

Ross Reid, Peer Support (youth)
250-957-8285

BELLA BELLA COMMUNITY SCHOOL

Available Monday - Friday: 8:00 - 5:00

Christine Suter, Elementary counsellor
Ashley Gosse, High school counsellor
250-957-8150

Irene Tite, Home school liasion
778-213-8426 (c)

Anita Hall, elementary principal
250-957-8150 (c)

Haydn George, high school principal
250-505-5714 (c)

BELLA BELLA RWL MEMORIAL HOSPITAL

Emergency (24/7)
250-957-2314

Medical Clinic (Monday - Friday)
Physicians, specialists, etc.
250-957-2332

BELLA BELLA RCMP

Laura Martin, Victim Services & Support
778-213-8199