### **Community and Crisis Supports**

# 24/7 Crisis and Emergency Supports:

HTC crisis response line-

<u>250-957-7048</u>

Residential School Survivor Line:

1.866.925.4419

MCFD Centralized screening

<u>1-800-663-9122</u>

Ambulance: 1.800.461.9911

Bella Bella RCMP: 250.957.2388

Hospital Emergency: 250.957.2314

If you or anyone you know is in crisis and looking for support, please contact the resources above. If anyone's life is at risk, please contact RCMP or get them to the nearest hospital for help and care. This was a collaborative project developed by the following partners:

Heiltsuk Tribal Council

Heiltsuk Kaxla Society

Hailika'as Heiltsuk Health centre

Heiltsuk Gvi'las Restorative Justice

Bella Bella Community School

Vancouver Coastal Health

RCMP

Bella Bella Community Resources Support and Crisis Response



September 2020 By Kaxla

## Heiltsuk Health Centre Services: 957.2308

Our counsellors are available Mon-Fri 8:30-5:00

After hours by appointment. They will be available by Zoom, Facetime, phone and text. In person appointments can be arranged in a social distanced space we have set up in the health centre and youth centre. These are by pre-approved appointments only.

Trevor Good- *Clinical Counsellor* 957.7740 Sonia Plewa- *Clinical Counsellor* 957.8383 Amelie Blanchard- *Art therapist* 957.8320

**Heiltsuk Kaxla Society** 957.4325 Available Monday-Friday 830-430 **Family Support Team** Gerri-Lee Smith 778.872.6726 Natalie Bull 778-213-8241 Kyle Walker 778.213.8249 Weekend oncall family support Phone-778-213-8020



Restorative Justice 957.2213

Available Monday-Friday 830-430 Mary Brown *Coordinator* 957.8006 Laura Martin *Victim Support* 778-213-8199

Peer Support (children/youth): Ross Reid 957.8285

# Bella Bella Community School 957.2391

Available Monday-Friday 800-500 Christine Suter, Elementary Counsellor Ashley Gosse, High School Counsellor

Irene Tite, Home-School Liaison c 778.213.8426 Anita Hall, Elementary Principal c 250.957.8150 Haydn George, High School Principal c 250.505.5714

## Bella Bella RWL Memorial Hospital 957.2314

Emergency 250-957-2314 OPEN AND AVAILABLE 24/7

#### **Emotional wellness and addictions support**

Available Monday-Friday 9am-5pm Can contact for crisis support during these hours Aja E <u>250-957-8316</u>

> Bella Bella Medical Clinic: 957.2332

Available Monday- Friday Physicians + Specialists incl Psychiatry

#### 24 hr SERVICES

Ambulance: 1.800.461.9911

Bella Bella RCMP: 250.957.2388

Emergency Dept.: 250.957.2314

Community Crisis Line: 250-957-7048