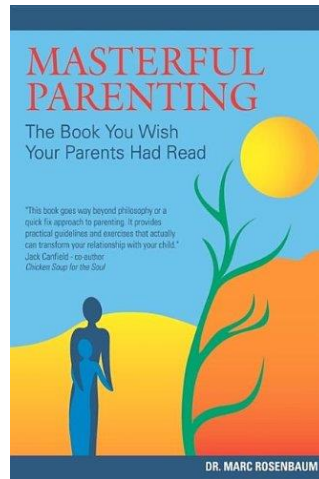


P.S 340, P.S./M.S. 37, P.S./M.S. 3 M.S. 45, M.S. 228

Invite you to participate in a parent workshop **MASTERFUL PARENTING**



In order for change to be significant; parenting must be approached at the level of an individual transformation that requires courage and commitment.

IN THESE SESSIONS, YOU WILL LEARN HOW TO:

- Truly listen
- Take care of yourself
- Understand that how you relate to the issue is the issue
- Acceptance
- Responsibility... Who Is Controlling Your Life
- Forgiveness
- Communication
- Emotional Understanding
- Positive Discipline
- Identifying and changing the irrational beliefs that influence our perceptions
- Trust and Control

DATES: This workshop consists of 6 sessions

***** Registration is required*****

English Sessions – Fridays 8:45am – 11:00am		
March 25, 2022	April 1, 2022	April 8, 2022
April 29, 2022	May 6, 2022	May 13, 2022

REGISTRATION LINK:

https://us02web.zoom.us/meeting/register/tZlkC0itpzkpHdA3_nbFdXpN6GvZXi3tdLpJ