

You've Got THIS!

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May is Mental Health Month:

For 70 years, organizations and people across the country have observed May as Mental Health Month. The 2019 May is Mental Health Month theme is *For Mind For Body (#4Mind4Body)* to encourage people to use tools and resources that benefit minds and bodies together, so that the whole person is seen and cared for in a healthy manner.

About the Artwork:

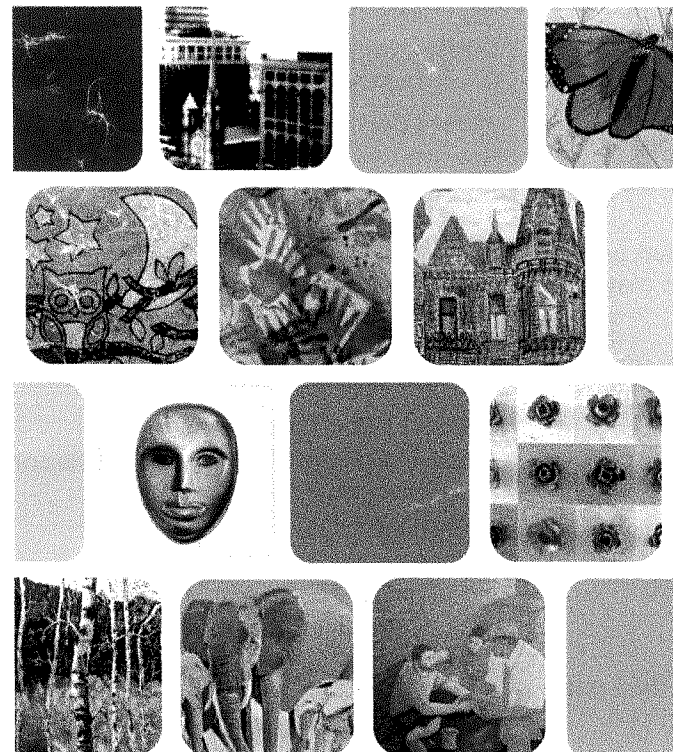
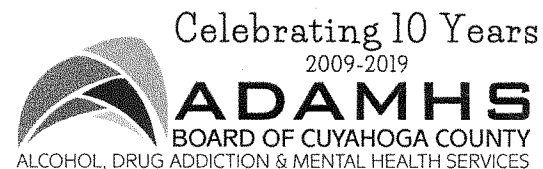
The cover is a collection of client art pieces highlighted over the past ten years on the ADAMHS Board annual reports. This collection is dedicated to ten years of supporting recovery through the healing nature of art therapy.

The ADAMHS Board Client Art Program is designed to promote the healing power of art to individuals in the recovery process from addiction and/or mental illness.

The *Serenity Prayer* is credited to American theologian Reinhold Niebuhr, (June 21, 1892 – June 1, 1971) and is widely used by Alcoholics Anonymous and other Twelve-Step programs.



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Celebrating 10 Years! The 2019 Annual Meeting Brunch, Art Contest & Awards Presentation

May 13, 2019
9:00 a.m. - Noon
Cleveland Marriott East

Rev. Benjamin F. Gohlstin, Sr.
Board Chair

Scott S. Osiecki
Chief Executive Officer

**ADAMHS BOARD ANNUAL MEETING
PROGRAM & AGENDA**

9:00 a.m. Networking & Art Contest Judging

9:40 a.m. Welcome

Scott S. Osiecki
Chief Executive Officer

Invocation/Serenity Prayer

Rev. Max M. Rodas, MA
Board Member

God, grant me the serenity to accept the things I cannot change, courage to change the things I can, and wisdom to know the difference.

9:45 a.m. Brunch

10:15 a.m. Call to Order, Remarks & Acceptance of CY 2018 Annual Report

Rev. Benjamin F. Gohlstin, Sr.
Board Chair

10:30 a.m. Remarks
Scott S. Osiecki

10:45 a.m. Keynote Presentation:
Josh Ruminski
Happy Thoughts Candle Co.

11:00 a.m. Awards Presentation
Various Board Members

- **Helping Hands Awards**
- **Lifetime Achievement Award**

11:40 a.m. Art Contest Results
Beth Zietlow-DeJesus
Director of External Affairs

CONGRATULATIONS ADAMHS BOARD AWARD RECIPIENTS

Helping Hands Awards



Josh Ruminski
Founder & Owner,
Happy Thoughts Candle Co.



Justin E. Herdman
U.S. Attorney
Northern District of Ohio



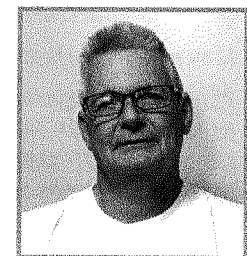
Judge Emanuella Groves
Mental Health Specialized Docket
Cleveland Municipal Court



Hollie Strano
Meteorologist, WKYC



Sheryl Hirsh
Family Advocate



Craig Indoe
Owner, Indoe Painting &
Home Improvement, LLC.

Lifetime Achievement Award



Maureen Dee
Executive Director of Treatment, Prevention &
Recovery Services, Catholic Charities Corporation