

Endo Haven

A virtual support circle where women living with endometriosis can share their experiences, talk openly about the emotional side of the illness, connect with others who truly understand, and feel supported and less alone in the journey. This is a judgment-free space where every woman is welcome.

Group Details:

Virtual meetings (Zoom) | Bi-weekly gatherings
4-session pilot support circle (60-75 mins per session)

This Is For Women who:

- have been diagnosed with endometriosis
- suspect they may have endometriosis
- are navigating treatment or surgery
- feel isolated or overwhelmed by this illness
- want connection and community

Facilitated By

Dr. Amber Roper Garcia

Neuropsychologist & Trauma Specialist | Endo Warrior

If you're interested in learning more or joining the first Endo Haven support circle, visit:

Visit: AmberRoper.com/Endo-Haven