

Her Story – Why Indoor Air Quality is important, a mother's perspective.

As a mother of two children, blessed with a boy and a girl, keeping my children safe, healthy, and happy is my job. My first-born boy was diagnosed with Autism and suffers Asperger's as well. In addition to these challenges, he also has severe asthma and allergies. From birth he has suffered with ear infections, sinus infections, and chest congestion, constantly medicated with every allergy medicine you could think of and breathing treatments, couple that with food sensitivities, and we were staples at St. Pete Children's Hospital.

Many autistic children struggle with fine motor skills which include the simple task of blowing the nose, a simple task for most of us, but my son like many others cannot perform this simple task. What this caused was continuous sinus infections and earaches. Due to the autism, communication is a challenge and caused even more issues - a weakened immune system, and an inferior quality of life due to difficulty breathing.

Being a mother, I have tried everything and one day my boss suggested using an update to my residential HVAC system by installing an air cleaner and a UV light. Nevertheless, I was skeptical. After the products were installed, I returned home that evening after installation, I was shocked no more dog smell, and I never knew how bad those large dogs smelled! Within 1 week my son's bloody noses ceased, his voice was clearer, I could understand him better due to the reduction in nasal impact. The results only got better, no more meds, less stress and anxiety, no pain and discomfort and an overall happier child, never mind the impact to the rest of the family. Homes can make people sick without the right Indoor Air Quality.

This life changing event happened over a decade ago, my son is attending college at home 90% of the time. I know Indoor Air Quality works because my son went to visit family for an extended time and the nose bleeds and sinus issues came back, which have led his aunt and uncle to update their HVAC system as well!

