

Answers to Questions You Might Have

Q: How do I sign up for this incredible opportunity?

A: Step 1 [Register for the Better Beings Heart Walk Team](#)

Step 2 Create your Heart Walk Page

Step 3 Make a \$500 donation to YOUR heart walk fundraising page

Step 4 Stay tuned for further information and instructions

Q: Can people who do not live in Colorado participate?

A: YES! The weekly classes are virtual. It would be AWESOME for everyone to gather in Denver for the walk in June, but individuals can walk their community on our walk day---or any day!

Q: Are there options to participate if the \$500 donation is beyond my budget?

A: YES! Please reach out to me so we can get creative!

Q: I love the idea, but I won't be able to attend all the sessions. Will they be recorded?

A: YES! The link to the recording of each class will be sent to all participants. Recordings will be available for one week following each class.

Q: I am really uncomfortable asking people for money. Do I have to raise funds in addition to the \$500 I contribute to participate?

A: NO! Fundraising is optional. The more the better, but ultimately, I want to help change YOUR life.

Q: Can I walk with the team and/or support the cause but NOT participate in the YOU Revolution program?

A: YES! Register as a Better Beings Team member [here](#) and do whatever degree of fundraising you wish.

*****OR make a donation to my heart walk page [here](#).*****

***Does your company offer donation matching? If so, please consider your contributions and the matching for Giving Tuesday on November 28th!**