

SEPTEMBER | 2024

Rosary Cathedral Catholic School Breakfast



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p>2</p> <p>NO SCHOOL</p> <p>Labor Day!</p>	<p>3</p> <p>Cinnamon Toast Crunch Pastry Apple Milk</p>	<p>4</p> <p>WG Apple Frudel Pear Milk</p>	<p>5</p> <p>WG Banana Breakfast Bar Banana Milk</p>	<p>6</p> <p>WG Mini French Toast Orange Juice Milk</p>
<p>9</p> <p>WG Pop tart Orange Juice Milk</p>	<p>10</p> <p>WG Strawberry Bagel Apple Milk</p>	<p>11</p> <p>WG Banana Bread Pear Milk</p>	<p>12</p> <p>WG Birthday Cake Bfst Bar Banana Milk</p>	<p>13</p> <p>WG Donut Orange Juice Milk</p>
<p>16</p> <p>WG Frosted Mini Wheats String Cheese Orange Juice Milk</p>	<p>17</p> <p>WG Mini Cinnamon Rolls Apple Milk</p>	<p>18</p> <p>WG Chocolate Chip Bar Pear Milk</p>	<p>19</p> <p>WG Blueberry Bread String Cheese Banana Milk</p>	<p>20</p> <p>WG Glazed Donut Hole Orange Juice Milk</p>
<p>23</p> <p>WG Pop Tart Orange Juice Milk</p>	<p>24</p> <p>Triple Berry Crunch Bar Apple Milk</p>	<p>25</p> <p>WG Donut Pear Milk</p>	<p>26</p> <p>WG Blueberry Donut Hole Banana Milk</p>	<p>27</p> <p>Cherry Frudel Orange Juice Milk</p>
<p>30</p> <p>WG Cinnamon Toast Crunch String Cheese Orange Juice Milk</p>	<p>1</p> <p>WG Glazed Donut Apple Milk</p>	<p>2</p> <p>WG Mini Pancakes Pear Milk</p>	<p>3</p> <p>WG Lemon Bread Banana Milk</p>	<p>4</p> <p>WG Donut Orange Juice Milk</p>

News

****Please note that all items are subject to change****

Grain/Bread

1-2 yo: ½ oz. equivalent
3-5 yo: ½ oz. equivalent
6-12 yo: 1 oz. equivalent

Vegetable, Fruit, or Both

1-2 yo: ¼ C
3-5 yo: ½ C
6-12 yo: ½ C

Milk

1-2 yo: ½ C Whole Milk
3-5 yo: ¾ C Low Fat/Non-Fat
6-12 yo: 1 C Low Fat/Non-Fat