



MOUNT  
St. JOSEPH

## LOOK TO THE MOUNT

Fall/Winter  
2022

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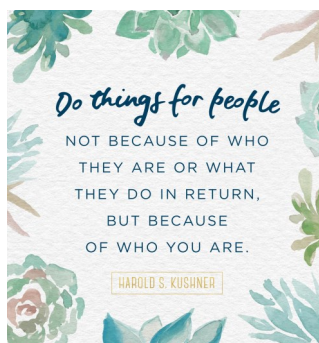
# Give Thanks

*Fall is such a beautiful time of year with its many colors and the very special day of Thanksgiving when we take the opportunity to call to mind the many blessings we have received and give thanks to our Creator. Here at the Mount, we are blessed with many wonderful staff, relatives and friends who help us to create the home that our residents deserve. I am especially grateful to be back and be a part of this community. I wish everyone a very Happy Thanksgiving! God bless you!*

*Sr. Nancy*

### KINDNESS

I've been so fortunate to have completed The training at Mount St. Joseph to be able To volunteer with the ladies and help the Sisters and Staff. What I see every time that I am there warms my heart. Residents Pushing wheelchairs to church, guiding a Blind resident to their seat, fixing a top That has crept up, picking up a book, or just giving a hug and Saying they love their friends. All of these Acts of Kindness happen every day at Mount St. Joseph—between the Residents, Sisters and Staff to each other. They display the “Gold Standard” of Kindness every day. Such a wonderful sight. Ann Petersen



### Inside this issue

Season's Message .....	1
Administrator News.....	2
Staff & Resident Update .....	2
Day Training News.....	3
Cottage News.....	4-5
Active Ladies.....	6-7
Nursing News & Music.....	8
Recreation News.....	9
Octoberfest.....	10
Guanellian Cooperators.....	11
Fish Lake.....	12
MSJA News.....	13/14
Donation Page.....	15

## ADMINISTRATOR'S MESSAGE...

If you've been out at all lately you've noticed help wanted signs everywhere. As you know, this continues to be a concern here at Mount Saint Joseph as well. Although we are continuing to actively seek new employees, I'm happy to report that we have received wonderful new help by way of family volunteers, three new employees, and three new Sisters.

Many, many thanks to all the family members who have signed up and completed their training to be official Mount Saint Joseph volunteers. These "new" volunteers have made activities like the dog parade and the country music festival possible for our ladies to enjoy. We've also been blessed with their help in cottage-based activities and Sunday Mass transportation and supervision.

In addition to our increasing family of volunteers, we've also welcomed 6 new DSPs. Daniela works in Marcelina Hall, Dania works in Sacred Heart, and Morgan works in Saint Clare cottage. To encourage our staff to refer new employees, the MSJ association recently initiated a recruitment bonus to the staff who bring in new employees who stay at least 6 weeks (and an additional bonus if they stay three months). The first offering of these bonuses were given recently to our referring employees Diana (dietary) and Arcelia (housekeeping for GH/MH), Sarah (St. Clare DSP), and Galia (Sacred Heart DSP). Many thanks to the Mount Saint Joseph Association for this wonderful incentive program, and to both our new employees and our recruiting employees for adding to the wonderful staff we have here at the mount.

We've also had three new Sisters added to our Religious Community. We are very happy to welcome Sister Nancy, Sister Veronica and Sister Theresa Nagel (AKA sister Theresa the Younger, or Sister Theresa Marie). Sister Nancy has come to help lighten my responsibilities. She has taken over the leadership of the Sisters' community and now serves as our Superior. Sister Veronica has been helping in Sacred Heart cottage and in the CDS program. Sister Theresa Marie has been working in Marcellina and Guanella hall.

So please continue to work and pray to encourage new employees and volunteers to join us here at the Mount, and let's offer a prayer of thanks for all the wonderful help that has come our way.

God bless you.

Sr Rhonda

### New Residents

**St. Joseph Cottage—Lizzie C.**

### New Employees

#### Marcellina Cottage

Daniela G, DSP

#### Kitchen

Ofelia C

#### Sacred Heart

Dania I, DSP

#### St. Clare

Sarah H, DSP

Morgan M, DSP

Iris C, DSP

#### St. Joseph

Yellecsi, DSP

#### Sacred Heart

Dania I, DSP

### Retiring Employees

**Sharon Theil (Recreation)**

**Vicki Snow (St. Joe's DSP)**

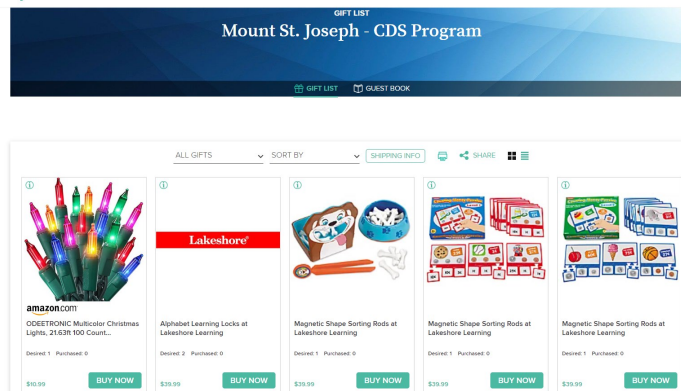
Both of these amazing employees have been with Mount St. Joseph for 20+ years (Vicki is close to 30!), and will be greatly missed. Kamila (the Q from St. Clare) will be taking over the Activities Director role, but will continue to help as the Q for St. Clare until we can find a replacement. If you see them, or send them a note to wish them well—they have given an so much to the Residents, Sisters and Staff of Mount St. Joseph.

## DAY TRAINING NEWS

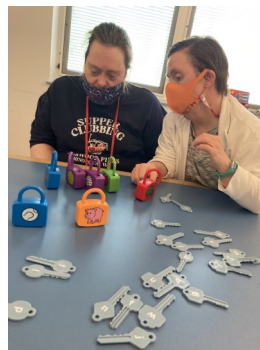
The Community Day Services (CDS) Program is doing well. We continue to implement our Themes of the Month. We have been sending out a monthly newsletter to all guardians that includes the various activities we have done as well as crafts and pictures of the ladies from the different rooms. If you would like to receive the monthly newsletter, please let Barb know—We can put you on the list.

Thanks to the Mount St. Joseph Association, we have attended both indoor and outdoor concerts, and a puppet show throughout the summer. Elvis is always a big hit!! The ladies helped with decorating a fence, and that was a lot of fun. Also, our choir chime groups have given performances for their peers and have played for Mass.

Our Wish list is now found on a link and is posted in this Newsletter as well as the CDS Newsletter. If you are not computer savvy, we can always use assorted colored construction paper, glue sticks, and markers. Here's an example of what the Wish List looks like when you click on it from the website: <https://www.myregistry.com/organization/mount-st-joseph-lake-zurich-il/3367880/giftlist>



Thank you again for all of your support and generosity. The CDS Staff love all the ladies that attend the program, and we strive to keep them actively engaged and happy when they are with us.





## Cottage News

### St. Joseph Cottage

The ladies in St. Joseph cottage continue to do well despite the continuing presence of COVID 19. The ladies had a nice summer. They spent a lot of time outdoors, weather permitting, as their CDS class was often held in the gazebo. They celebrated birthday parties in the gazebo, attended an outdoor concert and had a bonfire/dance party in July. In addition, they attended another concert in the gym as well as a puppet show.

The ladies who are members of the Special Olympic bowling team went bowling numerous times and then on to the competition. One of our ladies received the one and only Gold medal!

Most of the ladies went to Fish Lake and reportedly had a very good time.

The ladies are now looking forward to the upcoming holidays. They planned and cooked the Halloween menu for their Halloween party, and had great costumes. They also carved pumpkins.

The picture on the right shows the St. Joseph beautification project done with donations from Angela's sister, Theresa from Harm's Farm. Katie was able to dig up and put in some beautiful plants and flowers.

Linda Egli, QDIP



### Sacred Heart Cottage



Sacred heart has been getting ready for the holidays. We were able to take advantage of the beautiful weather and get in our last golf cart rides and bon fires. Sr. Madonna has begun the count down and busy decorating and planning holiday parties.





## Cottage News

### Guanella & Marellina Cottage

The ladies of Guanella and Marcellina have had a fun last couple of months. In October we celebrated Oktoberfest with games, dancing, hot dogs, and brats. The ladies worked in DT to make the decorations for our event. Also in October, we celebrated Halloween with a blow out costume party featuring prisoners, angels and pumpkins.



Several of the ladies have had the opportunity to go to Walk On Farm and either ride a horse or go for a carriage ride.



With Christmas just around the corner, the ladies are looking forward to going out to see the many beautiful Christmas displays in the nearby area. The ladies of Guanella and Marcellina wish you and your family a safe and joyous Holiday Season!

Jennifer Snow, QIDP—Guanella  
Genevieve Knudson, QIDP—Marcellina

### St. Clare Cottage

We have had a good month at Saint Clare thus far. The ladies enjoyed the Wild Daisy concert that came to play earlier this month. They were very upbeat, interactive, and had a great selection of fun country songs! We all danced and sang and tapped our feet to the rhythm. Some ladies even made their way up to the front of the stage for their 5 minutes of fame. We had a wonderful Thanksgiving and are excited for the upcoming Christmas Holiday.

Kamila and Katie, Saint Clare Cottage Q's





## Active Ladies—Special Olympics

On Saturday, August 27th we participated in Special Olympic Regional Bowling. We brought 17 ladies to compete this year at Stardust Lanes in Addison, IL. The ladies did great and enjoyed competing again. With the stiff competition, our ladies did exceptional! The Results:

Gold—Adrienne D.

Silver—Lisa P., Angela W.

Bronze—Kerry P., Lizzy W.

4th—Karen B., Lisa B., Katelyn E., Becca V.

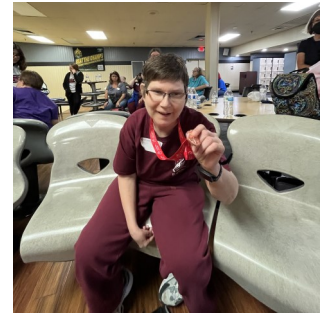
5th—Katie J., Eileen M.

6th—Sandy E., Erin F.

7th—Beth C., Nora K

8th Molly M.

### Special Olympics Bowling



Now that Bowling Olympics is over, every Tuesday afternoon we are taking small groups to the bowling alley to enjoy the afternoon of fun. If anyone is interested in volunteering, it's from 1:15-3pm. *(You will need to go through the volunteer training.)*



**It's a great time!!!**



### Special Olympics Bocce

On October 2, 2022 we participated in Special Olympics Bocce Ball Tournament. It was a very successful day. I'm so proud—the ladies did very well!

Sharon Theil, Activities Director

**Gold\*—Beth C., Julie D., Becca V.**

**Silver—Lisa B., Katelyn E., Katie J., Molly M., Sara S.**

**Bronze—Lizzy W., Angela W.**

\* The Gold medal winners will advance to the Summer Games on June 9—11, 2023.



## Happenings at the Mount

### PLANT A TREE IN MEMORY:

Sr. Rhonda is working with Lisa Clements to provide an opportunity to "Plant a Tree" in Memory of a loved one. They are working out the details and cost and will launch this program in 2023.



Watch for more details in 2023.



### Music at MSJ



Rick and his guitar started playing for our ladies once a month. He comes the first Wednesday of the month in the afternoon. Rick has a special knack to get the ladies involved in each song he sings.

**He sure is a special gem!**

### Music News

June 29th—Guanella/Marcellina Chime Choir performance in CDS



July  
15th—St.  
Clare Chime Choir performance in CDS



September 15th—St. Joseph Chime Choir performance in CDS

October 24th—St. Joseph Chime Choir will play

"Blessed Assurance" at the Guanella Day Mass

All the Chime Choirs are practicing Christmas songs for upcoming holiday performances. Each cottage continues to have music activities after CDS hours on a weekly, or bi-monthly basis.

Beth McQuaid, Music





## Recreation Corner

Ruby came back for a visit on August 31st. The ladies enjoyed seeing her.



Fun Times—One of the fun activities the ladies enjoyed is “Pass the Pigs (Big Pigs)”. They had a blast tossing the pigs and couldn’t stop laughing. I had to share!



**Wish List:** Here are some items that Recreation could use:

**Games:** Giant Connect 4 game; 4 Card Holders; Crazy 8’s Card Game

**Bingo Prizes:** word search books; coloring books, felt posters, activity books, hair bands, scarves, playing cards, activity kits, beads, necklaces, bracelets, holiday small decorations for dresser, hair brushes, combs, calendars, shampoo and lotion

**Craft:** cricut green mats (12 x 12), craft kits for 16—24 people each; adult coloring books

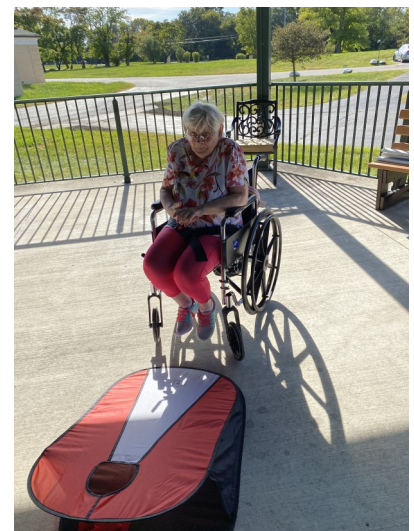


## Octoberfest!

### Who said the ladies at Mount St. Joseph couldn't have a Beer Garden???

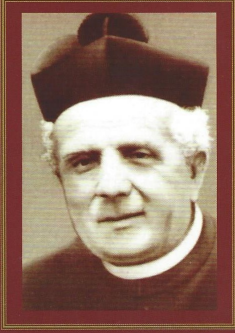
#### Happy October!

The ladies of Guanella and Marcellina spent all week making wall decorations for their Beer Garden. They had large pretzels with cheese sauce, ginger ale, brats, hot dogs, and potato salad. For dessert there was root beer floats. There was dancing and games, and plenty of Polka music to go around. Thanks to Genevieve, Jennifer, Cecil, and the staff—Li and Amber who helped make it happen. And, of course Sr. Rhonda and Sr. Theresa! The ladies had so much fun.





## Guanellian Cooperator—a Call to Serve



SAINT LOUIS GUANELLA  
1842-1915

*Dear valued parents, employees, and friends,*

*You have carried on the work of St. Louis Guanella for many years, for this we are grateful.*

*Our founder (St. Louis Guanella) relied heavily on persons like yourself to continue God's work among people in need (the sick, the mentally challenged, the elderly, etc). For this he established a group called by the name "Guanellian Cooperators" (that is a person who cooperates in the works of St. Louis Guanella for their material and spiritual benefits.*

*In other countries, the "Guanellian Cooperators" have many, many members ... literally hundreds. Why can't this group in the United States increase? You are already doing so much and you can gain so much more by coming together as a member of this group.*

*You may wish to consider becoming a member of this group. For further information, call Barb Byrd or Sr. Theresa.*

Prayer to  
SAINT LOUIS GUANELLA

O Saint Louis Guanella, apostle of charity, you spread the treasures of your heart to the poor and suffering, whom you dearly loved, in a world filled with hatred and selfishness. Obtain for us from Divine Providence an ever increasing love for God and our neighbors.

Obtain for us also the favor we are asking for...and the grace of final perseverance. Amen.

Pray: Our Father, Hail Mary, Glory Be St. Louis Guanella, pray for us!

CANONIZED  
October 21, 2011  
Pope Benedict XVI

[www.pug.org](http://www.pug.org) [www.servantsofcharity.org](http://www.servantsofcharity.org)

The Guanellian cooperators are a branch of the Guanellian Family—a third order, Christian Association of lay persons. They study the life and spirit of the founder, St. Louis Guanella, make public promises and incorporate this spirit in the love and care for persons with special needs.

The Cooperators are the arms and legs of the Daughters of St. Mary of Providence and the Servants of Charity. (The two congregations established by the Founder).

St. Louis Guanella, consistently pursued the assistance of the Cooperators. They were the vital sustenance and necessary source of radiating good among his many works within the mission of charity.



Our current Cooperators: Barbara Byrd; Eliazar Campos; Pam Corrado; Yessica Dominguez; Debbie Gaskel; Rae Ewald; and Jim and Mary Rieck.

## Fish Lake Vacation

I was lucky to be one of the volunteers who was able to help Sr. Madonna bring a group of ladies from Guanella/Marcellina to Fish Lake in August. As usual we had a blast. Here are some pictures:





# MOUNT ST. JOSEPH ASSOCIATION EVENTS & ACTIVITIES

**This Fall presented many activities for the Ladies Hosted by the Mount St. Joseph Association Activities Committee. Come along on this Journey to see all the neat things the Ladies experienced:**

**October 3**—Elvis in the House! Mike Bishop, good friend of the Mount St. Joseph Association, and Elvis extraordinaire! Mike performs for our residents at no cost. We thank him for his long-standing generosity!



**October 20**—Walk On Equine Therapy. Residents drove a horse-drawn carriage.



**October 22**—Halloween Dog Parade. What a fun day and the weather was absolutely beautiful. Residents enjoyed watching, petting and getting kisses from the costume-clad four legged friends.



**October 27—31**—Halloween in Community Day Services (CDS) There were games, crafts and prizes and of course—COSTUMES!

## **November & December Events for Residents:**

November 12—Wild Daisy Concert

November 17—Walk On Equine Therapy

November Activities in Community Day Services program (dates TBD)

December 8—Walk On Equine Therapy

December 14—Lake Zurich High School Choir Concert

December Activities in Community Day Services program (dates TBD)

# MOUNT ST. JOSEPH ASSOCIATION EVENTS & ACTIVITIES

## Autumn Leaves: A Vital, Virtual Fundraiser



**Chair:** Ann Petersen

**Dates:** Now through November 30, 2022

Although a large in-person gathering is still not possible due to ongoing COVID-19 precautions, your generous financial support remains critical.

Your Angel donation will provide funding for facility repairs/renovations, resident activities, staff incentives and COVID-19 directives. **Donations received by November 30, 2022 will be listed in our newsletter and on our website.**

Misplaced your *Autumn Leaves* mailing? Head to our website: [mtstja.com](https://mtstja.com) and make an easy online donation. Or print the online form and mail your donation to: Ann Petersen, Mount St. Joseph Association, 2102 Bonner Lane, Spring Grove, IL 60081

The Mount St. Joseph Association is a registered 501(c)3 charity.

*We thank you for your open hands and giving hearts!*

## STAY IN TOUCH— STAY CONNECTED:

**WEBSITE:** Our website is frequently updated, so look here for the latest news and extra photos! [mtstja.com](https://mtstja.com)

**SOCIAL MEDIA:** Find us on Facebook, Instagram, and Twitter! Links appear on our Website.

**NEWSLETTER:** Our Monthly newsletter reaches families, friends, and community supporters of the Mount St. Joseph Association. If you have news to share about Mount St. Joseph Association activities, contact Julie Vowinkel at:

[jayvee1@hotmail.com](mailto:jayvee1@hotmail.com)

## COTTAGE COMMITTEES

Cottage Committees continue to provide residents with simple weekend activities. No planning required! Each cottage has been stocked with a bin containing a wide selection of activities. (Or just come and hang out—that's fun too!) The residents are enthusiastic about interacting with friendly volunteers on a regular basis.

**VOLUNTEER TRAINING**—is still available and much needed. To get started as a volunteer, fill out an application at the Mount St. Joseph website (<https://mtstjoseph.org/volunteer>) and review the training requirements. The application will be processed by Cecil Natividad, Mount St. Joseph's Director of Human Resources. Once you have registered, Ann Thill, Director of Employee Development at Mount St. Joseph, will send you the Infinitic online training links. She will also set up a date with you for on-site training at Mount St. Joseph.



The Association would like to thank all of the volunteers listed for their time and effort. It would be impossible to accomplish all that we do at events, parties and fundraisers without your generous volunteerism!



## WE APPRECIATE YOUR KIND SUPPORT!

### We appreciate your kind support...

The majority of Mount St. Joseph residents and day training clients receive funding through state and federal programs. The funds are stretched to cover expenses such as room and board, medication, dental and medical services, and adequate staffing. Therefore, we rely heavily upon our benefactors to help provide extra-curricular activities for the residents to replace outdated equipment and furniture, and to renovate buildings. St. Louis Guanella always said that God will not be outdone in generosity, and we are convinced that those who assist us in our mission are blessed in countless ways. The individuals we serve have a beautifully simple yet profound faith. One can rest assured that God hears and answers their prayers!

Will you please help us now with whatever financial support you can?

Mount St. Joseph is a registered sec. 501 ©(3) Charitable Organization. As such, your donations are deductible. A copy of our IRS determination letter confirming Mount St. Joseph's standing as a registered IRC sec. 501 ©(3) Charity is available upon request.

You can make a donation by mailing it to us using the form below, or you can visit us on the internet at: [www.mtstjoseph.net](http://www.mtstjoseph.net) to make a donation online with Give Central.

### DONATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Donation Amount: \_\_\_\_\_\$500      \_\_\_\_\_\$100      \_\_\_\_\_\$50      \_\_\_\_\_\$20

**Thank you for your donation. Please mail your donation to:**

**Mount St. Joseph  
24955 North U.S. Highway 12  
Lake Zurich, IL 60047**

## About The Mount

### Mount St. Joseph

*Mount St. Joseph is a health care facility called home by approximately 125 women with varying degrees of mental and physical disabilities. The facility was established by the Daughters of Saint Mary of Providence in 1935. The Sisters live on campus and collaborate with staff to provide exemplary care to each individual. In the spirit of our Founder, Saint Louis Guanella, we strive to promote the rights and dignity of the residents and assist them in growing to their fullest potential.*



PLEASE  
PLACE  
STAMP  
HERE

Mount St. Joseph  
24955 North U.S. Highway 12  
Lake Zurich, Illinois 60047

Mailing Address Line 1  
Mailing Address Line 2  
Mailing Address Line 3  
Mailing Address Line 4  
Mailing Address Line 5