



MOUNT
St. JOSEPH

LOOK TO THE MOUNT

Spring, 2024



Springtime is Beautiful !!

Spring is a beautiful time of the year. There is “new life” all around us, especially outside in the trees and gardens. We are most grateful to our MSJ Association who has generously given our Administration Building a “face-lift” with the new paint job, which also compliments this beautiful season.

Of course, we are also celebrating the “new life” of our Risen Lord during this Easter Season. May each of you be filled with the joy and happiness of this time!!

Sr. Nancy McLennon

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ADMINISTRATOR'S MESSAGE...

Pilgrims of Hope

Our Holy Father, Pope Francis, announced the theme of the Jubilee Year of 2025. It will begin with the opening of the Holy Door in St. Peter's Basilica in Rome on December 24, 2024 and will close on the Epiphany in January, 2026. The theme of this Holy Year is "Pilgrims of Hope." He explained that people should be signs of hope for those who experience hardships of any kind, those who are discouraged and pessimistic, and think that nothing could make them happy. These people could be our friends, neighbors, family members, youth, and elderly. Hope is the desire and expectation of good things to come, and hope does not disappoint.

*We must do all that we can to help those in need.
To assist them with our prayers, but also with our deeds.
In times of trials when we are at the end of our rope,
We must look to the bright side and not start to mope.
By helping others we are signs of hope
And others will be able to live and to cope.
We can be for them an anchor to feel secure and in place
So they may keep on going and not to lose face.
Bringing hope to others gives them the sun's ray
That casts the shadow of their burdens behind them on their way.*

*May we be for each other sure signs of hope and love
To be like a peaceful dove we can look to above.
For all those who aid Mount St. Joseph in any way,
We offer our thanks and our prayers, every day.*



Staff & Residents

Praying for our newest Angels

Kathy R.

Welcome new Resident

Jean B.—St. Clare

Debra K.—St. Clare

New Employees:

Guanella/Marcellina

Luz O.—Housekeeping

Maria A.—Housekeeping

Office

Maria L.—Receptionist

Jennifer L.—Receptionist

St. Clare

Laura A.—Housekeeping

Abigail A.—Hab Aide

Madelyn O.—Hab Aide

Olivia O.—Hab Aide

Sacred Heart

Jessica C.—Hab Aide

Bertha R.—Hab Aide

Day Training (CDS)

Joann S.

St. Joseph

Eryss B.—Hab Aide

Gabriela S.—Hab Aide

Nursing

Ashley L.

Yildiz K.

Jessica S.

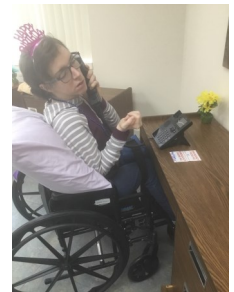
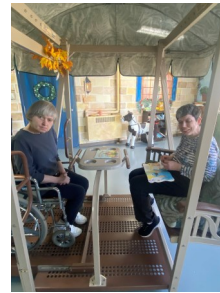
DAY TRAINING NEWS

CDS is excited to start using the sensory room and the swing room again! We are also happy to use our ADL room that we designed to help teach the ladies basic activities such as: making a bed, setting the table, unloading/loading dishwasher, hanging up clothes, folding clothes, dialing 911. We continue to look for staff to join our team. If you know of anyone interested, please don't hesitate to reach out to me or any of the CDS staff.

As always, thank you for your support. And, thank you for coming to the Open House!

Wendy Wagner

CDS Program Administrator/Director/QIDP



Day Training Wish List

We want to thank all of you that have donated items to our program!

Visit the Wish List Link: <https://mtstjoseph.org/2024-wish-list>

THANKS!

St. Clare Cottage

The ladies had a fund day celebrating St. Patrick's Day. The ladies found their best Green outfits, and dressed them up with hats.

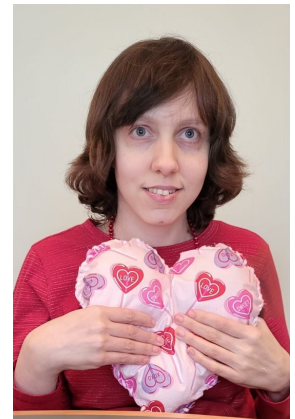
Kaytie Rossetti, QIDP



Sacred Heart Cottage

As we wait patiently for Spring, the ladies have been decorating sweets from Val-entin's Day to Easter goodies. Special thanks to Emily Ceragioli who has been assisting in all the baking activities along with the staff. I think everyone is getting Spring and Summer fever and can't wait to enjoy bon fires and golf cart rides.

Michelle Curelo, QIDP



Guanella & Marcellina Cottage

The ladies of Marcellina & Guanella Hall have had a fulfilling and busy year. We ended the 2023 year with a visit from Santa at our Jingle & Mingle Christmas party. Thanks to all who helped make that such a successful evening.

We also had a number of special activities hosted by one of our guardians, Marjie, including (but not limited to): baking Hannukah cookies and a special Purim party celebration where the ladies made beautiful masks.

2024 brought even more fun activities from dance parties at the cottage to movie nights, coffee dates, birthday celebrations, shopping trips, and cottage bowling tournaments. We were blessed to reunite with some friends from the past, as we welcomed Sr. Janet back as our Administrator and Guanella's Housemother. We had another surprise guest this year as well, where Guanella's old "Q" Christine, flew all the way from Boston to see the ladies. Now that Spring is emerging, we're looking forward to getting more fresh air with some golf cart excursions and other outdoor activities.

Genevieve Knudson, Guanella/Marcellina Q



St Joseph Cottage

The St. Joseph ladies continue to be very active. Sr. Kathy has done a nice job of keeping them engaged in meaningful activities as evidenced by our picture gallery. Sr. Kathy has added touches (decorative throw pillows and plants) and has created a very home like environment. The ladies have been going on regular outings (some sponsored by the CDS program and some by cottage), which include several trips to the movies, Culvers, McDonalds for Shamrock shakes, and an ice show, and have celebrated many birthdays.

As the days get warmer, we are starting to take walks when the weather permits, and the ladies are asking to sit on the porch (we need our furniture delivered first!) As summer approaches, the ladies are getting excited about their vacations to Fish Lake.

The ladies continue to attend the MSJ CDS program on a full-time basis and report that they enjoy this program and the activities that are provided. They recently made T-shirts with Dr. Seuss characters on them and sold items that they made at the CDS Open House. A thank you to the St. Joseph staff who take such good care of our ladies and the CDS staff who help make their lives fun. We hope everyone has an enjoyable and safe summer!

Linda Egli, QIDP—St. Joseph



Getting to Know You

This is a new feature to learn more about the special people you see at Mount St. Joseph. We will feature someone with every Newsletter.

Sr. Theresa Tamburo

O give thanks to the Lord for He is good; for His mercy remains forever.

Psalm 106.1

God's plan for me begins with my birth on March 21, 1928. I was born in Cefalu', Sicily, Italy. My mom and dad were great! They were hard working and God loving. My dad left for America (the land of dreams) to find work and settle his family. He worked in the steel mills of Pennsylvania and the building of the subway in Chicago. Within five years, dad's name came up on the immigration quota list and he returned to Italy and return to the U.S. with mom and me.



God's plan continues. We settled in Chicago, and I will always remember my frightening admission to kindergarten in the local public school (George Washington). I remained in this public school until graduation from 8th grade. Since graduation took place in January and my parents wanted me to be enrolled in a Catholic high school, I was permitted to attend the newly opened Santa Maria Addolorato parochial school from January until June. In June, I enrolled at St. Stanislaus Kostka High School. During my high school years, I began to assist the sisters after school. Here I got to know the Daughters of St. Mary of Providence. I began to feed my curiosity about nuns. I saw them working with students—loving them, encouraging them, making them comfortable in their new environment, their new language and culture (almost all the students enrolled at Addolorato were Italian or other European heritage). I noticed the sisters were professionals and God loving women. They spent time preparing the required material for their students including the most necessary goal for life, namely the love of God, and neighbor, including their dedication to the God to whom they vowed chastity, poverty, and obedience with joy.

God's plan continues. As I began to explore what I was going to do with my life. I began to think — could this be my life in the future? A religious teacher, bringing people to God. Thanks to the Sisters, especially to Sr. Salvatore and Sr. Magdalene, I began to further observe and question. By February 11, 1947, I was able to join the sisters and my religious and professional training began. Novitiate, First profession—August 14, 1949, Perpetual Vows—August 14, 1954.

God's plan continues. My congregation saw to it that I had a well-rounded educational program. Over and above my high school diploma, I was given time to graduate with a Bachelor of Science diploma from Loyola University in Chicago, and a Masters in Education diploma from Eastern Michigan University in Ypsilanti, Michigan. I also received Teacher Certifications for Illinois, Pennsylvania and Michigan.

God's plan continuesnd. My first assignment was St. Mary of Providence School in Chicago. My second assignment was my home parish Santa Maria Addolorata where I taught fourth, seventh and eighth grade. Since 1961, my assignments have all been in the field of special education namely, St. Mary of Providence, Elverson, Pennsylvania;; Our Lady of Providence, Northville, Michigan; the Rose Center, Chicago, Illinois; Mount St. Joseph, Lake Zurich, Illinois—at present.

As you can see, I have never left the U.S.A. I have found fulfilment in serving special people with my Sisters and lay staff with it's surprises God gives us.

O, I have been to Italy, the land of our Founder, for General Chapters and one insightful trip to Bogota' Columbia ... "Blessings".

God's plan continues I am in His hands.

Thank you, Lord, on my 75th Anniversary—May 26, 2024—Sister Theresa Tamburo

Happenings at the Mount

Music at MSJ:



The Guanella/Marcellina Chime Choir performed at the St. Joseph Feast Day Mass on April 19th. Members of the group were: Jean I., Lisa B., Katie J., Sherri T., Laura H., Lizzie W., Kerry P., Becca V. They played "Fairest Lord Jesus" and "What A Friend We Have in Jesus." The monthly cottage Sing-Alongs continue for Guanella, Marcellina, St. Joseph, and St. Clare. Sacred Heart has a weekly cottage Sing-Along.



Fish Lake, Indiana—Vacation House— Getting ready for summer vacations

On Wednesday, May 8th—a 3 carloads of staff, sisters and volunteers went to Fish Lake to get it ready for the resident's summer vacations. Sr. Madonna, Sr. Kathy, Sr Veronica, and a group of housekeepers, along with the Cottage Q's and Ann & Rick Petersen converged on the House and Grounds to get everything sparkling clean. Sr. Madonna is to take the first of five trips starting that next Monday, 5/13.



The Crowning of Mary in May

At its simplest, May Crowning is a ritual celebrated in the month of May where an image or statue of Mary is crowned with a wreath of flowers and honored as the Queen of Heaven and the Mother of God. But this simple ceremony carries deep meaning for the Catholic faith.

The Meaning of May Crowning

While Mary the Mother of God is revered and celebrated all year long, May is a special month to celebrate the "Queen of Heaven."

May has been Mary's month since the medieval period, when May was considered the end of winter and the start of a new season of growth. It's a time for new beginnings and the chance to begin with gratitude and devotion.

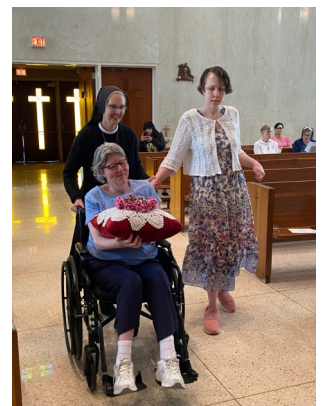
There are many reasons she is considered the "Queen of Heaven." She was a perfect follower of Christ, and so is considered the crown of creation. She is also the Mother of the Son of God, Jesus, who is the King of Israel and the universe. And of course, she is the most important woman of our faith, and our spiritual mother.

(info from: <https://versoministries.com/blog/may-crowning/>)

We celebrated on Monday, May 20th at Mount St. Joseph. Jean Bott had the honor of bringing up the crown, and Emily Hinderholtz set the crown on Mary's head. It was a lovely celebration.



*Crowning of our
Blessed Mother
May 20, 2024*



Mount St. Joseph Events & Activities

Guanellian Cooperators Renew their Commitment during Mass on March 17, 2024.



From left: Fr. Fortunato, Eliazar Campos, Jim & Mary Rieck, Jessica Dominguez, Rae Ewald and Barb Byrd

From the very beginning, St. Louis Guanella involved friends and interested neighbors in his work of caring for the poor and those in need. Among his many associates were the architect Aristides Leonori, his neighbor Mrs. Magdalen Albini Crosta, and his sister Catherine. Wanting to share not only the work but also the spiritual motivation behind them, Fr. Guanella invited these friends to join together as an association, which today we call the Guanella Cooperators.

The Cooperators, a part of the Guanellian Lay Movement, join with the Sisters and Priests in serving Jesus of their brothers and sisters in Nursing Care homes and residences for people with Special Needs, as well as in Soup Kitchens, parish ministry and education.

For more information about becoming a Guanellian Cooperator, talk to Sr. Theresa Tamburo

NURSING NEWS:

The Nursing department is sorry and sad to announce the passing of our long time nurse and friend, Francine Hinz. She was a loyal Mount St. Joseph employee for 26 years and most recently our Psychiatric Nurse. Her struggle with cancer ended on April 12th. She was loved by all, and we will miss her.



MOUNT ST. JOSEPH ASSOCIATION EVENTS & ACTIVITIES

Cottage Activities this Spring!

This April was a slow ease into Spring, but did not stop the ladies from enjoying the days when there was not any rain! The residents spent the days walking the grounds on a beautiful Spring day, blowing bubbles in the gazebo, playing Build a Garden and Jumping Jack games, sharing card games, making dot marker pictures, and exercising together.

On April 6th, we had our annual Spring Boutique. It was great fun, and the ladies were able to shop for fun items and take it home in a fun bag they made themselves.

Thank you to our volunteers this month for making all our activities happen. Special thank you to Linda Koy, Norah O'Brien and Julie Vowinkel.

Events:

- ◆ Saturday, May 18th—Princess Show. Disney Princesses Ariel, Cinderella, Belle and Moana will be visiting. They will be singing and dancing to their songs and interacting with the ladies.
- ◆ Wednesday, May 8th and October 16—Mike & Traci—Good Clean Fun will be coming out and performing on Wednesdays during CDS.
- ◆ Saturday, June 22—Socially Distant Band. The Socially Distant Band will be coming and performing for us. We will be outdoors in the gazebo, weather permitting. Alternatively, we will be in the gym.
- ◆ Saturday, July 27—Wild Daisy Concert—A crazy good time is had when the Wild Daisy Band comes to visit. They will be performing at an outdoor concert in the gazebo. Alternatively, we will be in the gym.



Upcoming On Campus Activities

- Wacky Water Day
- Dog Parade
- Halloween Dance
- Mini Horses

Off Campus Activities:

- * Walk on Horse Therapy
- * Gift Cards for Movies, Target, Zoo, and Area restaurants





MOUNT ST. JOSEPH
ASSOCIATION

MOUNT ST. JOSEPH ASSOCIATION EVENTS & ACTIVITIES

Mark Your Calendar for these upcoming Fundraisers:

Saturday, June 1, 2024

2024 Stroll for Success Walk & Roll-a-Thon—on beautiful grounds of Mount St. Joseph followed by food & family fun as a thank you to all of our walkers for their support! You can run, walk, or roll with family, friends, children, or yourself. Enjoy the scenery of the Mount St. Joseph grounds and stroll for the Success of the residents of Mount St. Joseph!



Monday, August 19, 2024

17th Annual Golf Outing—Royal Melbourne Country Club, Long Grove, IL.. Registration 10am, shotgun start at 12 noon. Early birdie discount registration through June 17th, 2024.



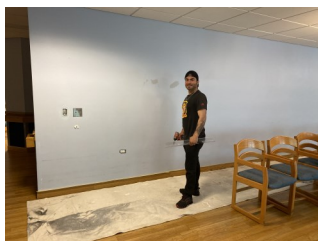
Sunday, October 6, 2024

Autumn Leaves Luncheon—A Reunion of Families celebrating 50 Years of the Association—to be held at the Double Tree by Hilton in Mundelein, IL starting at 11am and running until 4pm. Enjoy lunch, music, and dancing, Elvis will be performing, and raffles.



Funding and Acquisitions:

- * Wheelchair accessible Van
- * 3 Dishwashers
- * 5 hospital beds
- * 5 lifts
- * Re-roof St. Als Cottage
- * Painting and wall repair—inside & outside
- * Water Coolers—CDS
- * CDS & MSJ Wish List Purchases
- * Staff breakroom upgrades
- * Wheelchairs



The Association would like to thank all of the volunteers listed for their time and effort. It would be impossible to accomplish all that we do at events, parties and fundraisers without your generous volunteerism!

WE APPRECIATE YOUR KIND SUPPORT!

We appreciate your kind support...

The majority of Mount St. Joseph residents and day training clients receive funding through state and federal programs. The funds are stretched to cover expenses such as room and board, medication, dental and medical services, and adequate staffing. Therefore, we rely heavily upon our benefactors to help provide extra-curricular activities for the residents to replace outdated equipment and furniture, and to renovate buildings. St. Louis Guanella always said that God will not be outdone in generosity, and we are convinced that those who assist us in our mission are blessed in countless ways. The individuals we serve have a beautifully simple yet profound faith. One can rest assured that God hears and answers their prayers!

Will you please help us now with whatever financial support you can?

Mount St. Joseph is a registered sec. 501 ©(3) Charitable Organization. As such, your donations are deductible. A copy of our IRS determination letter confirming Mount St. Joseph's standing as a registered IRC sec. 501 ©(3) Charity is available upon request.

You can make a donation by mailing it to us using the form below, or you can visit us on the internet at: www.mtstjoseph.net to make a donation online with Give Central.

DONATION FORM

Name: _____

Address: _____

City/State/Zip: _____

Donation Amount: _____\$500 _____\$100 _____\$50 _____\$20

Thank you for your donation. Please mail your donation to:

**Mount St. Joseph
24955 North U.S. Highway 12
Lake Zurich, IL 60047**

About The Mount

Mount St. Joseph

Mount St. Joseph is a health care facility called home by approximately 125 women with varying degrees of mental and physical disabilities. The facility was established by the Daughters of Saint Mary of Providence in 1935. The Sisters live on campus and collaborate with staff to provide exemplary care to each individual. In the spirit of our Founder, Saint Louis Guanella, we strive to promote the rights and dignity of the residents and assist them in growing to their fullest potential.



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24955 North U.S. Highway 12
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