

# LOOK TO THE MOUNT

Summer, 2019

## *Providence is Our Hope*

From the Merriam -Webster Dictionary, “Providence” is defined as divine guidance or care; God conceived as the power sustaining and guiding human destiny or the quality or state of being provident (provision). Hope is defined as a feeling of expectation and desire for a certain thing to happen; a feeling of trust. Despite how some things can be rather dark, difficult, and challenging we must live with a spirit of hope.

Now, combining both providence and hope into a phrase makes a powerful statement. It becomes an attitude to life and a way to live. Fr. Guanella, the Founder of the Daughters of St. Mary of Providence and Servants of Charity trusted in “Providence”. This phrase for us Guanellians, is a statement and testimony to the charism of our Founder. Fr. Guanella believed and lived that what God needs for us to do, God will provide. We must cooperate in what God gives to us for his Kingdom. As the definition states it is a “God-thing” more than any human ability. In a world which time, status quo, money, power, etc. are often viewed as most necessary or important, it is not always easy to trust in Providence.

St. John Paul II teaches that “the relationship between divine Providence and human freedom is a communion of love. Divine Providence becomes a bulwark of our hope. It enables us to perceive how it can draw forth good even from evil.”



Thus, “Providence is Our Hope” signifies that although the Lord is always in control and knows what we need, He will also always provide when it is necessary. Providence is not always tangible at times, and this is when we must live in a spirit of trust and expectation. When Providence comes, it is because God wants us to know He will take care and He provides for all that is necessary for us to sustain and live. Easy, NO! Possible, absolutely! Sometimes it means we work with

what we have been given and to the best of what is possible and it will come to fruition, of course all in God’s time. Thus, in this time of challenges, let us continue to persevere in our prayer and trust in God’s Providence and hope.

Sr. Charleen

# Human Resources News

## New Employees:

Morgan Maesch—Hab Aide  
 Nayeli Arellano-Delgado—Receptionist—Evening/Weekend  
 Sarah Feely—Hab Aide  
 Liz Gillis—Hab Aide  
 Jessica Blackmon—Hab Aide  
 Annette Menendez—Nurse  
 Noreli Arevalo—DT Trainer  
 Danielle Wilson—Nurse  
 Raman Kaur—Nurse

## Returning Employees:

Jill Miranda—Hab Aide  
 Harpal Kaur—Housekeeper

**Our Newest Angels**—we are always so very sad to lose our precious residents, but we know that Heaven has gained another Angel. They will forever be missed:

Rosie L.—7/4/19, Guanella Cottage  
 Christine M.—8/20/19, St. Clare Cottage

## Home Visits remaining for 2019—August through December

**Home Visit Reminder:** Just a friendly reminder if you are planning on taking your loved one home on a home visit weekend, please call or email Michelle Curelo at least 4 days ahead of pick-up date. This really helps us schedule for cottage staff, and meal preparation in the kitchen. Thank you for your help. Michelle Curelo (847-438-5050, mcurelo@msjlakezurich.org)

### Remaining Visit Dates:

August 30—September 2 LABOR DAY  
 October 11—13 AUTUMN LEAVES LUNCHEON  
 October 25—27 HALLOWEEN PARTY  
 November 27—December 1 THANKSGIVING  
 December 20—January 2 CHRISTMAS & NEW YEARS



## Here's a list of Jobs we have available:

**Nursing**  
**Hab Aide (All Shifts)**  
**QIDP—Qualified Intellectually Disabled Professional**  
**Housekeeper (afternoon shifts)**  
**Day Training Instructors**

**Please contact Marybeth Janak,**  
**Director of Human Resources**

**847-438-5050**

**Spread the Word, and Thank YOU!**

## *Mount St. Joseph is Hiring!!!*

*Please spread the word. We have talented, amazing employees and we are looking to add more to our staff.*  
**Hiring for all shifts.**

*Let your friends and neighbors know. It's a great place to work!*



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# DAY TRAINING NEWS

The Day Training clients and staff have spent the summer learning and doing fun activities for the following themes: Summer outdoor activities and Circus/Carnival and Luau. This summer we also had a summer cooking class. The clients really had fun making the food and even more fun tasting the final product. We may have to look into continuing this activity!!

Our program continues to expand, as many of our clients are aging and not able to go out into the community for programming. We are currently in the process of developing senior/dementia programming.

Thank you to all who have donated items off our wish list!

Wendy Wagner, Day Training Director



## Day Training Wish List

Construction Paper	Glue Sticks	Poster Putty	Shoe laces
Jewelry boxes	Jewelry	Decks of playing cards	Rice
Dry beans (pinto)	Tri-colored pasta	Clothespins– clip & spring	
Storage bins—various sizes		Rocking Chairs	

New or used CD's (Adult music such as Jazz, Rock n Roll, Folk Songs, Holiday, Gospel, Dance music, etc...)

Hand towels/washcloths (do not have to be new, will use for folding)

THANKS!

Sharon Thiel's dog, Ruby, came for a visit at Day Training. The clients loved her company!!



# Social Media & Employee Development News

On June 10th I began a new position as Director of Employee Development. It is a position to address Mount St. Joseph staff training needs, recruit new employees, enhancement of our website, develop a social media presence, and connect with other agencies that serve individuals with developmental disabilities. The past two months have afforded me an opportunity to interact with many Direct Service Providers (DSPs) and Housekeeping staff in a new way; working side-by-side with them and learning about who they are. Sr. Charleen, Debbie Gaskell and I worked together to update our website and we are quite pleased with the results. I've also worked closely with Marybeth to develop recruitment strategies and address scheduling deficits. She and I will be attending job fairs together, inviting job seekers to become a part of the Mount St. Joseph family of employees. I would like to thank our current employees for their dedication, attendance, kindness, and for the relationships they've developed with the residents of Mount St. Joseph.

**Ann Thill, Director of Employee Development**

**Check us out at [mtstjoseph.org](http://mtstjoseph.org). It has updated content, amazing pictures, and has fresh new look!**

HOME ABOUT US SERVICES JOB OPPORTUNITIES VOLUNTEERS PHOTO GALLERY DONATIONS CONTACT US



Cathy - Volunteer



I love coming here! Absolutely LOVE IT!

Gladis-DSP



I have worked here for 18 years. I like my work because of the atmosphere. We work like a family and we learn so much about the ladies. We like to help them to live a good and healthy life.

Barb - Reception



I have worked at MSJ for 35 years and still feel it is a satisfying and rewarding job, simply because of our ladies love of life and staff. The diversity of my work entails fielding calls and meeting different people at all levels of life. My co-workers are supportive and contribute to a loving and caring environment for our residents and their safety.



Explore our job opportunities and consider joining our team!

JOB OPPORTUNITIES

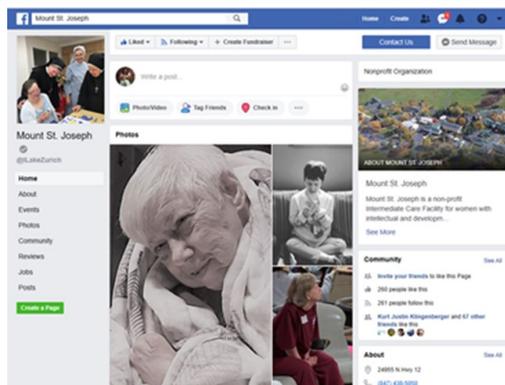


**Follow us on Instagram**



ABOUT US SUPPORT PRESS API JOBS PRIVACY TERMS DIRECTORY PROFILES HASHTAGS LANGUAGE

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## NURSING NEWS:

### Fall & Winter are coming—are you prepared?

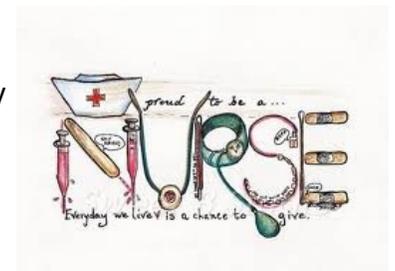
The Nursing Department at Mount St. Joseph will again be providing all residents with their annual Flu Shot. The Flu Shot is also available to all staff for a nominal fee and a sign up sheet will be coming around.



Nursing will also be assessing all Residents for anyone who might need the Measles Vaccine, and to get all immunizations caught up. You may have seen in the news that there have been measles breakouts lately and the length of time of exposure and ease of spreading this disease is frightening. If you, or your loved ones have NOT been vaccinated—please check with your health care provider to get this taken care of!



The Mount St. Joseph Nurses staff this facility 7 days per week, 24 hours per day. They provide a critical service to our Residents. There are positions open for all shifts. Please take the time to spread the word to anyone you know may be looking for a nursing position. They are looking for LPNs and RNs. Ask any Nurse here, and they will tell you that this is a wonderful place to work. Spread the word—all help is appreciated.



## Music at MSJ:



The Residents of Mount St. Joseph continue to celebrate music in many different ways. The Chime Choir performs in cottage, at Mass, in Queen of Peace, and at times out in the community. Sing-a-longs happen in the cottages every Saturday.

### The Summer performances included:

- June 19—Angel Guardian Chime Choir performed in Angel Guardian
- July 9—3:50 Chime Choir performed in St. Joseph
- July 16—Handbell Choir performed at Queen of Peace
- July 17—Christina M. gave a piano recital in the DT Center

### Upcoming performances:

- September 8—Handbell Choir performs at Mass (*Please put this on your calendar and enjoy the wonderful music*)
- September 11—3:30pm Marcellina/Guanella Chime Choir; 4:00 pm at Angel Guardian.
- September 28—Saturday Sing-a-Long in cottages

Beth McQuaid



# Cottage News

## Guanella Cottage

Thanks to the Mount St. Joseph Association, the ladies in Guanella Hall have enjoyed outings this summer to Animal Farm/Dancing Horses Theatre in Delavan, WI and Arlington Race Track as well as Therapeutic Horseback Riding at *Walk-On Farm* in Barrington.

A local Boy Scout Troup picked Guanella/Marcellina Cottage for his Eagle Scout project. David V. was very organized and had many meetings with the QIDP to set up and organize a very fun afternoon for the ladies. He arranged a BBQ in the gazebo (complete with appropriate diets for everyone!) and a Bingo game with prizes. Many of his fellow Boy Scouts volunteered. This was a great opportunity for the community to get to know and fall in love with our ladies!



## Christine Yarbrough, QIDP, Guanella Hall



## Angel Guardian Cottage

Angel Guardian cottage has been enjoying extra music therapy sessions since Beth McQuaid joined our staff at Day Training. Wednesday afternoons are reserved for general music therapy sessions at the cottage. Residents gather in the large dayroom to participate in singing and playing instruments to songs they know and love. Monday afternoons are reserved for Chime Choir. There are eight Angel ladies that participate in using chimes to play a selection of songs. Concerts are held in the cottage twice per year. Let us know if you'd like to join us!



## Susie Gray, QIDP, Angel Guardian



## Sacred Heart Cottage

The ladies of Sacred Heart have had a wonderful and eventful summer! More residents than ever have had the opportunity to participate in the summer outings sponsored by the Mount St. Joseph Association: Dancing Horse Theatre, Chicago Botanic Gardens, Lake Geneva Ice Cream Boat ride, and the Arlington Racetrack. The ladies also enjoyed an outdoor 4th of July picnic and bonfire organized by Sr. Madonna! In other news, extensive renovations have begun on the Green Side at Sacred Heart. We are living in close quarters, but everyone is adjusting very well!



## Erin Rooney, QIDP—Sacred Heart

# Cottage News

## St. Joseph Cottage

As usual, St. Joseph cottage has been busy this summer. WE are looking forward to Mary Agnes' annual birthday party at Biaggi's at the end of August. Most of the ladies residing in St. Joe's cottage went to Fish Lake this summer and thoroughly enjoyed their time spent there.

Cooking classes will resume in September. We are anxious to try out our new Insta-pot and will be purchasing a heavy-duty blender to make smoothies.

We will be scheduling an apple picking trip and a trip to the pumpkin patch this fall.



**Linda Egli, QIDP—St. Joseph**

## St. Clare Cottage

Several life-long Chicago Cubs fans cheered the Cubbies to victory against the Giants. A special thanks to the Covington Family for making a dream outing come true!

Sr. Arlene joined the St. Clare team as a House Mother. We all love the added touches she has brought to the milieu.



**Victoria Nitka, QIDP, St. Clare**

*(Victoria warmly welcomes any inquiries concerning ways to further support our residents, ext. 125)*

## Marcellina Cottage

The fabulous ladies of Marcellina have had a busy summer full of fun events and activities.

Spanning from June through August, several of the clients were able to partake in a week-long vacation with Sr. Madonna, Housemother of Sacred Heart & St. Joseph, to Fish Lake, Indiana. They had a great time exploring the area including local casino, restaurant, and shops.

In June, just over half of the women of Marcellina competed in the Special Olympics Bowling Tournament, while one of our ladies traveled to ISU to compete in the Track & Field events during the Special Olympics Illinois Summer Games.

The Book Club continues to page through Mary Poppins and sip on their Starbucks, and are getting ready to start thinking about their next book to read. Only 2 chapters left!

Additionally, this summer has included a few makeover parties, movie nights, weekly yoga sessions, shopping trips and coffee dates. We're hoping to cram a few more outdoor activities in the schedule before the season and warm weather slowly fade to Fall.

**Genevieve Knudson, QIDP—Marcellina Cottage**



## Sprucing up with Plants & Flowers

If you've walked through **the halls** of Mount St. Joseph, you likely noticed that the planters in the hallways have been redone with lovely greenery. Funded by the Mount St. Joseph Association, all of the old plants have been replaced with beautiful, healthy green plants. If you've not seen it, take the time to walk the halls and check it out.

The **Front Entrance** has also been spruced up with lovely plants and flowers, thanks to Christina J.'s family, Diana Healy. Diana had a professional friend who is retired do this as a special favor. They will work together to fight the weeds. What a wonderful site to see when you drive into Mount St. Joseph. Thanks Diana!



St. Clare Residents celebrated the 4th of July at the Barrington Parade:

Happy July 4th



## Generous Neighbors

Mount St. Joseph is blessed by its many benefactors and supporters. We want to thank them and encourage our Mount St. Joseph families to shop with the following vendors who are so generous to us always. (Let them know that you appreciate your support of Mount St. Joseph when you shop there!) Thanks!



# MOUNT ST. JOSEPH—SPECIAL OLYMPICS

It's been a busy year again for Special Olympics here at Mount St. Joseph. Below is a recap of the Spring Games, Regional Bowling, and the Summer Games held in Downstate Illinois.

## SPRING GAMES:

Spring Games were held at a new facility this year, Prospect High School in Mount Prospect. Now that we are combined with another area, we outgrew Lake Zurich High School. The Games took place over two days on May 5 & 6. We were lucky to be able to participate on May 5 only. The week before we had a lot of rain and the fields did not dry out in time for the event. Special Olympics had to cancel the Field Event portion of the Games. They did a lottery for those events that were cancelled, the ones that were drawn were able to compete at the Summer Games. Track events were not affected. The following are the medalists from Spring Games:

**GOLD:** Lisa B.—Walk  
Sharon K.—Wheelchair Race  
Sherri T.—Assisted Race  
Lizzy W.—Softball Throw (lottery)  
Angela W.—Softball Throw (lottery)

**SILVER:** Adrienne D.—Walk  
Becca V.—Walk  
Jill W.—Walk

**BRONZE:** Julie D.—Walk  
Katelyn E.—Run  
Laura H.—Walk  
Mary Agnes K.—Walk  
Nora K.—Walk  
Molly M.—Walk  
Kerry P.—Walk

## SUMMER GAMES:

Summer Games took place June 7 through June 9. This year we had 9 athletes that competed throughout the weekend. The weather was warm. The Ladies enjoyed watching the competitions, going out to eat, and swimming!

**GOLD:** Bocce Doubles— Laura H. & Angela W.  
Bocce Singles— Angela W.  
Assisted Race— Sherri T.

**SILVER:** Wheelchair Race: Sharon K.  
Walk—Sara S.

**BRONZE:** Softball throw—Lizzy W.  
**4th PLACE:** Bocce: Lisa P.  
Softball Throw: Mary S.  
Walk: Lisa B.



## REGIONAL BOWLING:

On June 15, 2019 we took 30 ladies to compete in Special Olympics Regional Bowling. This year it took place at Stardust Bowl in Addison, an 84 lane facility. The Ladies that won Gold will advance to Sectional bowling in Rockford. That event will be Saturday, November 2, 2019. Medal winners are:

**GOLD:** Lisa A.  
Beth C.  
Nora K.  
Mary S.  
Jackie T.

**SILVER:** Karen B.  
Julie D.  
Molly S.

**BRONZE:** Katelyn E.  
Sheryl G.  
Lisa G.  
Jill W.  
Lizzy W.





# MOUNT ST. JOSEPH ASSOCIATION

*Care for each other.*

## SEMI-ANNUAL GENERAL MEMBERSHIP MEETING

**Sunday, October 27, 2019**

Mount St. Joseph Association Meeting Room A at 2:00 P.M.

**It's important that all families are represented at this meeting.**

The Halloween Party will follow the meeting.



## UPCOMING EVENTS FOR RESIDENTS

**Tuesday, September 3, 2019**—Walk On Equine riding session: off campus

**Wednesday, September 4, 2019**—Enabling Garden Club: on campus

**Saturday, September 7, 2019**—Petting Zoo: on campus

**Tuesday, September 17, 2019**—Walk On Equine riding session: off campus

**Thursday, September 19, 2019**—Arlington International Racecourse: off campus

**Sunday, October 27, 2019**—Halloween Party: on campus

## UPCOMING FUNDRAISER

**September/October: Cash Raffle, Chair: Rita Raggi**

- Two cash prizes (\$5,000 each) will be awarded at the Autumn Leaves Luncheon on October 13th.
- Winners need NOT be present to win
- Tickets (\$100) will be sent in the mail. Tickets may also be purchased at the luncheon. Good Luck!

**Sunday, October 13, 2019—Autumn Leaves Luncheon, Co-Chairs: Lisa Liesz, Ann Petersen, and Karen Wallace**

Venuti's Italian Restaurant & Banquet Hall

2251 W. Lake St., Addison, IL

Cocktails at 11:30 a.m. (Cash Bar)

Luncheon at 12:30 p.m.

Entertainment (Elvis) and Dancing until 4:00 p.m.

**Raffle Baskets \* High Value Boards \* Two \$5,000 Cash Drawings \* Wine Pull \* 50/50 Cash Raffle \* Live Auction**

## VOLUNTEERS

Please help us to provide a variety of activities for all residents. We're counting on **each family** to provide helping hands throughout the year. A small, core group of volunteers can no longer shoulder the responsibility. Contact Karen Wallace, Volunteers Committee Chair, at 305-778-9430 (after 6:00 p.m.); [msjcomm18@gmail.com](mailto:msjcomm18@gmail.com)



Volunteers are needed for the **Petting Zoo** on Saturday, September 7 (12:30—5:00) and the **Halloween Party** (late afternoon) on Sunday, October 27. Both events are on campus.

## STAY INFORMED, STAY IN TOUCH

< Our new website, [mtstja.com](http://mtstja.com) is your "GO TO" source for news and photos of Mount St. Joseph Association events and fundraisers.

< In-depth, monthly updates are sent to all Mount St. Joseph Association members via Constant Contact. **(Not a member? Membership forms are available on our website.)**

< Check out our new Facebook, Instagram and Twitter pages! Links appear on the website. Share pages with your friends, ask them to "like" us on Facebook, and follow us on Twitter and Instagram.

## WE APPRECIATE YOUR KIND SUPPORT!

### We appreciate your kind support...

The majority of Mount St. Joseph residents and day training clients receive funding through state and federal programs. The funds are stretched to cover expenses such as room and board, medication, dental and medical services, and adequate staffing. Therefore, we rely heavily upon our benefactors to help provide extra-curricular activities for the residents to replace outdated equipment and furniture, and to renovate buildings. St. Louis Guanella always said that God will not be outdone in generosity, and we are convinced that those who assist us in our mission are blessed in countless ways. The individuals we serve have a beautifully simple yet profound faith. One can rest assured that God hears and answers their prayers!

Will you please help us now with whatever financial support you can?

Mount St. Joseph is a registered sec. 501 ©(3) Charitable Organization. As such, your donations are deductible. A copy of our IRS determination letter confirming Mount St. Joseph's standing as a registered IRC sec. 501 ©(3) Charity is available upon request.

You can make a donation by mailing it to us using the form below, or you can visit us on the internet at: [www.mtstjoseph.net](http://www.mtstjoseph.net) to make a donation online with Give Central.

### DONATION FORM

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City/State/Zip: \_\_\_\_\_

Donation Amount: \_\_\_\_\_\$500      \_\_\_\_\_\$100      \_\_\_\_\_\$50      \_\_\_\_\_\$20

**Thank you for your donation. Please mail your donation to:**

**Mount St. Joseph  
24955 North U.S. Highway 12  
Lake Zurich, IL 60047**

# About The Mount

## Mount St. Joseph

*Mount St. Joseph is a health care facility called home by approximately 112 women with varying degrees of mental and physical disabilities. The facility was established by the Daughters of St. Mary of Providence in 1935. The Sisters live on campus and collaborate with staff to provide exemplary care to each individual. In the spirit of our Founder, St. Louis Guanella, we strive to promote the rights and dignity of the residents and assist them in growing to their fullest potential.*



PLEASE  
PLACE  
STAMP  
HERE

Mount St. Joseph  
24955 North U.S. Highway 12  
Lake Zurich, Illinois 60047

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