



# — UP AN — OCTAVE!

10 ADVANCED EXERCISES FOR SAXOPHONE

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*Up an Octave: 10 Advanced Exercises for Saxophone* is intended to help saxophonists develop a solid technique on the altissimo register of the instrument and a better comprehension of the intervals, blues scale, melodic minor and major scales, major triads, diminished and whole tone scales. It is a didactic workbook designed for saxophonists that can be also used on most instruments.

Be aware that there are other different ways to approach music theory and altissimo register technique, and these exercises are by no means the only way to do so. I am presenting this method because I believe it is practical, original, modern and fun to play. Also, it produces outstanding results.

Start practicing at the tempo you feel comfortable with. Every exercises has a suggested tempo as an initial guide. Once the exercise is executed with confidence and without mistakes, feel free to increase the speed at your will. My recommendation is to include at least one exercise per week. By doing so, saxophonists work actively on sound, intonation, tempo, embouchure, music theory, and a wide combination of patterns that involve triads, intervals, chromatic exercises, as well as symmetric and asymmetric scales. The use of the metronome and a tuner is strongly recommended to achieve greater outcome.

Have fun!



## Exercise #4 - “Major Triads”

**Ascending**

♩ = 60

The image displays a musical score for the song "The Rose Tree" in 4/4 time. The melody is written on a single staff with a treble clef. The key signature is one flat (B-flat). The tempo is marked as "♩ = 60". The score consists of eight measures, with the first measure starting with a mezzo-forte (*mf*) dynamic. The melody features various accidentals, including sharps and flats, and is often marked with an octave sign (*8va*) and a dashed line. The notes are connected by slurs, indicating a continuous melodic line. The score ends with a double bar line.

Descending

8<sup>va</sup>-

*mf*

8<sup>va</sup>-

8<sup>va</sup>-

8<sup>va</sup>-

8<sup>va</sup>-

8<sup>va</sup>-

8<sup>va</sup>-



# Exercise #7 - "Blues Scale"

Ascending

♩ = 65

*mf*

8va

(8)

(8)

(8)

(8)

(8)

**Descending**

 $8^{va-}$ 

(8)–



(8)–



(8)–



(8)---7



# About the Author



Aldo Salvent is an award winning saxophonist, composer, arranger, author and educator. He holds a Doctoral degree from the University of Miami Frost School of Music, and a Master degree from Florida International University. Besides his own project "**The Aldo Salvent Quintet**," he often performs as a sideman with the Grammy & Latin Grammy Nominated group PALO!, the Waldo Madera Jazz Quintet, Alfredo Chacón's Quartet and Brian Lynch's Spheres of Influences Band.

He has released two albums: *Da Capo* and *Ancestros*, featuring twenty of his original compositions. The music is available at [www.aldosalvent.com](http://www.aldosalvent.com) and in all digital platforms. Aldo has also published 6 books: *10 Exercises to Master All Major Scales Vol. 1*, *Alto Altissimo: 41 Fingerings for Alto Saxophone*, *Tenor Altissimo: 21 Fingerings for Tenor Saxophone*, *Easy Altissimo: 15 Chromatic Exercises for Saxophone*, *10 Exercises to Master All Major Scales Vol. 2* and *Up and Octave: 10 Advanced Exercises for Saxophone*. The books are available at [www.aldosalvent.com](http://www.aldosalvent.com), Amazon Kindle Store, Apple Books and SheetMusicPlus.