

# 10 EXERCISES

TO MASTER

ALL MAJOR SCALES

ALL INSTRUMENTS

Vol. 2

Aldo Salvent

These exercises will help musicians to develop a flawless instrumental technique and better comprehension of the major scales. It is a didactic and proven effective workbook designed to be used on most instruments. My primary goal is focused on providing musicians with an effective method for their daily practice routines that help on future performing endeavors.

Be aware that there are other different ways to approach practicing the major scales and these exercises are by no means the only way to do so. I am presenting this method because I believe it is practical, original, modern and fun to play. Also, they produce outstanding results.

Start practicing at a slow-medium tempo. Once the exercise is executed with confidence and without mistakes, increase the speed slightly. The idea is to practice one exercise per day throughout the entire range of the instrument and in all 12 keys. The student / performer will be responsible for choosing the tempo and desired articulations. The use of the metronome is strongly recommended, as well as always playing the whole register of the instrument (including the altissimo) for greater outcomes.

“Mastering the exercises in Aldo Salvent’s newest book will pay dividends for beginners and pros alike. Working through these exercises in all twelve keys will reveal patterns and sequences, that are hidden in plain sight, within each scale that can be used to develop technique, fluidity, and even be used as improvisational and compositional devices. Unlock your full potential with the exercises found within *10 Exercises to Master Major Scales, Volume 2.*”

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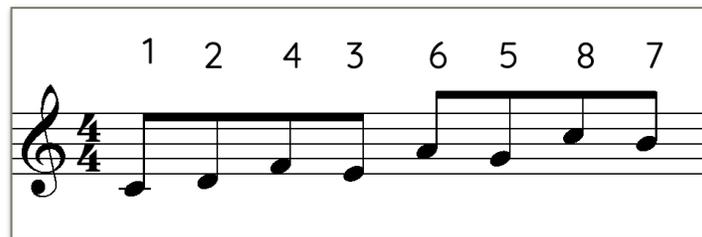
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# Exercise #10

A common approach heard in some contemporary jazz players. When playing the scales, they use/mix intervals of seconds, thirds and fourths vertically. See the pattern below.

Figure 10.1



## Exercise #10 in All 12 Keys

C Major | Ascending



C Major | Descending



F Major | Ascending

etc.

A musical staff in 4/4 time with a key signature of one flat (Bb). The melody starts on F4 and ascends stepwise through G4, A4, Bb4, C5, D5, E5, F5, G5, A5, Bb5, C6, D6, E6, F6. The notation consists of quarter notes and eighth notes.

F Major | Descending

etc.

A musical staff in 4/4 time with a key signature of one flat (Bb). The melody starts on F6 and descends stepwise through E6, D6, C6, Bb5, A5, G5, F5, E5, D5, C5, Bb4, A4, G4, F4. The notation consists of quarter notes and eighth notes.

Bb Major | Ascending

etc.

A musical staff in 4/4 time with a key signature of two flats (Bb, Eb). The melody starts on Bb4 and ascends stepwise through C5, D5, Eb5, F5, G5, Ab5, Bb5, C6, D6, Eb6, F6, G6, Ab6, Bb6. The notation consists of quarter notes and eighth notes.

Bb Major | Descending

etc.

A musical staff in 4/4 time with a key signature of two flats (Bb, Eb). The melody starts on Bb6 and descends stepwise through Ab6, G6, F6, Eb6, D6, C6, Bb5, Ab5, G5, F5, Eb5, D5, C5, Bb4, Ab4. The notation consists of quarter notes and eighth notes.

Eb Major | Ascending

etc.

A musical staff in 4/4 time with a key signature of three flats (Bb, Eb, Ab). The melody starts on Eb4 and ascends stepwise through F4, G4, Ab4, Bb4, C5, D5, Eb5, F5, G5, Ab5, Bb5, C6, D6, Eb6, F6, G6, Ab6, Bb6. The notation consists of quarter notes and eighth notes.

Eb Major | Descending

etc.

A musical staff in 4/4 time with a key signature of three flats (Bb, Eb, Ab). The melody starts on Eb6 and descends stepwise through Ab6, Bb6, C6, Bb5, Ab5, G5, F5, Eb5, D5, C5, Bb4, Ab4, G4, F4, Eb4. The notation consists of quarter notes and eighth notes.



B Major | Ascending

etc.

The image shows a musical staff with a treble clef, a key signature of three sharps (F#, C#, G#), and a 4/4 time signature. The melody consists of a sequence of eighth notes: B2, C3, D3, E3, F#3, G#3, A3, B3, C4, D4, E4, F#4, G#4, A4, B4. The notes are grouped in pairs of four across four measures, with a double bar line at the end.

B Major | Descending

etc.

The image shows a musical staff with a treble clef, a key signature of three sharps (F#, C#, G#), and a 4/4 time signature. The melody consists of a sequence of eighth notes: B4, A4, G#4, F#4, E4, D4, C4, B3, A3, G#3, F#3, E3, D3, C3, B2. The notes are grouped in pairs of four across four measures, with a double bar line at the end.

E Major | Ascending

etc.

The image shows a musical staff with a treble clef, a key signature of four sharps (F#, C#, G#, D#), and a 4/4 time signature. The melody consists of a sequence of eighth notes: E2, F#2, G#2, A2, B2, C#2, D#2, E2, F#2, G#2, A2, B2, C#2, D#2, E2. The notes are grouped in pairs of four across four measures, with a double bar line at the end.

E Major | Descending

etc.

The image shows a musical staff with a treble clef, a key signature of four sharps (F#, C#, G#, D#), and a 4/4 time signature. The melody consists of a sequence of eighth notes: E2, D#2, C#2, B2, A2, G#2, F#2, E2, D#2, C#2, B2, A2, G#2, F#2, E2. The notes are grouped in pairs of four across four measures, with a double bar line at the end.

A Major | Ascending

etc.

The image shows a musical staff with a treble clef, a key signature of three sharps (F#, C#, G#), and a 4/4 time signature. The melody consists of a sequence of eighth notes: A2, B2, C#2, D#2, E2, F#2, G#2, A2, B2, C#2, D#2, E2, F#2, G#2, A2. The notes are grouped in pairs of four across four measures, with a double bar line at the end.

A Major | Descending

etc.

The image shows a musical staff with a treble clef, a key signature of three sharps (F#, C#, G#), and a 4/4 time signature. The melody consists of a sequence of eighth notes: A2, G#2, F#2, E2, D#2, C#2, B2, A2, G#2, F#2, E2, D#2, C#2, B2, A2. The notes are grouped in pairs of four across four measures, with a double bar line at the end.

D Major | Ascending



D Major | Descending



G Major | Ascending



G Major | Descending



# About the Author



Aldo Salvent is an award winning saxophonist, composer, arranger, author and educator. He holds a Doctoral degree from the University of Miami Frost School of Music, and a Master degree from Florida International University. Besides his own project "**The Aldo Salvent Quintet**," he often performs as a sideman with the Grammy & Latin Grammy Nominated group PALO!, the Waldo Madera Jazz Quintet, Alfredo Chacón's Quartet and Brian Lynch's Spheres of Influences Band.

He has released *Da Capo* and *Ancestros*, two solo albums featuring twenty of his original compositions. The music is available at [www.aldosalvent.com](http://www.aldosalvent.com) and in all digital platforms. In addition to this book, Aldo has also published *10 Exercises to Master All Major Scales Vol. 1*, *Alto Altissimo: 41 Fingerings for Alto Saxophone*, *Tenor Altissimo: 21 Fingerings for Tenor Saxophone* and *Easy Altissimo: 15 Chromatic Exercises for Saxophone*. The books are available at [www.aldosalvent.com](http://www.aldosalvent.com), Amazon Kindle Store, Apple Books and SheetMusicPlus.