Winter 2023

Issue: 8

Parenting Smart With Place2Be

Place2Be are a charity who support the mental well-being of children and young people.

They are running a course to help parents support their children. Click the QR to find

out more:



<u>Our allotment</u>

Can you spare a couple of hours a month to support the forum's allotment? Would you like to meet other parents, enjoy the outdoors and get involved?

The forum is keen to expand its offer and are looking for anyone who can help us

Email <u>info@salfordpcf.com</u> to register your interest

Date for your diary!!

We will be hosting our annual **SEND Information Day** on Saturday 9th March, at the AJ Bell Stadium.

More details will be coming soon of exhibitors, guest speakers and much more.

We look forward to seeing you all there. We promise it will be a great day!

Salford Parent Carer Forum

Quarterly Newsletter

Salford Annual SEND Survey

Thank you to everyone who completed our annual SEND Survey. We received an incredible response and so many of you shared your views and experiences. These results will help inform leaders and decision makers in Education, health and social care on what is working, and where improvements need to be made. We will share the results with you all very soon.

Look after you too



We know how difficult it can be to care for your child whilst trying to access support, and work with numerous services. The forum organises many events and get-togethers to improve parental well-being and reduce isolation. Come along and enjoy one of our sessions at RS Bridgewater or the monthly relaxing sound healing bath. For more information, or to book on a session, email wellbeing@salfordpcf.com

All of our drop-ins, well-being sessions and support groups are always FREE!

New program of events coming soon

We will be launching our 2024 program in the next few weeks. Here you'll find details of our drop-ins, listening sessions, walk and talks, well-being sound baths and other useful events. If there are any sessions you would like us to put on, please get in touch.

Courses for parents

There are a number of courses run by Health and the Local Authority to support parent carers who have children or young people with Special Educational Needs

and/or Disabilities. Theses include:

- Sensory Webinar (Early Years, Primary aged or Secondary aged)
 - Learning Disability Sleep
 - Neurodiversity and Learning
 - Social, communication and interaction webinar
 - Learning support "Working with my child's school"

All sessions are FREE to Salford parents. To book, click the following link: https://salford.zipporah.co.uk/Events.Live/StandardTicketBookingProcess





Find us on:

