

GMT: Mindset Matters back to school

Social Stories



Primary aged Children



September is when it is time to go back to school



You will be moving up to the next year group



This means you will have a new teacher



You will get to see your school friends



If you feel anxious, you can speak to your parents who can help



Your teacher is there to help you too



You may walk, get the bus, a taxi, or go in your car to school



School is a place to learn but also have lots of fun!

Transition to High School



In September you will start High School



This is exciting as you will have much more independence at a bigger school



In high school you will have different classrooms for each lesson



This means that you will walk to your next class



Each lesson will have a different teacher too



Your form teacher will stay the same all year, you can talk to them if you are anxious or worried



You may walk, get the bus, a taxi, or go in your car to school



High School is a great place to learn but also meet lots of new friends

Transition to College



September is the start of the first year of college.



College gives you much more independence than High School



College allows you to choose your lessons, they can be something you enjoy



Often at college you will have free periods throughout your day



You will have a form/mentor teacher who stays the same.



Your college will have a student support team who you can talk to about any worries you may have



You may walk, get the bus, taxi or go in your car to college



College is not only a place to learn something you enjoy, but also to have fun!